

High-Fidelity Wraparound

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Agenda

- Wraparound Overview
 - Principles
 - Theory of Change
 - Phases
 - Roles
 - What's different about HFW
- Credentialing



What is Wraparound?

- <https://vimeo.com/38060393>
- Wraparound is an evidence-based team **process** to manage care for families with complex needs who are involved in multiple systems
- Designed for the most complex families in order to reduce out-of-home placement and youth homelessness
- Develops an integrated plan that utilizes individual strengths, needs, and culture
- Family driven process that uses natural and informal supports
- Makes case work easier and more efficient for providers

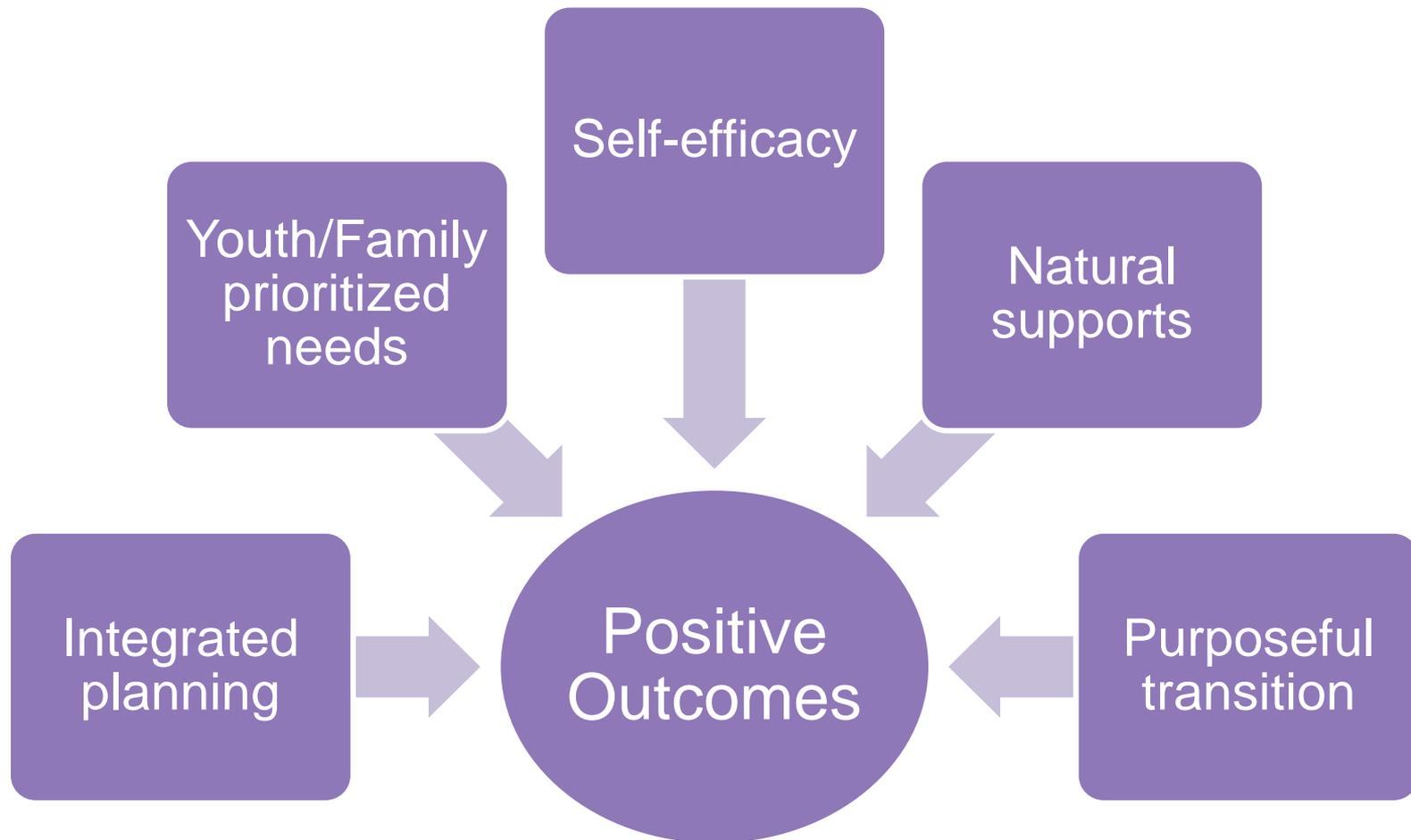
10 Principles of High Fidelity Wraparound

- Family voice and choice
- Team-based
- Natural supports
- Collaboration
- Community-based
- Culturally competent
- Individualized
- Strengths-based
- Persistence
- Outcome-based



(Source: National Wraparound Initiative)

