Transition Services

Benefits for Those Transitioning Into the Community

August 2022

Our Mission

To **improve** health care equity, access and outcomes for the **people** we serve while saving Coloradans money on health care and driving value for Colorado. This means that we work to make our members healthier while getting the most for every dollar spent.

Transition Services Overview

Transition Services

Transition Coordination

Transition assessment, risk assessment, transition planning, coordination of transition services and monitoring and follow up activities provided for institution to community transitions

Life Skills Training

Training on skills for living in the community

Home Delivered Meals

Access to nutritious meals for those with special dietary needs or recently discharged from the hospital

Transition Setup

Coordination and funds for setting up a basic living arrangement

Peer Mentorship

Support from a peer with shared experience conducive to transitioning into the community

Rates and Units Chart

Service Name	August 1, 2022 Rates (1 unit = up to **15-min**)	Unit Limitation
Transition Coordination	$8.01 per unit	40 Units (10 hours); available up to 30 days after enrollment
Life Skills Training	$12.45 per unit	Up to 24 units(6 hours) a day for no more than 160 units a week, up to 365 days post transition
Home Delivered Meals	$11.97 per meal	2 meals a day up to 14 meals a week, up to 365 days post transition, or up to 30 days post hospital discharge
Transition Setup	--	$1500, up to 30 days post transition
Peer Mentorship	$6.19 per unit	24 units (6 hours) a day for 365 days post transition

Note: Chart information as of August 1, 2022. For most up-to-date rates, visit hcpf.colorado.gov/provider-rates-fee-schedule.

Transition Coordination

- Only available to people wishing to transition out of an institutional setting (nursing home, Intermediate Care Facility (ICF), Regional Center)
- Provided through a Transition Coordination Agency (TCA)
- Transition coordination activities include:
  - Community needs assessment
  - Risk mitigation planning
  - Access to housing assistance
  - Discharge planning
  - Post-discharge community-based support

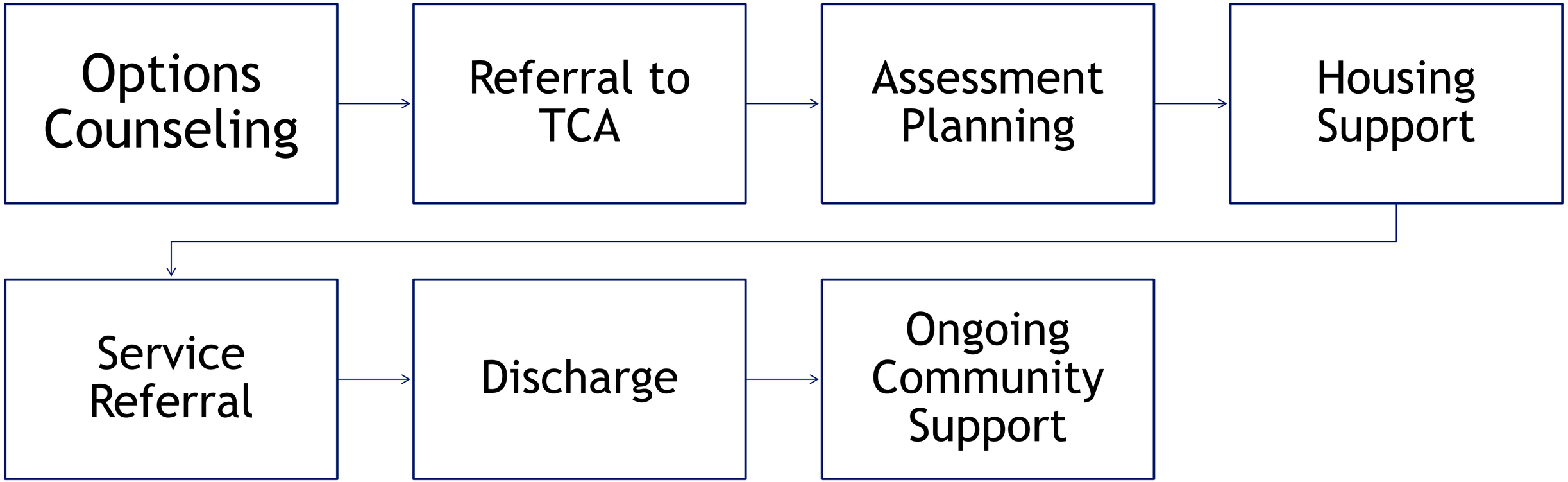
Waiver Transition Services

Transition Services offered through Home and Community-Based Service (HCBS) waivers are available to anyone experiencing a life transition or transitioning from an institutional setting.

