

## Participant-Directed Options

If you are an HCBS waiver participant, these options empower you to have greater control of your long-term services and supports. This can include having friends and family provide services to you as part of your care team.

### Consumer-Directed Attendant Support Services

**CDASS** allows you to employ your own caregivers including things like hiring, training and scheduling attendants.

### In-Home Support Services

**IHSS** requires you to choose a Provider Agency to provide attendants, but you will continue to direct your own care. Your friends or family could work for the Provider Agency.

## Learn More

Colorado Department of Health  
Care Policy & Financing

Email: [HCPF\\_HCBS\\_Questions@state.co.us](mailto:HCPF_HCBS_Questions@state.co.us)  
[hcpf.colorado.gov/LTSS](http://hcpf.colorado.gov/LTSS)

Not a Health First Colorado member?

If you have a disability and need help,  
apply online at: [co.gov/peak](http://co.gov/peak)



Do you or someone you know have  
**difficulty living independently**

because of a

**disability or chronic illness?**

Health First Colorado can help you  
**improve your independence,  
health and quality of life.**



**COLORADO**  
Department of Health Care  
Policy & Financing



## Long-Term Services and Supports

These programs offer a range of services and benefits in home and community-based settings. You can receive this help in addition to your existing Health First Colorado coverage. These programs give you

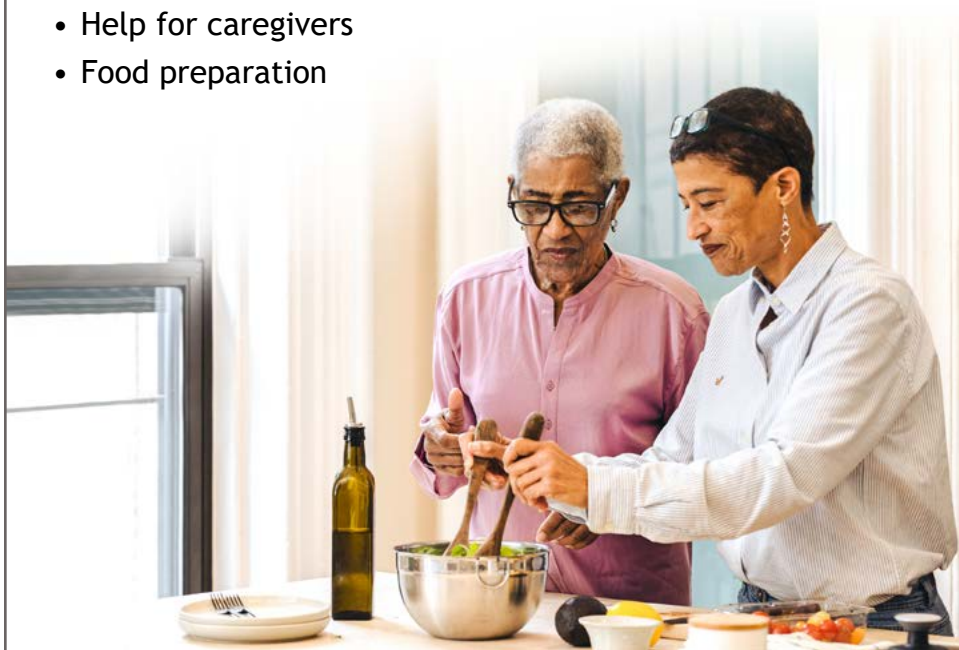
**choice, control, and access to an array of supportive services.**



## Home and Community-Based Services (HCBS) Waivers

These are programs offering services and benefits to help people with specific health conditions live more independently in the community. Services may include:

- Help keeping your home safe and clean
- Assistance with bathing and dressing
- Transportation for daily activities
- Help for caregivers
- Food preparation



## Facility-based & Residential Services

These are services offered at a fixed site owned, operated, or controlled by a service provider.

### Nursing Homes

For people 65 and older or people who need routine or skilled nursing care.

