



High Intensity Outpatient Program Updates

Regions 6 & 7

June 21, 2023



Developing the CCHA BH High Intensity Network



CCHA Approach

- Identified utilization trends of key High Intensity Outpatient services and providers with the capacity and expertise to add High-Intensity OP BH Services
- Developed RFP application, website, provider communication series and Q&A session.
- RFP open from March 8 -April 28, 2023, and Provider Q&A session conducted on 3/28/2023. Received proposals and continued to answer provider questions related to funds use.
- Selected proposals for funding and executing scope of work.
- Submitted updated High Intensity Outpatient Treatment report with specific projects selected for funding and their amounts in advance of funds distribution.

CCHA HIOP Grantees Region 6

Provider	Gap Filled
Paragon BH Connections	Youth, home-based, respite
Consultants for Children	Youth, High Fidelity Wraparound
Mountain Vista Psychology	Neurofeedback
ED Care	Eating disorders
Mental Health Partners	SPMI community-based care
Jefferson Center for Mental Health	Intensive outpatient SUD services and skills training in acute care building
Conifer Counseling	Rural
Savio	Family Supportive Housing Services
Recovery Unlimited	MAT, IOP, Peer support

CCHA HIOP Grantees Region 7

Provider	Gap Filled
Crisalinda Inc	Spanish-speaking family care
Consultants for Children	Youth, High Fidelity Wraparound
Kids Crossing	BH respite
ED Care	Eating disorders
Sunrise Counseling	MAT, IOP, Peer support
The Patterson Center	Youth, TST, IOP
Bloom Wellness	Rural
Collective Health Partners	Youth IOP (telehealth option)
The Dale House Project	Psychosocial rehab and supportive housing
Palome	BH Respite, skills training and crisis response
Diversus	MAT, IOP, Peer support

Successes

- All proposals include Health Equity plans to ensure affirming care, access to underserved populations and appropriate staff training.
- 4 Awardees are newly recruited providers to Medicaid network, completing credentialing and contracting with CCHA.
- Service expansion projects fill gaps in
 - Home-based youth services including rural counties
 - Access to MAT treatment at point of care for SUD IOP
 - BH respite for youth
 - Eating disorder treatment for youth and adults
 - Spanish-speaking family care
 - Rural-based providers

Thank you



COA HIT EXPANSION WORK

Focus on Youth and Adolescent Services

Lindsay Cowee, LPC, CAS, CPHQ
Senior Director of Behavioral Health Network Performance



DEARTH OF EATING DISORDER PROVIDERS FOR SUB-ACUTE SERVICES

- No BH inpatient units available
- No residential treatment available
- Only 2 providers who offer PHP and IOP services for adults
- Only 1 provider who offers PHP for adolescents



COLLABORATION WITH ED CARE TO EXPAND PROGRAMMING

ADULT PHP/IOP

- Current capacity: 30
- Increase to 36 by Summer 2023

NEW ADOLESCENT PHP/IOP

- Capacity of 10 members by Summer 2023

NEW RESIDENTIAL PROGRAM

- Capacity of 12 members by Summer 2024

WHY FOCUS ON YOUTH AND ADOLESCENTS?

- Increased ED utilization, boarding
- Increased demand for inpatient utilization with inpatient bed shortage
- Increased demand for residential services with residential bed shortage
- Persistent, increasing waitlists for intensive in-home services





PROVIDER PARTNERSHIPS

Mile High Behavioral Health Center
New Family Preservation Center

Denver Area Youth Services
Intensive in-home service expansion

Mount Saint Vincent
Intensive in-home program expansion

Maple Star
Intensive in-home program expansion

Denver Children's Home
Intensive in-home program expansion

Health Colorado, Inc.

Accountable Care Collaborative Program
Improvement Advisory Committee

HCI High Intensity Outpatient Treatment Expansion
Plan (HIT Plan)

Presented by: Lori Roberts, HCI CEO
June 21, 2023



HIT Plan

Goals:

- 1- Improve transitions of care for members in full continuum of care
- 2- Increase service available within Region 4 counties

Network Analysis:

- ✓ Safety net providers are the primary source of HIT sources in Region 4.
- ✓ ACT programs available in 11/19 counties.
- ✓ Limited capacity of HIT services within Region 4.
- ✓ Need for expansion of PHP and IOP services throughout region.

Strategies

Focus on development of services within Region 4 to:

- Enhance access to services within the community
- Minimize travel distance
- Improve transitions of care
- Positioning to have family supports and community accessible during treatment

Focus on access for special populations.

Individuals who:

- Are Justice Involved
- Would benefit from LTSS and HCBS services
- Under the age of 21 years
- Are diagnosed with substance abuse disorder
- Are diagnosed with an eating disorder

Engage and Support providers to start up new services and increase capacity of existing services.

