

Transition Services

Extra help for Health First Colorado members who receive Home and Community-Based Services (HCBS)

Life can be unpredictable! We all need a little extra help sometimes.

Whether you are new to HCBS, or you've been an HCBS member for a while, you may be able to get extra supports through Transition Services while you are adjusting to changes in where or how you live.

What are Transition Services?



Life Skills Training

Work with people who can help you learn to improve how you take care of your physical, emotional, social and economic needs.



Home Delivered Meals

Work with people who can help you learn more about nutrition and meal planning. Meals will be planned together and then delivered to you at home while you are receiving Transition Services.



Peer Mentorship

Support from people who understand what it's like to transition to more independent living.

If you qualify, your case manager or case management agency can help connect you with Transition Services that are right for you.

Do I Qualify?

Your circumstances, your waiver, and where you live will all be considered. Your case manager or case management agency will help you find out if you qualify.

- Your circumstances

You must either be moving from a facility, like a nursing home, back to the community, or you must be an HCBS waiver member who is experiencing a qualifying life event.

Examples include:

- ✓ Moving out of your parent or guardian’s house into your own apartment
- ✓ Moving from a group home to an apartment or host home
- ✓ Getting a new primary caregiver
- ✓ Adjusting to life after a significant medical event that requires new lifeskills

- Your waiver

You must be enrolled in one of these waivers:

- ✓ [Brain Injury Waiver \(BI\)](#)
- ✓ [Community Mental Health Supports Waiver \(CMHS\)](#)
- ✓ [Complementary and Integrative Health Waiver \(CIH\)](#)
- ✓ [Developmental Disabilities Waiver \(DD\)](#)
- ✓ [Elderly, Blind and Disabled Waiver \(EBD\)](#)
- ✓ [Supported Living Services Waiver \(SLS\)](#)

- Where you live

You must live in a family home, individual home, assisted living, a group home, a host home, or a supported living program to qualify.

How can I find out if I qualify?

Contact your HCBS case manager or case management agency to see if you qualify for Transition Services.

How long can I receive Transition Services?

You can receive Transition Services for up to 365 days from when services begin, depending on your needs. After your Transition Services end, you will still receive your other Health First Colorado services, including state Medicaid plan benefits and HCBS waiver services, if you still qualify. If you have another qualifying life event in the future, you may access these services again. Additionally, if you are admitted to a long-term care facility for any reason, you can access another service, [Transition Coordination](#), to support your return to the community.

How do I get started?

You, a social worker, family member, friend, legal guardian or someone you trust can submit a referral to learn about your options. Requesting more information about community-based living does not guarantee any outcome, and you are not obligated to enroll in Medicaid Transition Services. After receiving your referral, a transition counselor will contact you.

Options Counseling

If you are interested in the Community Options Program, you can find contact information in the link below or request options counseling by scanning the QR code on this flier.

hcpf.colorado.gov/transition-services-local-contact-agencies



Contact

Visit hcpf.colorado.gov/transition-services for more information or contact: hcpf_hcbs_questions@state.co.us