Medicaid Provider Rate Review Advisory Committee Meeting

Presented by: Eloiss Hulsbrink

June 19, 2020 9:00 AM - 12:00 PM



Our Mission

Improving health care access and outcomes for the people we serve while demonstrating sound stewardship of financial resources



Agenda

Introductions	9:00 a.m.
Review Agenda and Meeting Logistics	9:05 a.m.
Meeting Minutes	9:10 a.m.
Guiding Principles	9:15 a.m.
 Working Recommendations for Year Five Services: Pediatric Personal Care Home Health Private Duty Nursing Pediatric Behavioral Therapy 	9:20 a.m.
Break	10:35 a.m.
 Data Analysis Preliminary Results for Year Five Services: Speech Therapy Physical/Occupational Therapy Prosthetics, Orthotics, and Supplies Vision 	10:40 a.m.
Next Steps and Announcements	11:55 a.m.
Adjourn	12:00 p.m.

Ground Rules

- Honor the Agenda
 - Stay solution and scope focused
- Identify yourself before speaking
- Honor and Respect Everyone
 - Mind E-manners
 - Share the air

Protected Health Information (PHI)

- Protected Health Information is individually identifiable information relating to the past, present, or future health status of an individual.
- Information such as diagnoses, treatment information, medical test results, and prescription information are considered PHI under HIPAA, as are national identification numbers and demographic information such as birth dates, gender, ethnicity, and contact/emergency contact information.
- This meeting is recorded and will be made publicly available on the Department website.
- Shared PHI may result in the portions of the meeting recording being deleted and delays posting the meeting recording.



Update - Committee Appointments

Eloiss Hulsbrink

Meeting Minutes

February 21, 2020

Wilson Pace, Chair



Guiding Principles

Presented by: Eloiss Hulsbrink & Wilson Pace, Chair



Stakeholder Engagement Guiding Principles

The Department will:

- Thoroughly and thoughtfully evaluate all questions and feedback.
- Identify what feedback can be incorporated now or potentially in the future.
- Transparently communicate the outcomes of feedback and questions.
- Refer individuals to appropriate Department resources for out-of-scope topics.

Rate Review Guiding Principles

The Department will:

- Thoroughly and thoughtfully evaluate services within and across benefits.
- Strive to promote member access to quality care and provider retention.
- Be guided by recent data analyses and evidence-based research and best practices.
- Work to identify methods to collect meaningful data when there an absence of evidence or when conflicting evidence or feedback exists.

MPRRAC Guiding Principles

- Do not reinvent the wheel (e.g., if an established rate structure exists, consider using it).
- Support recommendations that work towards providing services in the least restrictive and most cost-effective environment.
- Develop methodologies to address geographic differences.
- Strive to reimburse for costs of hard goods.

Year Five Services Working Recommendations

Presented by: Eloiss Hulsbrink



Pediatric Personal Care (PPC)

- Analyses suggest that PPC payments at 134.35% of the benchmark were sufficient to allow for member access and provider retention.
- Colorado as a percentage of five other states' Medicaid rates ranged from 109.48%-140.57% of the benchmark.

PPC Key Considerations

Stakeholder Feedback

- There is a reportedly low availability of active providers of PPC services for Medicaid members.
- Low wages are paid to PPC caregivers.

PPC Key Considerations

Additional Considerations

- PPC services are performed by a non-medically trained caregiver in the member's home.
- Members seeking PPC services are often directed by home health agencies to Long-Term Home Health (LTHH) services provided by licensed home health agencies.
- PPC service rates were compared to an average of five other states' Medicaid rates; Colorado, Florida, and Texas are the only states that reimburse for pediatric-specific personal care services.
- The total number of billing providers does not represent the total number of caregivers employed by agencies providing PPC services.
- Provider billing locations do not encompass all brick-and-mortar agency locations.



PPC Working Recommendations

The Department recommends:

 continuing outreach efforts to Home and Community-Based Services (HCBS) class B licensed providers to alert them that PPC state plan services is allowable and billable by license type.



Questions?





Home Health

- Analyses suggest home health payments at 101.72% of the benchmark were sufficient to allow for member access and provider retention.
- The individual rate ratios were 76.04%-348.53% of the benchmark.

Home Health Key Considerations

Stakeholder Feedback

- If more home health caregivers were available, more members could leave the hospital setting earlier.
- The home health fixed rate does not have a minimum requirement for services.

