

Complex Care Definition

N **NORTHEAST**
HEALTH PARTNERS, LLC

Northeast Health Partners/R2



Using the department's guidelines that complex members are at or above the 75th percentile of annual costs, be at least as large as the complex definition defined by cost only but no more than 5% of the total RAE population and be impactable, NHPs new complex member definition covers roughly 4.45% of our total Medicaid population and is nearly double the size it was previously.

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- NHP acknowledges that the costliest 5% of Medicaid enrollees account for roughly two-thirds of all Medicaid spending
- NHP postulates the more pertinent question is how to identify those who are *most likely* to benefit from care management interventions
 - Members with comorbid conditions (physical health and behavioral health and/or SUD)
 - Members struggling with a condition that is “poorly controlled/non-adherent”
 - Members with SDoH concerns
 - Members with gaps in care (observed difference between the optimal care and the care received)

NHP recognizes that influential variables, like SDoH cause upstream drivers of disease exacerbation and health care costs, such as lack of social support, food or housing insecurity, and low health literacy

NHP prioritizes programs with an integrated model for addressing medical and social risk as well as care management efforts focusing on enhancing member self-management as a basic construct