

Patient/Provider example - Policy note: HBAI codes focus on assessment and interventions to address behavioral health issues in a medical setting. HBAI services can be used to help assess and intervene in the psychological and behavioral factors affecting a member's functioning.	provider type in this example Policy Note: Provider types: 05 - Physician 16 - Clinic (primary care) 25 - Non-physician practitioner group 26 - Osteopath 32 - Federally Qualified Health Center (FQHC) 41 - Family/Pediatric Nurse Practitioner 45 - Rural Health Clinic (RHC) 51 - School Health Services	rendering provider in this example Policy Note: 37 - Licensed Psychologist (PhD, PsyD, EdD) 38 - Licensed Behavioral Health Clinician	place of service in this example Policy Note: 02 - Telehealth Provided Other than in Patient's Home 03 - School 04 - Homeless Shelter 05 - Indian Health Service Free-standing Facility 06 - Indian Health Service Provider-based Facility 07 - Tribal 638 Free-standing Facility 08 - Tribal 638 Provider-based Facility 10 - Telehealth Provided in Patient's Home 11 - Office 12 - Home 15 - Mobile Unit 19 - Off Campus-Outpatient Hospital 22 - On Campus-Outpatient Hospital	HBAI code used	extension/add on code used (if needed)	additional information/explanation as to why this path was used
Chronic Low Back Pain & Exercise Avoidance	05 Osteopath (DO clinic)	37 Behavioral Health Provider	11 Osteopathic clinic	96158	96159 (if >15 min)	Used to increase adherence to PT/exercises and address fear-avoidance behaviors.
Hypertension & Stress Management	05 Osteopath (DO clinic)	37 Behavioral Health Provider	11 Osteopathic clinic	96156	96158 (for follow-up intervention)	Assesses stress barriers to BP control; follow-up uses interventions like relaxation training.
Migraine Headaches & Lifestyle Triggers	05 Osteopath (DO clinic)	37 Behavioral Health Provider	11 Osteopathic clinic	96156	96158	Initial assessment for lifestyle triggers; intervention teaches self-monitoring and coping.
Post-Surgical Recovery Support	05 Osteopath (DO clinic)	37 Behavioral Health Provider	11 Osteopathic clinic	96156	96158	Re-assessment of barriers to rehab adherence; follow-up teaches pacing and problem-solving.
Pediatric Functional Abdominal Pain	05 Osteopath (DO clinic)	37 Behavioral Health Provider	11 Osteopathic clinic	96167	96168	Family-based intervention addresses child coping and parent support for abdominal pain.
Group Session for Arthritis Self-Management	05 Osteopath (DO clinic)	37 Behavioral Health Provider	11 Osteopathic clinic	96164	96165	Group session for arthritis coping, pacing, and self-care; each patient billed separately.
Diabetes Self-Management Assessment	16 Primary Care (PCMP)	37 Licensed Behavioral Health Provider (Supervision of unlicensed training therapist)	Primary Care Clinic	96156		Assessment of motivation and barriers to diabetes self-care in PCP visit.
Chronic Pain Individual Intervention	16 Primary Care (PCMP)	37 Behavioral Health Provider	Primary Care Clinic	96158	96159	Intervention to improve adherence to PT and pain coping strategies.
Group Smoking Cessation	16 Primary Care (PCMP)	37 Behavioral Health Provider	10 Primary Care Clinic	96164	96165	Group intervention for smoking cessation linked to hypertension diagnosis. Telehealth group
Pediatric Asthma Family Intervention	16 Primary Care (PCMP)	37 Behavioral Health Provider	04 Primary Care Clinic	96167	96168	Family education and coping strategies for pediatric asthma. Provided in a homeless shelter
Post-Surgical Reassessment	16 Primary Care (PCMP)	37 Behavioral Health Provider	11 Primary Care Clinic	96156		Re-assessment after surgery to evaluate adherence and barriers.