Wraparound's Theory of Change



Phases of Wraparound

Engagement

Orient the family to wraparound

Stabilize crisis

Develop Discovery

Prepare for first meeting

Engage potential team members

Planning

Develop a plan

Develop a detailed crisis plan

Implementation

Implement the plan

Revisit and update the plan

Maintain team cohesion and trust

Support purposeful transition

Transition

Plan for completion of wraparound

Conduct commencement celebration

Follow up with family

Wraparound Roles

- *Wraparound facilitator or care coordinator*: sets up meetings, oversees the plan, makes sure all of the team is participating, monitors progress
- *Family advocate or family support partner*: provides peer support to parents and caregivers, helps families build natural/informal supports, helps families advocate for themselves
- Team members
 - Formal supports: providers who are paid to work with the family, such as the wraparound staff, clinicians, probation officers, caseworkers, etc.
 - Informal supports: community resources available to anyone, such as recreation centers, churches, etc.
 - Natural supports: family, extended family, friends, neighbors, etc.

What Wraparound is NOT

- Wraparound is NOT a substitute for services, such as mental health, substance abuse, or family therapy
- Wraparound is NOT a crisis response service (although the wraparound process involves creating and utilizing a crisis plan)



What is different about Wraparound?

- High-fidelity wraparound may seem similar to other team-based or collaborative processes, but it is different in several ways:
 - 1) In the wraparound process, the family and youth vision is what drives the plan.
 - It's not just about agencies deciding how to work together to coordinate the family's services.
 - 2) Emphasis is placed on natural and informal supports.
 - 3) The goal is to have a single, unified plan for the family that everyone on the team works together to achieve: formal supports (agencies) as well as natural and informal supports.
 - Agency involvement, health, and education/employment needs should be incorporated into the family plan.

Goals for Credentialing the Wraparound Workforce



Quality

- All wraparound clients receive high-quality, individualized, trauma-responsive care coordination and support.



Fidelity

- Fidelity to the 10 principles, action steps, and theory of change is consistent for all clients in high fidelity wraparound.



Opportunity

- All wraparound workforce receive the support and professional development they need to excel.

Fidelity Improves Outcomes with Wraparound

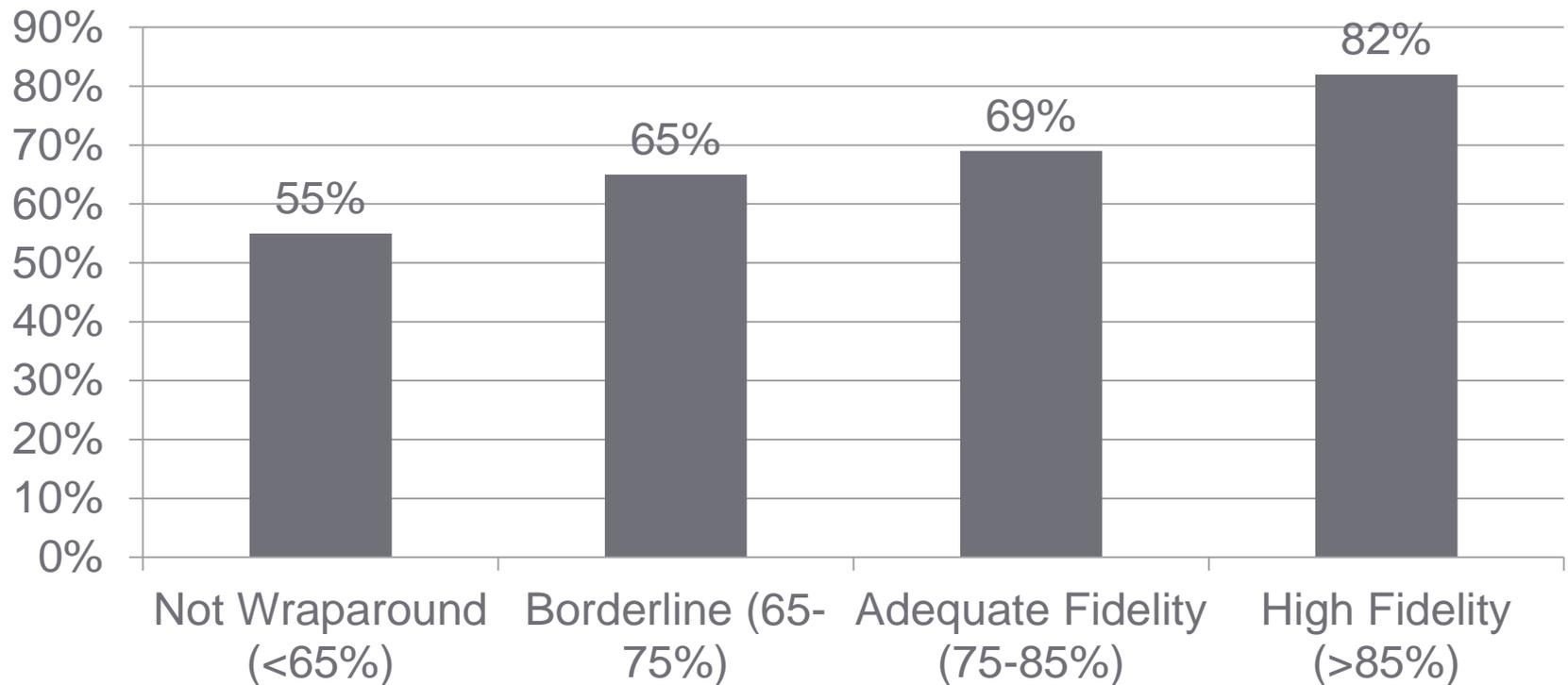
- Higher fidelity to the wraparound principles and practice is associated with better outcomes in
 - Behavior
 - Functioning
 - Restrictiveness of living
 - Satisfaction



