

8.734 DOULA SERVICES

8.734.1 DEFINITIONS

8.734.1.A. “Doula” means a trained birth companion who provides personal, nonmedical support to pregnant and postpartum people and their families prior to childbirth, during labor and delivery, and during the postpartum period.

8.734.2 PURPOSE

8.734.2.A. Doula services will be used to provide support for pregnant and postpartum people throughout the perinatal period, which may improve birth-related outcomes. Pursuant to 42 C.F.R. Section 440.130(c), Doula services are provided as preventive services in order to promote the physical and mental health of the member during the perinatal period.

8.734.3 MEMBER ELIGIBILITY

8.734.3.A. To be eligible for Doula services, a Colorado Medicaid member must be pregnant, in the postpartum period, or had a pregnancy end within the previous 12 months

8.734.4 PROVIDER ELIGIBILITY

8.734.4.A Registered Medicaid providers who provide Doula services must be at least 18 years of age. Doulas must:

8.734.4.B Complete Doula training, which must include core competencies and a minimum number of services hours. Doula providers must have received training from a HCPF approved training program. HCPF approved Doula training can be found on the HCPF billing site (LINK); or

8.734.4.C Has attested to one of the experience pathways listed on the billing site; and

8.734.4.D Completed CPR Training; and

8.734.4.E Signed a doula Code of Conduct, which can be found on the HCPF billing site (LINK)

8.734.5 COVERED SERVICES

8.734.5.A Doulas will provide services for birthing people during pregnancy, childbirth and the postpartum period. Service components include:

1. Perinatal support services, including pre- and postnatal care;

2. Labor support;

8.734.6 NON-COVERED SERVICES

8.734.6.A The following services are not covered:

1. Doula services do not include diagnosis of medical conditions, provision of medical advice, or any type of clinical assessment, exam, or procedure