- Understand capacity of in-region providers to expand or develop new services
- Collaborate with providers on ways to create sustainable programs, particularly in rural/frontiers areas
- Partner with providers outside the region to add services within Region 4

Improving Transitions of Care

- HIT services often serve as a bridge between the highest levels of care (i.e., inpatient and residential) and lower intensity, community-based services.
- They can help a member who is returning to the community after a significant crisis event or prevent a member's hospitalization when offered in a timely way.
- Our RAE's aim is to provide seamless transitions from one level of care to another. This is accomplished through our UM and Care Coordination Teams.
- The UM team assists with discharge planning, referrals to providers, and ongoing review and consultation for complex cases.
- The Care Coordination Team helps with system navigation, referrals, appointment scheduling, and transportation services.

Provider Engagement – Contracting, Expanding and Grant Opportunities

Initial Discussion Complete:

Health Solutions

San Luis Valley Behavioral Health Group

Savio House

Solvista Health

Valley Wide Health Systems

Upcoming Conversations:

ALIS Behavioral Health

Crossroads Turning Points

Gateway to Success

Griffith Centers for Children

Kids Crossing

RESADA

Rocky Mountain Behavioral Health

State of Grace

Initial Feedback

- Several providers and agencies have shown interest in our grants
- Our community recognizes the need and is responding
- Applying for grants can be a challenge. HCI is finalizing our new grant software that will allow organizations and providers to report in one system, streamlining communications and deliverables. We will also provide support during the process.
- Exciting new organizations that are looking to apply for the RAE 4 HIT Expansion grants include:
 - Pueblo School District 60
 - Looking to provide services in partnership with many different organizations in the Pueblo area
 - Collective Health Partners
 - Looking to open a brick-and-mortar facility that will provide High Intensity Treatment Options in our region



Grant Funding Timeline

Grant Funding Timeline:

- Step 1: May 15, 2023 – HCI issued a request for proposal
- **Step 2: July 31, 2023 – Applications are due by 5:00pm**
- Step 3: August 1, 2023 – August 14, 2023– Health Colorado will review all applications and reach out for any additional supporting information needed.
- **Step 4: August 15, 2023– Applicants will be notified of award status.**
- Step 5: August 15, 2023-August 31, 2023 - Contracts will be signed and funding distributed.
 - Funding will begin October 1, 2023

We are spreading the word

Provider Roundtable completed on June 9, 2023

- The Roundtable introduced providers to High-Intensity Treatment (HIT) services, outlining what they are, why they are important, which of the HIT services require prior authorization, and how to obtain that auth.
- The presentation included information on how to refer members to care coordination and how this service can support members involved in HIT services by helping to remove barriers to treatment and connecting high risk members to other community support services to meet member needs.
- Providers indicated the information was helpful, and they did not have any follow-up questions or concerns.

June 28th information session

To better serve our providers, we will be holding an informational session on June 28th

June 28th Informational Meeting

Meeting Goals

1. Educate on several High-Intensity Outpatient treatment modalities, High Fidelity Wraparound, and Forensic Assertive Community Treatment (FACT).
 - FACT is an adaptation of the traditional ACT model to support our justice-involved Health First Colorado (Medicaid) members.
2. Notify on HIT Grant RFP opportunity and address questions
3. Inform on process to join the network

HCI issued 246 invitations.

As of 6/13, HCI has 57 organizations have accepted the invitation and 26 have tentatively accepted.

Invitees include:

- Substance Use Disorder (SUD) providers
- Behavioral health providers
- Long-term home health agencies
- Skilled nursing homes; Local hospitals
- Primary care providers; Mental/behavioral health providers
- Community-based organizations; Case Management Agencies (CMA);
- Regional Health Connectors (RHCs); Criminal Justice System Stakeholders

Thank you!

If you are interested in receiving an invite for our informational meeting, please email

HCAdmin@healthcolorado.health



NHP

High Intensity Outpatient Treatment

Wednesday, June 21, 2023





High-Intensity Services

Community-based, member and family centered approach specifically designed to engage members at risk for experiencing complicating problems, including criminal and juvenile justice systems.

NHPs Goals for HIOP



Selective Partnering

Connecting with providers to create services to offer full continuum of care within the region



More Availability

Increase access for IOP and PHP for all ages
Ensure MST, FFT and wraparound services for members under the age of 18 y/o



Quality Expansion

Support providers to develop and maintain high quality services



Support & Engagement

Enhanced workforce development
Provider roundtables/listening sessions
Developing VBP that centers around HIT services



Member Focus

Improve coordination of care for members seeking HIOP services as well as those transitioning from HLOC



Enhanced Care

Weekly clinical rounds led by UM team centering on HIOP members/services as well as real time access to clinical staff



Grant Process



- ✓ **Outreach**
Email, Regional Newsletter, Regional Meetings, 1:1 Outreach
- ✓ **Goal**
Provide an opportunity to the region to enhance offerings of high intensity outpatient services
- ✓ **Action**
Simplified Grant information disseminated in May 2023