### Intermediate Care Facilities Individuals with Intellectual Disabilities (ICF/IID)

Provides habilitative, therapeutic and specialized support services to people with intellectual and developmental disabilities.

### Alternative Care Facilities & Assisted Living Residences

For people 65 and older and members of any age with severe disabilities or severe and persistent mental illness offering health services, protective oversight and personal services.

### Supported Living Programs (SLP)

These specialized assisted living services are offered in certified residences to people in the BI Waiver. Services include 24-hour oversight, training, medication management, cognitive supports, and more.

### Residential Habilitation Services

Individual or Group Residential Services and Supports are provided in a Residential Care Facility, Residential Community Home, or a qualified family home. These living arrangements help people in the DD Waiver stay safe and healthy and learn skills needed to live in the community.





## Adult Waivers

### Brain Injury (BI)

age 16+ | diagnosed brain injury

### Complementary and Integrative Health Waiver (CIH)

age 18+ | spinal cord or nervous system condition |  
unable to move about independently

### Community Mental Health Supports Waiver (CMHS)

age 18+ | diagnosed major mental illness

### Developmental Disabilities Waiver (DD)

age 18+ | intellectual or developmental disability |  
need access to help 24 hours a day to live safely

### Supported Living Services Waiver (SLS)

age 18+ | intellectual or developmental disability | live  
independently or in their home with support

### Elderly, Blind and Disabled Waiver (EBD)

age 65+ | physical impairment

age 18-64 | blind or physical disability

age 18-64 | HIV/AIDS diagnosis



## How do I qualify for HCBS Waivers?

You may qualify for a waiver program if you:

- Meet an **age requirement** and
- Have a **specific diagnosis or condition** and
- **Need help with life activities** such as bathing, eating, mobility, or memory/decision making
- Meet program-specific **financial eligibility** requirements



## Children's Waivers

### Children with Life Limiting Illness Waiver (CLLI)

age 0-18 | life-limiting illness | can be safely cared for  
in the home

### Children's Extensive Support Waiver (CES)

age 0-17 | severe developmental delay or developmental  
disability | intensive behavioral or medical needs

### Children's Habilitation Residential Program Waiver (CHRP)

age 0-20 | intellectual or developmental disability |  
at risk for out-of-home placement

### Children's Home and Community Based Services (CHCBS)

age 0-17 | significant medical needs



## More Ways to Access Care

### Transition Services

If you're living in a facility and you want to return to the community, this program can help you understand your options to make a safe transition. It's your choice.

### Health First Colorado Buy-In Program

If you are a working adult with a disability, or a family with a child with a disability, and your income is otherwise too high to qualify for Health First Colorado and Child Health Plan Plus (CHP+), you may qualify to "buy into" coverage by paying a monthly premium.

### Family Support Services Program (FSSP)

If you have a child with an intellectual or developmental disability or delay and your expenses have increased due to your child's needs, FSSP can help you with the additional costs related to your child's diagnosis.



## Programs & Services

Here are some programs and services you may be able to receive in your own home and/or community.

### Behavioral Health Services

If you need mental health care or have a substance use disorder, this program provides medically necessary behavioral health services, like therapy or medications.

### Home Health Program

This program can help you get skilled nursing services in your home from a licensed and certified provider. The nursing services are ordered by your physician. A Home Health Agency Nurse will assess your needs in your home before services begin.

### Pediatric Personal Care

If your child is 20 years old or younger, this program is designed to help them with in-home, non-medical support with daily living activities, such as bathing, dressing, meal preparation, and using the toilet.

### Program for All-Inclusive Care for the Elderly

If you're 55 or older and want to stay in your community, this program (also called PACE) helps you access comprehensive health care services as long as they are medically and socially feasible.

### Durable Medical Equipment

Some examples include: oxygen, wheelchairs, walkers, adaptive equipment, assistive devices, prosthetics and bathroom/bedroom safety equipment.

