

HRC Stakeholder Engagement

PRN Medications

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Meeting Objectives

- Define the recommendation with benefits and barriers
- Identify areas of concern/areas that require further research
- Gather insights and feedback from participating stakeholders
- Develop action items and plan for moving forward



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Recommendation

The Department received the following recommendation

- HCPF should develop a process and protocols for PRN medications for sleep challenges and event specific anxiety.



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What is a Psychotropic Medication?

- A psychotropic medication is any drug that affects brain activities associated with mental processes and behavior. These drugs include, but are not limited to, drugs in the following categories:
 - Anti-psychotic
 - Anti-depressant
 - Anti-anxiety
 - Hypnotic

* This includes OTC and Off-script medications*



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Discussion Topic #1

Licensure requirements

- Who can make the judgment that an individual requires a PRN medication?
- How will agencies arrange for clinical decision making to pass PRN medication?
- How do we address any liability concerns the staff/agency administering the medication may have?



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Discussion Topic #2

Should the scope of medications be limited?

- Any medications that are of a specific concern?
 - For example, medications that are high risk for addiction, fatal side effects or overdose?



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Discussion Topic #3

What oversight should be established?

- Safeguards against over-medicating and using PRN medications as chemical restraints

Should the PRN usage be limited to members who are able to self-administer or who can clearly articulate the need for the medication?



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Discussion Topic #4

PRN Medication for Anxiety

- What would the process for approving a PRN medication entail?
- Example below provided to the Department for discussion. Anything that should be changed, enhanced, or modified?

For a specified anxiety triggering event :

- The agency must have detailed documentation for of all alternative interventions and results that have been successful or unsuccessful in mitigating anxiety when triggered.
- The individual must have a DSM diagnosis.
- The Inter-Disciplinary Team (IDT) must develop a protocol and the defined support actions prior to administering a PRN anxiety medication.
- The PRN protocol must be approved by the HRC.

* Proposed example provided to the Department



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Discussion Topic #5

PRN Medication for Sleep

- What would the process for approving a PRN medication entail?
- Example below provided to the Department for discussion. Anything that should be changed, enhanced, or modified?
 - The Inter-Disciplinary Team (IDT) must have a clear and thoughtful protocol with individual's identifiable actions that result in the need for a PRN sleep medication and the defined provider agency and staff support actions prior to administering a PRN sleep medication.
 - The protocol must be approved by the HRC.

* Proposed example provided to the Department



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Questions?



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Thank you!



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