Home Health Key Considerations

Additional Considerations

- Unit values vary from state-to-state; Colorado visits are either one hour or two and a half hours per visit, compared to other states that reimbursed based on various unit values.
- Colorado is one of four states both a home health basic and extended rate.
 - Colorado Medicaid pays \$38.12 for the home health basic rate, which is for the initial one-hour visit; this rate is 76.04% of the benchmark average; and
 - the lower basic rate is balanced out with additional reimbursement for visits lasting more than one-hour with the home health extended rate, which pays an additional \$11.39 for each extended unit of 15-30 minutes; this rate is 348.53% of the benchmark.
- Electronic Visit Verification (EVV) is now live; EVV will be tied to claims starting in January 2021 and data will be available for future years of review.
- It should be noted there will be a live-in caregiver exemption, which may limit the data the Department receives from EVV.



Home Health Key Considerations

Additional Considerations

- The Department received information that some home health agencies merged with other agencies, which led to a perceived decrease in active providers, but did not have an impact on the actual number of agencies providing home health services; therefore, access was not negatively impacted.
- Total number of billing providers does not represent the total number of caregivers employed by home health agencies.
- Provider billing locations do not encompass all brick-and-mortar agency locations.
- Home health services received 1% Across-the-board (ATB) increases in July 2018 and July 2019.
- In 2017, the following home health services received a Targeted Rate Increase (TRI) of 6.01-6.02%:
- Registered Nurse (RN)
- Occupational Therapy
- Physical Therapy
- Speech Therapy



Home Health Working Recommendations

The Department recommends:

- further evaluating whether initiating a rate setting project to create more equity across similar services would be beneficial (e.g., consider home health speech therapy rates and outpatient speech therapy rates); and
- further evaluating the development, implementation, and operationalizing minimum duration requirement(s) for home health visits.



Questions?





Private Duty Nursing (PDN)

- Analyses suggest that PDN service payments at 98.15% of the benchmark were sufficient to allow for member access and provider retention.
- Individual rate ratios ranged from 74.08%-102.03% of the benchmark.

PDN Key Considerations

Stakeholder Feedback

 Licensed Practical Nurse (LPN) rates are too low to be competitive; concerns were raised regarding untapped potential in recruiting LPNs for PDN providers servicing Colorado Medicaid members.

PDN Key Considerations

Additional Considerations

- LPN received 7.24% a TRI in 2017; data from before and after the TRI showed utilization was not affected.
- The Department's rate setting process considers operational costs, which includes costs such as staff wages, benefits, rental and utility costs, etc. Cost reporting, which is not available to the Department, would further inform rate setting efforts; however, the Department has not been offered these reports.
- Individually, the LPN rate is 96.98% of other states' average Medicaid rate and the RN rate is 102.03% of other states' average Medicaid rate.
- Unit values for PDN services in Colorado are based on one hour per visit, compared to other states that reimburse based on various unit values (e.g., 15-minute increments, untimed visits, etc.).
- Total number of billing providers does not represent the total number of caregivers employed by agencies providing PDN services.
- Provider billing locations do not encompass all brick-and-mortar agency locations.



PDN Working Recommendations

The Department recommends:

 further evaluating whether initiating a rate setting project to create more equity across similar services would be beneficial (e.g., consider home health RN/LPN rates and PDN RN/LPN rates).





Questions?





Pediatric Behavioral Therapy (PBT)

- Analyses suggest that PBT payments at 92.90% of the benchmark were sufficient to allow for member access and provider retention.
- Individual PBT rate ratios ranged from 85.99%-94.31% of the benchmark.

PBT Key Considerations

Stakeholder Feedback

- The impact of transitioning PBT from a waiver service to an EPSDT service was a perceived rate cut for providers.
- The increased complexity of requirements for EPSDT providers is impacting provider retention.
- There is a disruption of services when members reach age 21 because they must transition from EPSDT services to waiver services.

PBT Key Considerations

Additional Considerations

- The reimbursement rates for PBT services remained consistent in the transition from waiver to EPSDT services.
- There are currently 431 providers now rendering PBT services, compared to only 88 providers that were enrolled as Behavioral Services providers through the Children's Extensive Supports (CES) and Children with Autism (CWA) waivers.
- Colorado is currently the only state offering pediatric-specific rates for behavioral therapy.
- Members should work with their Case Management Agency (CMA) to transition services when approaching 21 years of age.
- There are no additional requirements necessary for enrolled providers to provide EPSDT services.
- Prior Authorization Request (PAR) processes are similar across services that require PARs.



PBT Working Recommendations

The Department recommends:

- evaluating seeking federal approval to make PBT a State Plan benefit; and
- continuing to support internal efforts to recruit and retain providers of PBT services and promote access to care.