Bruns, E. J., Suter, J. C., Force, M. M., & Burchard, J. D. (2005). Adherence to wraparound principles and association with outcomes. *Journal of Child and Family Studies*, 14, 521-534.

Fidelity Improves Outcomes with Wraparound

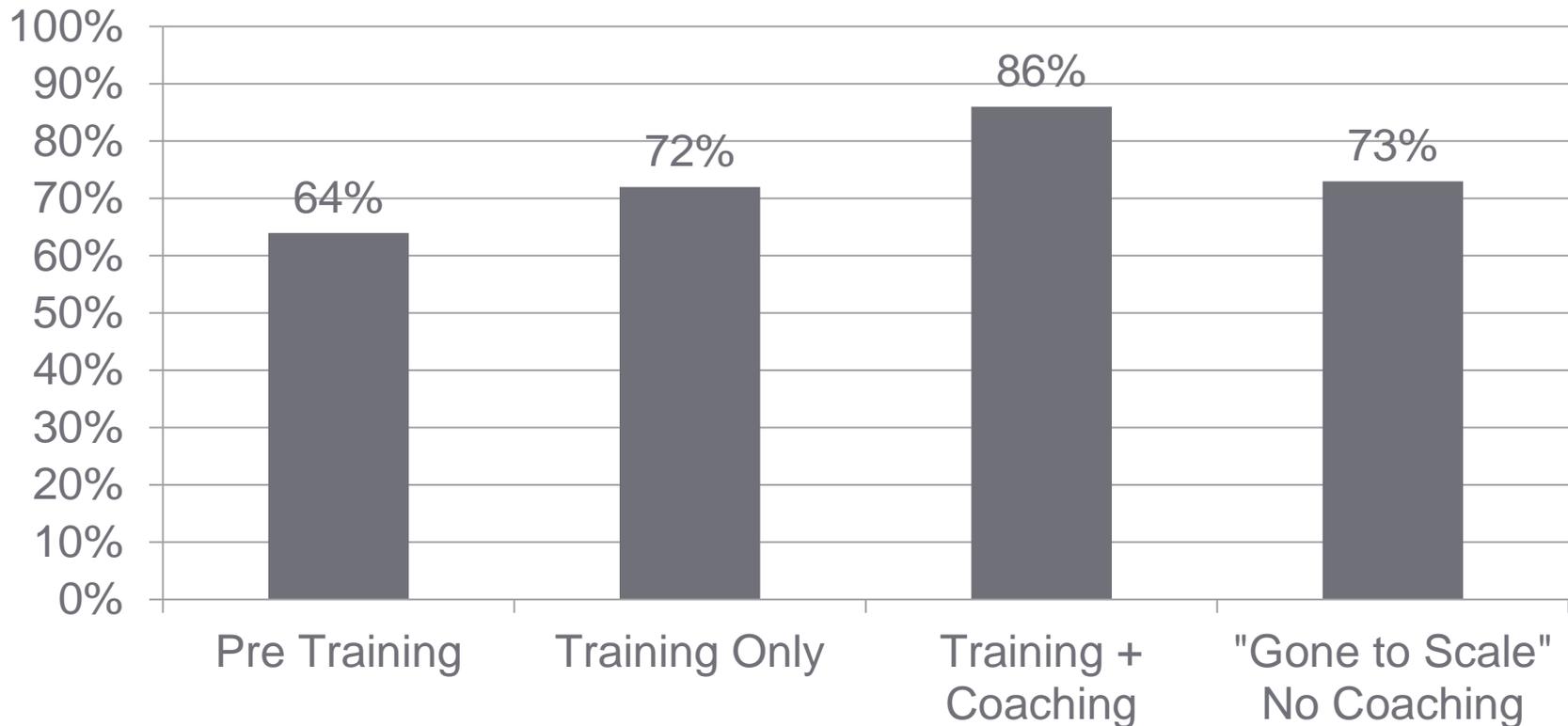
Percent of Youth Showing Improvement on the CANS by Wraparound Fidelity Scores



Effland, V. S., Walton, B. A., & McIntyre, J. A. (2011). Connecting the dots: Stages of implementation, wraparound fidelity, and youth outcomes. *Journal of Child and Family Studies*, 20, 726-736.