Brain Injury Waiver (BI)	Community Mental Health Supports Waiver (CMHS)	Developmental Disabilities Waiver (DD)	Elderly, Blind and Disabled Waiver (EBD)	Complementary and Integrative Health Waiver (CIH)	Supported Living Services Waiver (SLS)
Home Delivered Meals Peer Mentorship Transition Setup *Independent Living Skills Training is an existing service in the BI waiver.	Life Skills Training Home Delivered Meals Peer Mentorship Transition Setup	Home Delivered Meals Peer Mentorship Transition Setup	Life Skills Training Home Delivered Meals Peer Mentorship Transition Setup	Life Skills Training Home Delivered Meals Peer Mentorship Transition Setup	Life Skills Training Home Delivered Meals Peer Mentorship Transition Setup

More information about waiver Transition Services can be found in Department rules and regulations at 10 CCR 2505-10, Section 8.553.

Institution to Community Transition



Note: Transition process from Regional Centers are more nuanced than the above.

Community to Community Transition

- Individuals already living in the community can still access most Transition Services if they are experiencing a life transition
  - Cannot access Transition Coordination. HCBS Case Managers help community to community transitions go smoothly within existing responsibilities.
- Examples of life transitions include, but are not limited to:
  - Person's primary caregiver is no longer able to care for the person receiving HCBS services
  - Person is moving to less restrictive environment, such as from a group home or Alternative Care Facility, to his or her own apartment or into a family home
  - Person is moving out of parent's home to live independently in own apartment
  - Person has recently aged out of the Medicaid programs for children

Community to Community, cont.

Identify and Document Need

- Member, family, HCBS Case Manager, etc. identifies a need for one or more Transition Service
- HCBS Case Manager documents that the person is experiencing a life transition and will benefit from these services

Plan for Services

- Member works with HCBS Case Manager to determine level of need and goals to become more independent*

Receive Services

- Member works with Transition Services providers to meet goals (for up to 365 days)
- HCBS Case Manager monitors to ensure goals are being met

*Information for HCBS Case Managers on how to document need for Transition Services can be found in Operational Memo 19-022 at: hcpf.colorado.gov/2019-memo-series-communications

Transition Services Providers

Overview of Transition Providers

Options Counselors	• Helps individuals understand long-term services and support options • Connect them to community resources
Transition Coordinators	• Facilitates activities to assist an individual to move to a less restrictive living arrangement
HCBS Case Managers	• Determines HCBS eligibility • Assesses need • Conducts service referral and authorization • Monitors service • Completes critical incident reports
Transition Services Providers	• Enrolled Medicaid provider rendering one or more of the Transition Services

Transition Coordination Agencies

- Must meet qualifications for Transition Coordination Agency (TCA) and Transition Coordinators (TCs)

  - Outlined at 10 CCR 2505-10, Section 8.519.27

Questions

Resources

- Department Memos regarding Transition Services and Transition Coordination: hcpf.colorado.gov/2022-memo-series-communication

- Link to Department Rules and Regulations: hcpf.colorado.gov/department-program-rules-and-regulations
  - Transition Coordination at 10 CCR 2505-10, Section 8.519.27
  - All Transition Services at 10 CCR 2505-10, Section 8.553

- LTSS Programs page with links to other resources: hcpf.colorado.gov/long-term-services-and-supports-programs

- Regularly updated Department provider rates: hcpf.colorado.gov/provider-rates-fee-schedule

Contact Information

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Thank You!