Provider Grant Process & Update

NHP focused on providers/services with regional access to ensure coverage for all counties within our RAE. NHP received eight (8) applications for grant funding

- *Transportation Supports to Access HIOP Services*
- *Centralized Services*
- *Contingency Management*
- *Workforce Development- Center of Excellence*
- *Equitable Service Delivery-Peer Recovery*
- *Transitions of Care*
- *Value Based Payments*
- *Trauma Focused Treatment*



Provider Grant Applications (Round 1)

NHP focused on providers/services with regional access to ensure coverage for all counties within our RAE. NHP received eight (8) applications for grant funding

- Centennial Mental Health
Morgan, Logan, Sedgwick, Phillips, Washington, Yuma, Cheyenne, Kit Carson and Lincoln
- North Range Behavioral Health
Weld
- Center for Trauma and Healing
Morgan & Washington
- Savio
ALL
- Eating Disorder Center of Denver
ALL
- At-Risk Youth Programming
Weld
- New Pathways
Morgan, Logan, Washington
- SummitStone Health Partners
Weld (primary)

Enhanced Care

Transitions of Care

Seamless TOC both into or out of HIOP services

UM Focus

Expedited Prior Authorization-when needed

Clinical Care

Discharge Planning & Continuity of Care

Rounding

Clinical rounding with providers discussing complex members

Care Coordination

Assisting with additional needs (transportation, appointment scheduling)

SUCCESS



A vibrant field of sunflowers under a warm, golden sky. The sunflowers are in various stages of bloom, with bright yellow petals and dark brown centers. The background is slightly blurred, creating a sense of depth.

THANK YOU!



Kari Snelson



Kari@nhpllc.org



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High Intensity Outpatient Services

Rocky Mountain Health Plans | June 21, 2023

➤ Analysis of Need and Availability Services in Region 1

- Provider Survey
- Community Survey

➤ High Intensity Outpatient Service Gap Analysis

➤ Proposal Solicitation

- New Providers
- Existing Providers

HIT Service Characteristics

- Community-Based
- Flexible intensity and duration
- Active engagement
- Low Barrier
- Flexible hours
- Individual and Family-Centered
- Recovery Focused
- Team-Based



HIT Service Expansion

- Funding 13 providers across Region 1
 - Expansion efforts will benefit/touch all 22 counties.
- Evidence-Based Therapies
 - MST & FFT
 - Wraparound
 - ACT, IOP, MAT
 - Child First
- Innovative Therapies
 - Intensive Stabilization Services
 - Multi-Disciplinary Teams to provide in-home services

HIT Service Expansion: Round 1

Provider Name	Counties Served	Expansion Services
Integrated Insights	Montrose, Delta, Ouray, San Miguel, Cortez , Mesa, Montezuma, Hinsdale, Gunnison	Multi-disciplinary team (therapists, psychiatric provider, case managers/peer) to provide in-home high intensive based therapy
Families Plus	Delta, Montrose	Wraparound Services
Paragon BH Connections	Garfield, Pitkin, Moffat, Routt, Rio Blanco	Child First /Great Expectations
Southern Colorado Community Action Agency	La Plata, Montezuma, Archuleta, Dolores	Multi-Systemic Therapy
Savio House	Larimer, Montrose, Delta, Mesa, Garfield... expanding services in Region 1	Multi-Systemic Therapy, Family Functional Therapy
Vail Health (EVBH)	Eagle, Summit, Garfield	Assertive Community Team (ACT), Community Stabilization Program (CSP)
Summitstone Health Partners	Larimer	IOP, rapid access to addiction medicine (MAT), psychiatric services, FUSE, Competency Hub, TST, CDDT
Hilltop	Mesa, Montrose, Delta	Multi-disciplinary team to provide home-based services (clinical supervisor, therapeutic family navigator, case manager, apprentices)

HIT Service Expansion Continued

Provider Name	Counties Served	Expansion Services
Ariel Clinic	Mesa	Multi-disciplinary team to provide in-home therapy, including an after-hour crisis specialist and emergency relief foster homes
Mind Springs	Routt, Moffat, Garfield, Pitkin, Summit, Eagle, Grand, Mesa	Additional casemanagement & outpatient services for children, youth, and families, additional recovery services
Amos Counseling	Mesa	IOP, MAC Program (connecting those individuals and families that are homeless with resources)
Oliver Behavioral Consultants	Summit and Greater Denver Metro region	Specialize in serving individuals with IDD, ASD, ADHD. Want to hire 2 additional mental health providers, 1 doctoral level psychologist to provide intensive support services and care coordination
Aspen Hope Center	Garfield	Intensive Stabilization Services

HIT Service Expansion: Round 2

Prioritize expansion/sustainability of High-Fidelity Wraparound Teams

Make providers whole with their Round 1 proposals

Expanding this opportunity to additional providers in our network