



Wrap Around Supports: A 360 Approach



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Department of Health Care
Policy & Financing



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Behavioral Health
Administration



Public Meeting Notice

- Please note this meeting is open to the public and is being recorded.
- Anything said during this meeting may be part of the public record.

We invite you to be present

- Turn on your camera
- Hide self view
- Go full screen
- Avoid multitasking
- Turn off additional monitors
- Put away your cell phone
- Breathe



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Learning Objectives

At the end of this session, participants will be able to:

- Participants will be able to identify two benefits of wrap around supports.
- Participants will be able to describe three core principles of wrap around supports.
- Participants will be able to articulate two components of wrap around supports in action.

Introductions



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Tell us about you!

Please chat in

- Name
- Organization
- Role
- **What would be your superpower?**



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Case Study - Michael



- 33-year-old male
- Diagnosed with Schizoaffective disorder
- Co-occurring Substance Use Disorder
- History of non-adherence with meds
- Two years of college
- First psychotic break in sophomore year
- Housing insecurity - stays with parents when on meds, otherwise street homeless
- Intelligent, interested in mechanics, enjoys rock music

Complex needs

- “Millions of people worldwide have complex care needs resulting from multiple concurrent chronic conditions, functional and cognitive impairments, mental health challenges and social vulnerability. Illness has a significant impact on the lives of individuals, over and above managing treatments and medicines including social participation, relationships and societal contributions.”
- **Colorado prevalence**
 - 66.8% of adults have a chronic condition
 - 39.8% of adults have more than one chronic condition
 - Chronic diseases cause 55%+ of all annual deaths



2021 Colorado Statistics

29.8% of adults reported symptoms of anxiety and/or depressive disorder
Compared to 32.3% of adults in US

Drug overdose death rates have increased in from 16.1 per 100k in 2011 to 31.4 per 100k in 2021
Drug overdose death rates increased from 13.2 to 32.4 per 100k in US

Suicide death rate by firearm (12.2 per 100k) was higher than the suicide death rate by other means
US suicide death rate by firearm (7.5 per 100k) was higher than suicide death rate by other means

In May 2022, among adults who reported experiencing symptoms of anxiety and/or depressive disorder, 28.7% reported needing counseling or therapy but not receiving it in the past four weeks, compared US average of 28.2%

150% Increase in people experiencing chronic homelessness over past ten years
14,439 Coloradans experiencing homelessness according to Point in Time Count (PIT)

134,197 Individuals without stable housing covered by Medicaid in 2022

sources: KFF and Colorado Coalition for the Homeless



Definition of Wrap Around

- Provides a comprehensive, holistic and person-driven approach
- Strengths-based planning process
- Team approach
- Proactive and ongoing engagement
- Community based
- Addresses biopsychosocial needs
- *Aka 'Burrito Care'*



Wrap Around in Action



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Core Principles



- Client voice and choice are primary
- Individualized
- Strengths based
- Recovery focused
- Team based
- Natural and chosen supports
- Collaboration
- Community based
- Culturally and linguistically competent
- Unconditional
- Nonjudgemental
- Outcome based

Goals

- Team preparation for ongoing outreach
- Participant engagement
 - Address urgent and ongoing needs
- Plan development
 - Jointly developed plans for care and crisis
 - Supported Decision Making
 - Psychiatric Advanced Directives
- Implementation
- Ongoing monitoring and reassessment
 - Revisions as needed
- Transition
 - Once goals are met, person moves to less intensive support



Benefits of Wrap Around Services

- Increased engagement
- Empowers individuals
- Supports recovery
- Improved early interventions
- Reduction in crisis system services
- Promotes community tenure
- Advances health equity
- Cost effective

Please chat in, what are other benefits?



