

1 **8.734 DOULA SERVICES**

2 **8.734.1 DEFINITIONS**

3 8.734.1.A. "Doula" means a trained birth companion who provides personal, nonmedical support to  
4 pregnant and postpartum people and their families prior to childbirth, during labor and delivery,  
5 and during the postpartum period.

6 **8.734.2 PURPOSE**

7 8.734.2.A. Doula services will be used to provide support for pregnant and postpartum people  
8 throughout the perinatal period, which may improve birth-related outcomes. Pursuant to 42 C.F.R.  
9 Section 440.130(c), Doula services are provided as preventive services in order to promote the  
10 physical and mental health of the member during the perinatal period.

11 **8.734.3 MEMBER ELIGIBILITY**

12 8.734.3.A. To be eligible for Doula services, a Colorado Medicaid member must be pregnant, in the  
13 postpartum period, or had a pregnancy end within the previous 12 months

14 **8.734.4 PROVIDER ELIGIBILITY**

15 8.734.4.A. Registered Medicaid providers who provide Doula services must be at least 18 years of  
16 age. Doulas must:

17 8.734.4.B. Complete Doula training, which must include core competencies and a minimum number  
18 of services hours. Doula providers must have received training from a HCPF approved training  
19 program. HCPF approved Doula training can be found on the HCPF billing site (LINK); or

20 8.734.4.C. Has attested to one of the experience pathways listed on the billing site; and

21 8.734.4.D. Completed CPR Training; and

22 8.734.4.E. Signed a doula Code of Conduct, which can be found on the HCPF billing site (LINK)

23 **8.734.5 COVERED SERVICES**

24 8.734.5.A. Doulas will provide services for birthing people during pregnancy, childbirth and the  
25 postpartum period. Service components include:

26 1. Perinatal support services, including pre- and postnatal care;

27 2. Labor support;

28 **8.734.6 NON-COVERED SERVICES**

29 8.734.6.A The following services are not covered:

30 1. Doula services do not include diagnosis of medical conditions, provision of medical  
31 advice, or any type of clinical assessment, exam, or procedure