Questions?





Speech Therapy

- Analyses are inconclusive to determine if Speech therapy payments at 73.51% of the benchmark were sufficient to allow for member access and provider retention.
- Speech Therapy individual rate ratios ranged from 16.82%-107.20% of the benchmark.

*DRAFT - All Calculations are Preliminary



Speech Therapy Key Considerations

Stakeholder Feedback

- Speech Therapy rates are not sufficient to offer competitive staff wages, retain specialized providers, or cover overhead and administration costs.
- Rates are significantly lower than home health speech therapy rates, even though both provider groups require similar levels of training and expertise.
- The feeding therapy rate is very low.

Speech Therapy Key Considerations

Additional Considerations

- Utilization trends in data indicate migration of services from individual providers to home health agencies, who provide a wider range of services for individuals needing more comprehensive home health care.
- Home health agencies have more requirements and administrative costs compared to individual providers, which are factored into home health rates.
- Most therapy service visits include provision of more than one service.
- Speech therapy rates could not be rebalanced in a budgetneutral manner as previously recommended in the 2017 Medicaid Provider Rate Review Recommendation Report; rebalancing would have required additional funds.

Speech Therapy Working Recommendations

The Department recommends:

- rebalancing speech therapy rates and will evaluate individual services that were identified to be below 80% of the benchmark and above 100% of the benchmark to identify services that would benefit from an immediate rate change.
- further evaluating whether initiating a rate setting project to create more equity across similar services would be beneficial (e.g., consider home health speech therapy rates and outpatient speech therapy rates).



Questions?







Physical and Occupational Therapy (PT/OT)

- Analyses suggest PT/OT payments at 86.41% of the benchmark were sufficient to allow for member access and provider retention.
- PT/OT individual rate ratios ranged from 28.06%-793.16% of the benchmark.

PT/OT Key Considerations

Stakeholder Feedback

 The Department did not receive any feedback from stakeholders regarding PT/OT services or rates.

PT/OT Key Considerations

Additional Considerations

 Most visits for therapy services include provision of more than one service.

PT/OT Working Recommendations

The Department recommends:

 a rebalancing of PT/OT rates and will evaluate individual services that were identified to be below 80% of the benchmark and above 100% of the benchmark to identify services that would benefit from an immediate rate change.





Questions?





Prosthetics, Orthotics, and Supplies (POS)

- Analyses suggest that POS payments at 80.80% of the benchmark were sufficient to allow for member access and provider retention.
- Individual rate ratios ranged from 4.46%-1,233.91% of the benchmark.

POS Key Considerations

Stakeholder Feedback

 The Department did not receive any feedback from stakeholders regarding POS services or rates.

POS Key Considerations

Additional Considerations

 Data analyses did not include out-of-state claims including those from border towns and mail-order utilization.

POS Working Recommendations

The Department recommends:

 rebalancing POS rates and will evaluate individual services that were identified to be below 80% of the benchmark and above
 100% of the benchmark to identify services that would

benefit from an immediate rate change.



Questions?





Vision

- Analyses suggest that vision payments at 81.13% of the benchmark were sufficient to allow for member access and provider retention.
- Individual rate ratios ranged from 25.06%-190.56% of the benchmark.

Vision Key Considerations

Stakeholder Feedback

 The Department did not receive any feedback from stakeholders regarding vision services or rates.

Vision Key Considerations

Additional Considerations

 The Department did not have any feedback regarding vision services or rates.

Vision Working Recommendations

The Department recommends:

 rebalancing vision rates and will evaluate individual services that were identified to be below 80% and above 100% of the benchmark to identify services that would benefit from an immediate rate change.



Questions?





Announcements & Next Steps

- Next Meeting September 18, 2020, 9:00 a.m.-12:00 p.m.
- 2020-2021 Meeting Schedule:
 - November 20, 2020, 9:00 a.m.-12:00 p.m.
 - February 5, 2021, 9:00 a.m.-2:00 p.m.
 - June 18, 2021, 9:00 a.m.-12:00 p.m.
 - August 27, 2021, 9:00 a.m.-12:00 p.m.
 - November 5, 2021, 9:00 a.m.-12:00 p.m.
- MPRRAC Vice Chair Vote
 - Transfer of duties will occur in September 2020
- If you have additional comments that are not within the scope of this meeting, they can be sent to HCPF_RateReview@state.co.us



Eloiss Hulsbrink Rate Review Stakeholder Relations Specialist Eloiss.Hulsbrink@state.co.us

HCPF_RateReview@state.co.us

Thank You!