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Wrap Around Services

- Case Management
 - Crisis Outreach
 - Transportation Assistance
 - Housing Assistance
 - Residential Treatment
 - Respite Care
 - Advocacy
 - Trauma Informed Care
 - Substance Use Treatment
- Counseling
 - Recreation Therapy
 - Medical Care and Health Services
 - Psychiatric Care
 - Legal Assistance
 - Peer supports
 - Employment Assistance
 - SDoH
 - Psychiatric Advanced Directives
- Education Assistance
 - Financial Aid
 - Support Groups
 - Family Psychoeducation
 - Assertive Community Treatment
 - Assisted Outpatient Treatment
 - Medication Assisted Treatment/MAT



Putting it together



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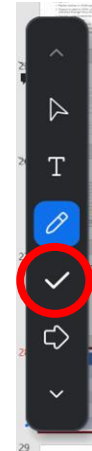
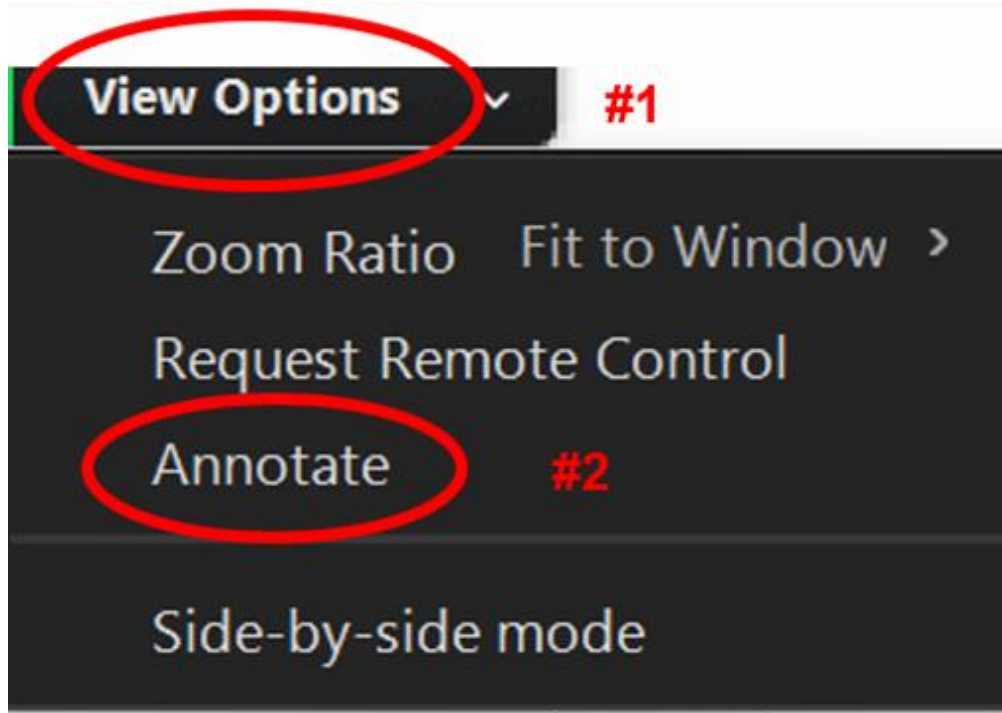
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Case Study - Michael (refresher)

- 33-year-old male
- Diagnosed with Schizoaffective disorder
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- History of non-adherence with meds
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Annotation Instructions