Managing Uncontrolled Hypertension	32 FQHC / Rural Clinic	37 Behavioral Health Provider	15 Rural Clinic	96156		Assessment of adherence and stressors contributing to poor BP control. Rural mobile clinic
Diabetes Medication Adherence in Migrant Farmworker	32 FQHC / Rural Clinic	37 Behavioral Health Provider	15 FQHC Mobile Unit	96158		Intervention to support adherence in challenging work/life conditions.
Family Support for Pediatric Asthma	32 FQHC / Rural Clinic	37 Behavioral Health Provider	11 Rural Clinic	96167	96168	Family intervention for asthma control and medication routines.
Group Session for Chronic Pain	32 FQHC / Rural Clinic	37 Behavioral Health Provider	11 FQHC	96164	96165	Group coping and self-management strategies for chronic pain.
Re-Assessment After Stroke Recovery	32 FQHC / Rural Clinic	37 Behavioral Health Provider	11 Rural Clinic	96156		Re-assessment of barriers to rehab engagement after stroke.
Pregnancy Health Behaviors in High-Risk Patient	32 FQHC / Rural Clinic	37 Behavioral Health Provider	11 FQHC Prenatal Program	96158		Intervention for gestational diabetes diet and monitoring adherence.
Asthma Management	51 School-Based Health Center	37 Licensed Behavioral Health Provider (Supervision of unlicensed training therapist)	11 SBHC	96156		Assessment of asthma adherence and strategies for inhaler routines.
Diabetes Self-Care in Teen	51 School-Based Health Center	37 Behavioral Health Provider	11 SBHC	96158		Intervention to improve adherence to diabetes monitoring in school context.
Headaches Linked to Stress	51 School-Based Health Center	37 Behavioral Health Provider	11 SBHC	96158	96159	Intervention for stress and sleep hygiene contributing to headaches.
Family Involvement for ADHD & Sleep Problems	51 School-Based Health Center	37 Behavioral Health Provider	11 SBHC	96167	96168	Family intervention for ADHD-related sleep difficulties.
Obesity & Lifestyle Change Group	51 School-Based Health Center	37 Behavioral Health Provider	11 SBHC	96164	96165	Group-based lifestyle intervention for elevated BMI in students.
Re-assessment After Concussion	51 School-Based Health Center	37 Behavioral Health Provider	11 SBHC	96156		Re-assessment for coping and readiness after concussion recovery.
Diabetes Self-Management in Young Adult	16 IHS Primary Care Clinic	37 Licensed Behavioral Health Provider (supervising student)	07 IHS Clinic	96156	96158 (follow-up)	Student performs assessment of adherence and barriers; supervisor bills under IHS. Focus on cultural food practices and motivation.
Pediatric Asthma Education with Family	16 IHS Pediatric/Family Medicine	37 Licensed Behavioral Health Provider (supervising student)	07 IHS Clinic	96167	96168	Family session with parent and child. Student teaches inhaler technique, routines, and caregiver support. Supervisor documents and bills.
Chronic Pain Coping in Elder Patient	16 IHS Primary Care Clinic	37 Licensed Behavioral Health Provider (Supervision of unlicensed training therapist)	07 IHS Clinic	96158	96159	Student leads relaxation and pacing skills training under supervision. Useful in chronic musculoskeletal pain prevalent in IHS settings.
Smoking Cessation Group for Teens	16 IHS Adolescent Clinic	37 Licensed Behavioral Health Provider (Supervision of unlicensed training therapist)	07 IHS Clinic	96164	96165	Student co-facilitates group for adolescent smoking cessation; cultural respect practices included. Supervisor present for billing.
Headaches Related to Stress in School-Age Child	51 IHS School-Linked Services	37 Licensed Behavioral Health Provider (Supervision of unlicensed training therapist)	08 IHS Clinic	96156	96158	Student performs assessment of headache triggers and provides coping strategies. Supervisor oversees and bills.
Post-Surgical Recovery Support	16 IHS Specialty/Primary Care	37 Licensed Behavioral Health Provider (Supervision of unlicensed training therapist)	08 IHS Clinic	96156	96158	Student evaluates barriers to rehab adherence after surgery, encourages adherence, and provides psychoeducation. Supervisor ensures billing compliance.

[illegible]