ARPA Project: 2.02 Expand Mobile Crisis Services

Presented by: Emily Holcomb, Mobile Crisis Policy Advisor at HCPF

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Mobile Crisis Response

- Colorado is adding to the crisis continuum by launching a new Mobile Crisis Response (MCR) benefit available to all Coloradans regardless of insurance status
- The Department and the Behavioral Health Administration (BHA) are collaborating to design and launch this benefit via the American Rescue Plan Act (ARPA)
- Medicaid providers may receive an enhanced federal match for the first three years to offset the costs of ramping up services

Goals

- Improve Service Quality
- Reduce Unnecessary Service Utilization and Arrest
- Enhance Client Connections To Community Based Services
- Strengthen Network Capacity, Especially For Target Populations
- Increase Awareness
- Integration Within The Crisis Service Continuum



Project Background

ARPA CRSE 9813 funding supports

- Benefit development based on: Substance Abuse and Mental Health Services Administration (SAMHSA), ARPA, Centers for Medicare & Medicaid Services (CMS), and other state and national best practices
- Community engagement with MCR stakeholders including:
 - Service definition feedback statewide and virtual meetings
 - Technical assistance to stakeholders on implementation of this benefit
- Needs Assessment and Readiness Review of providers

HCBS ARPA 2.02 9817

- Support the BHA to administer funds via ASOs to providers in CO to meet MCR service standards by July 2023
- Our role is collaborating with the BHA to do this work, and monitoring the results of their work to report back to ARPA funders



Mobile Crisis Response Overview

✓ Occurs where a client is at, in the community, to offer relief & stabilization

V Dispatched through 988, 911, Colorado Statewide Crisis line & other direct crisis channels

MCR is delivered by a multi-disciplinary mobile crisis response team with specialized crisis training & expertise set by federal requirements (BHA Crisis Professional training to be Crisis Professional provider type, BHE endorsement

MCR providers are required to coordinate follow up services to ensure continuity of care for the client

MCR is <u>not</u> a replacement for ongoing mental health and substance use disorder treatment services

MCR does <u>not</u> replace or stop other crisis response services, but is another option for communities & is an opportunity for greater collaboration across crisis providers



Availability

- MCR under the CCS program is available at all times, 24 hours a day, 7 days a week and 365 days a year statewide
- The face to face response must occur within 1 hour of dispatch in urban areas, and 2 hours in rural/frontier areas
- Must be a paired response, prioritizing dual in person responses but the second person may be via telehealth
- It is delivered in community, not in facilities where other crisis services are available like emergency departments



Service Activities

Service Activities

- Engage with community partners, dispatch to coordinate dispatches, community referrals, and eventual public facing marketing
- Initial face to face response including a risk assessment, brief intervention, and safety planning
- Immediate follow up within 24 hours and for up to five days after to ensure continued stabilization, identification of needs
- Secondary follow up within 7 days for a warm-handoff to additional services



Provider and Team Requirements

Provider/Agency Requirements

• Must have received a BHA endorsement by meeting all standards

Staffing Requirements

- Must be multidisciplinary professionals and paraprofessionals with BHA crisis training.
- Teams must include a licensed behavioral health clinician, peer support professional, and staff with training in child, youth and family crises
- Teams must also have access to community providers during or immediately after a crisis who serve people with with intellectual and developmental (I/DD), serious emotional disturbances (SED), substance use disorders (SUD), traumatic brain injuries (TBI), individuals who are Deaf/Hard of Hearing or Deaf-Blind (DHOHDB), other cognitive needs/neurodiversities



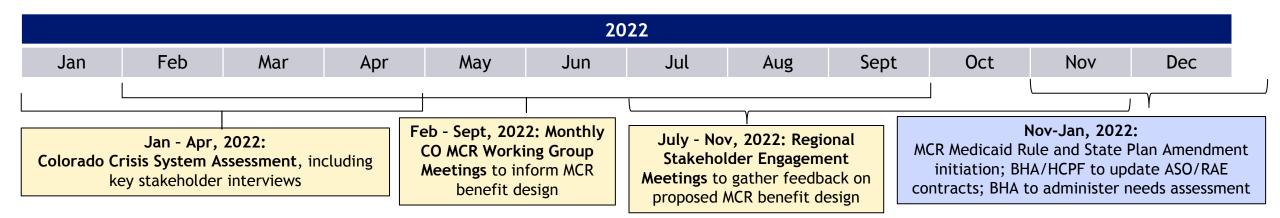
Project Status

Current and upcoming activities

- Through an interagency agreement with the BHA, they are distributing funding to providers through the Administrative Service Organizations (ASOs) to help them meet new standards.
- Over the next few months, we will continue to offer technical support to ASOs, RAEs, and providers and host a variety of trainings
- Prior to launch, providers will have to undergo a readiness assessment to be BHA endorsed and able to enroll in Medicaid



Timeline of MCR Work



2023							
Jan	Feb	Mar		Apr	May	Jun	Jul
MCR Benefit Ramp-Up Period							
needs assessment results to support ASOs and MCR reviews to a				y, 2023: BHA/HCPF to conduct provider readiness determine if they have met the standards and used g prior to launch. Planning on 6 month review			July 2023: Proposed MCR Benefit Launch
April - June 2023: Presenting to MSB							December 2024: Project extended
Nov - June+ 2023: BHA/HCPF to offer weeking technical assistance to MCR Stakeholders							

2024: BHA to develop and launch Learning Management System, certification process, and new BHA Behavioral Health Crisis Rules



Next Steps

TA Meetings: Request any accessibility related accommodations at least 1 week prior to the meeting:

- 1. First Thursday of the month 11 am -12 pm: <u>General Stakeholders</u>. This meeting will include full program updates and we recommend it if you can only attend one meeting a month
- 2. Second Thursday of the month 11 am -12 pm: Designed for ASOs & RAEs
- 3. Third Thursday of the month 11 am -12 pm: Designed for <u>Client/Member & Community</u>
- 4. Fourth Thursday of the month 10 am 11 am: Designed for <u>Providers & Potential Providers</u>

Arrange meetings with RAEs to provide more details and technical assistance

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Questions from MCR team

In general, BHA and HCPF MCR team would like to work more with you and your organizations!

- How would you like to be included:
 - □ MCR team to return to BHIS for updates and/or feedback
 - □ MCR team attend other smaller meetings
 - □ BHIS members attend MCR TA meetings
- In future meetings:
 - □ Are providers supported to meet enhanced standards?
 - Consider approach to
 - Care coordination, recruiting employees including peer support professionals, accessing priority population community contractors, community engagement and marketing, other



Questions?

Contact Info

Emily Holcomb Mobile Crisis Policy Advisor, HCPF <u>emily.holcomb@state.co.us</u>

Megan Lee Manager of Crisis Services, BHA <u>megan.lee@state.co.us</u>



Thank you!