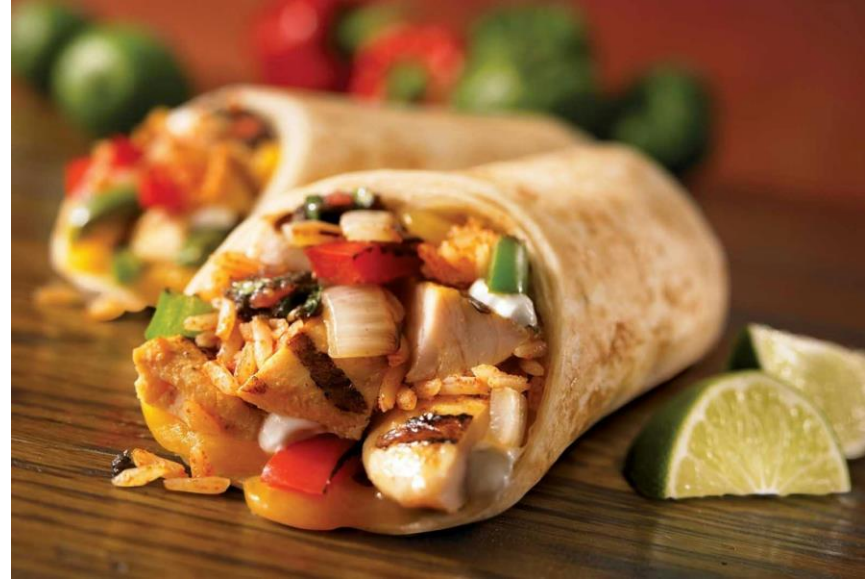
Click to stamp

What Wrap Around services would you recommend for Michael?

- SDOH
 - Case Management
 - Crisis outreach
 - Transportation assistance
 - Housing assistance
 - Respite care
 - Substance Use Treatment
 - Medication Assisted Treatment/MAT
- Recreation therapy
 - Healthcare
 - Behavioral healthcare
 - Legal assistance
 - Advocacy
 - Peer supports
 - Vocation assistance
 - Trauma Informed Care
 - Family Psychoeducation
- Education assistance
 - Financial aid
 - Support groups
 - Psychiatric Advanced Directives
 - Assertive Community Treatment (ACT)
 - Assisted Outpatient Treatment (AOT)

Summary - What will your recipe for successful wrap around?

- What will you **START** doing because it **MAY** work?
- What will you **KEEP** doing because it **IS** working?
- What are you going to **STOP** doing because it is **NOT** working?



To better inform our future trainings as well as request topics for office hours, please complete this short survey. Use the QR code or short URL to access it. Your feedback is important. Thank you!



<https://bit.ly/bhprovidertrainingsurvey>



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Appendix A: Additional Resources

Office Hours

Last Friday of the month (April-June) @ 12pm MST, [Register Here](#) for April 26th.

Listserv

Join the Listserv to receive notifications of trainings, technical assistance, and other stakeholder engagement opportunities: [Register Here](#)

HCPF Safety Net Provider Website

Visit the website for details on upcoming training topics and announcements, training recordings and presentation decks, FAQs and more: <https://hcpf.colorado.gov/safetynetproviders>

TTA Request Form and E-Mail

Request TTA support or share your ideas, questions and concerns about this effort using the [TTA Request Form](#) or e-mail questions and comments to: info@safetynetproviders.com



Appendix B: References

- National Wraparound Initiative <https://nwi.pdx.edu/wraparound-basics/#whatisWraparound>
- Case Worthy <https://caseworthy.com/articles/what-are-wraparound-services/>
- The Playbook - Better Care for People with Complex Needs [What Is Complex Care? | Playbook \(bettercareplaybook.org\)](https://www.bettercareplaybook.org/)
- Colorado Department of Public Health and Environment. Chronic Disease State Plan 2022-2030 https://drive.google.com/file/d/1w4vf0zG5_oPocsM3A1Y56EZe379ZJe8g/view
- Mental Health Colorado. Kaiser Family Foundation <https://www.kff.org/statedata/mental-health-and-substance-use-state-fact-sheets/colorado/>
- The Colorado State of Homelessness Report 2023. Colorado Coalition for the Homeless [chrome-extension://efaidnbnmnnibpcajpcglclefindmkaj/https://www.coloradocoalition.org/sites/default/files/2024-01/2023%20StateOfHomelessness_CCH_F_0.pdf](https://www.coloradocoalition.org/sites/default/files/2024-01/2023%20StateOfHomelessness_CCH_F_0.pdf)
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