Ongoing Coaching Supports Fidelity

Wraparound Fidelity in a System of Care with Variable Workforce Development Over Time



Bruns, E. (2015). Wraparound is worth doing well: An evidence-based statement. In E. J. Bruns & J. S. Walker (Eds.), *The Resource Guide to Wraparound*. Portland, OR: National Wraparound Initiative.

Coaching Structure

Tier 1

Able to coach and credential WF, FSP, and YSP

Must have experience as WF or supervisor

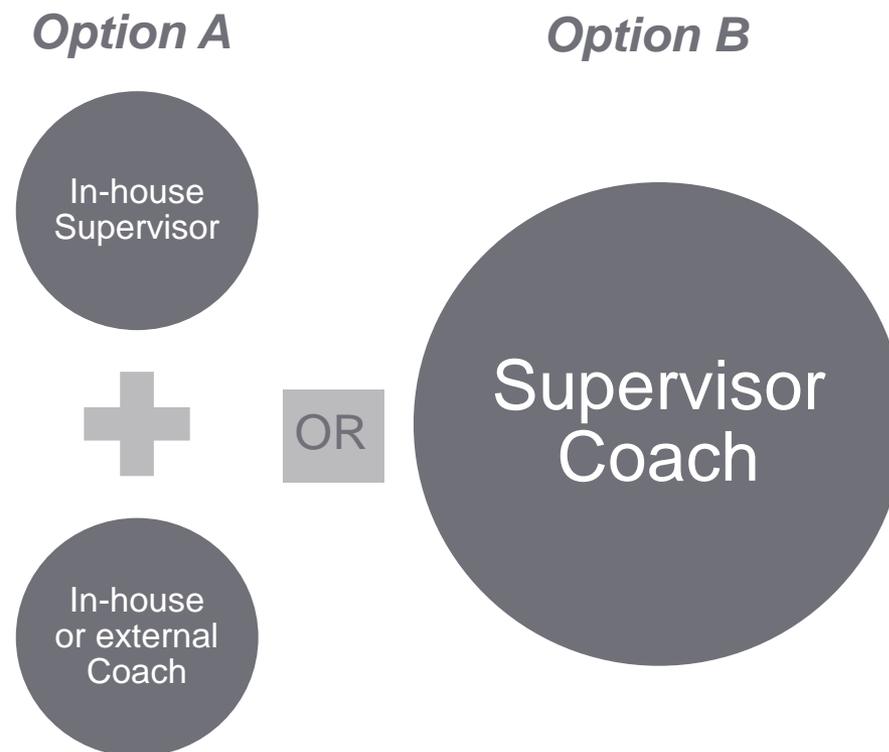
Tier 2

Able to coach and credential WF, FSP, and YSP, plus Tier 1 coaches

Minimum 2 years of experience as a Tier 1 coach, application to CSTI Advisory Board, and other requirements TBD

Supervision Structure

- All Wraparound Facilitators will be required to be directly supervised by a credentialed Tier 1 Coach or a credentialed Wraparound Supervisor



Wraparound Facilitators

Foundations trainings

- System of Care, Introduction to High Fidelity Wraparound, evaluation

Complementary trainings

- Youth Mental Health First Aid, Trauma Responsive Care

Coaching

- Passing scores on wraparound tools for meetings, documents, and theory of change

Advanced trainings

- Motivational Interviewing

Fidelity

- 85% on Colorado Wraparound Fidelity Tool

Colorado Wraparound Fidelity Tool

- Developed by the wraparound workgroup as an adaptation to Vroon Vandenberg materials
- Measures fidelity to the 10 principles of wraparound, the action steps, and the wraparound theory of change
- 4 versions, each in English and Spanish:
 - Wraparound staff
 - Family
 - Youth
 - Team members

Infrastructure: Cross Systems Training Institute (CSTI)

- The CSTI oversees training, coaching, and credentialing the system of care workforce
 - Wraparound facilitators
 - Family support partners
 - Wraparound coaches
- Cross system training in core topics such as trauma responsive care (for all child- and youth-serving agencies and schools)
- State/university partnership with Partners for Children's Mental Health

C O L O R A D O

**CROSS-SYSTEMS
TRAINING INSTITUTE**

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