

Integrating behavioral health

Free training modules available

The Behavioral Health Integration e-Learning modules were developed to assist primary care practices participating in the Colorado State Innovation Model (SIM), but are available to all practices regardless of participation in SIM. There are 16 modules available for clinicians and staff to complete. Each module is approved for one hour of CME credit from the American Academy of Family Physicians.



Topics:

Each module includes an introduction and associated core topics, videos, literature reviews, resources, activities and a post-knowledge quiz.

- Introduction to behavioral health integration for primary care
- Depression, distress and anxiety
- Behavioral health providers and the care team
- Integrated workflow
- Adverse childhood experience
- Patient engagement in behavioral health
- Whole person care for aging and senior patients

- The integrated behavioral health training bundle
- Substance use disorders: Introduction
- Substance use disorders: SBIRT
- Substance use disorders: Opioids
- Psychotropic medications
- Psychological trauma and the integrated care team
- Obesity & depression
- Men & depression
- Early childhood development in primary care *
 - * Funded by OBH SAMHSA Mental Health Block Grant

To view the CU e-Learning modules, please visit: <u>CUeLearning.org</u> Click on the register link and put <u>SIM</u> in the registration code box.



