

# Serious Mental Illness (SMI) and Serious Emotional Disturbance (SED)

## Stakeholder Engagement Forum

Presented by: Behavioral Health Benefits Team

June 26, 2025

# Agenda

- 1115 Waiver Requirements
- First Episode Psychosis Rule
- Assessment Tool

# 1115 Waiver Requirements

## Standard Terms and Conditions (STCs) pg 24:

Implementation of a requirement that providers, plans, and utilization review entities use an evidence-based, publicly available patient assessment tool, preferably endorsed by a mental health provider association to determine appropriate level of care and length of stay.

### Goals:

- Improving care coordination
- Increase access to full Continuum of Care, including crisis stabilization services
- Early identification and engagement in treatment

Implementation: Targeted Date Oct 1, 2025

# First Episode Psychosis Rule

First Episode Psychosis (FEP): The early period (up to five years) after the onset of psychotic symptoms due to a serious mental illness and unrelated to substance use, brain injury, or other non-SMI medical issues.

Coordinated Specialty Care (CSC) for FEP: CSC is the standard of care for treatment of FEP. It is an evidence-based, recovery-focused, team-based model that promotes access to care and shared decision-making among specialists, the person experiencing psychosis, and family members.

Includes:

- Individual and/or group psychotherapy
- Family education and support
- Case management
- Medication management
- Supported employment and education services

# Adult Needs and Strengths Assessment (ANSA)

## Why ANSA?

- No user cost, minimal customization fees
- Evidence-based
- Publicly available, patient assessment tool
- Reliable aid to:
  - Create Service Plan
  - Monitor outcomes
- Aligns with Child and Adolescent Needs and Strengths (CANS), currently utilized in CO-System of Care

# Next Steps

CMS Implementation Plan Approval

ANSA Training

- Regional Accountable Entities
- Providers

July 17th: Stakeholder Meeting



# Questions?



**COLORADO**  
Department of Health Care  
Policy & Financing



**COLORADO**  
Department of Human Services

# Contact Info

**Behavioral Health Benefits Shared Inbox**

[hcpf\\_bhbenefits@state.co.us](mailto:hcpf_bhbenefits@state.co.us)