Health Care Policy & Financing Colorado System of Care

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Colorado System of Care (CO-SOC) Year 1



Acronyms

BHA - Behavioral Health Administration

CANS - Child and Adolescent Needs and Strengths tool

CO-SOC - Colorado System of Care

CSU - Colorado State University

ESA - Enhanced Standardized Assessment

EFFT - Enhanced Functional Family Therapy

HCPF - Colorado Department of Health Care Policy and Financing

EHFW - Enhanced High Fidelity Wraparound

ICC - Intensive Care Coordination

IHBT - Intensive Home Based Treatment

NWIC - National Wraparound Implementation Center

EMST - Enhanced Multisystemic Therapy

PRTF - Psychiatric Residential Treatment Facility

QRTP - Qualified Residential Treatment Program

RAE - Regional Accountable Entity

SOC - System of Care

WCC - Workforce Capacity Center



What is System of Care: The whole is greater than the sum of parts

Care coordination in Current System



Well intended, but has minimal quality outcomes for children with complex needs

Care coordination in System of Care



Hands-on and in-depth coordination of intensive treatment and support services = strong quality outcomes



"System of Care*" means: a spectrum of effective, community-based services and supports for Eligible Medicaid Members with significant or complex mental health concerns or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

* Georgetown University System of Care Definition and Philosophy



SOC Philosophy: Core Values

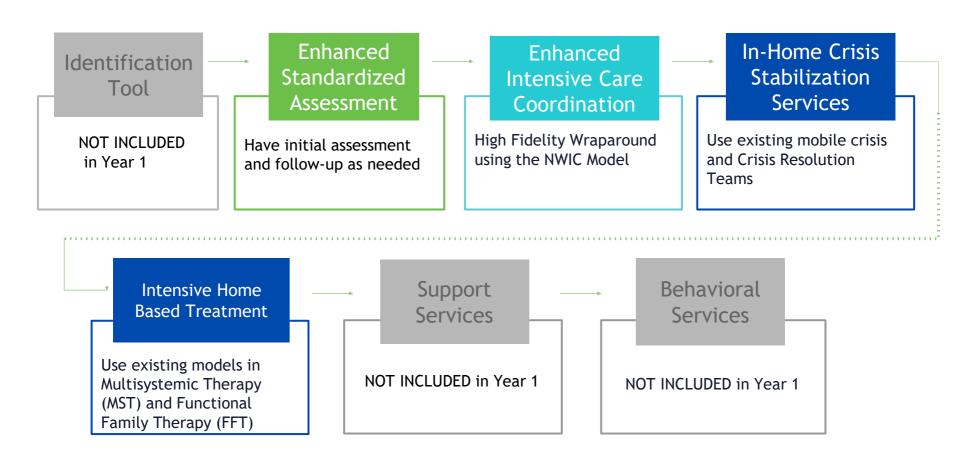
- Family and Youth Driven
- Community-based
- Culturally and Linguistically Competent

SOC Philosophy: Core Principles

- Comprehensive array of services and supports
- Individualized and strength-based services and supports
- Evidence-based and evidence-informed practices
- Trauma-informed
- Least restrictive and natural environment for the Member and family
- Partnerships with the Member and family
- Interagency collaboration
- Care coordination
- Developmentally appropriate services and supports
- Data driven and accountability; and
- Protection of Member and family rights and advocacy.



Year One for CO-SOC **Services** (already funded)



Year 1 SFY2025-26

Concept

 Use the existing services available through the behavioral health capitation and work with state partners to use a region specific approach to increasing workforce and a workforce capacity center for provider capacity building and quality.

Start Date:

• July 1, 2025

Funding:

- SB19-195, HB24-1038 and SB25-292
- Services will be billed under BH capitation
- Funding under SB25-292 for Workforce Capacity Center
 - Intensive Care Coordination through EHFW
 - Intensive Home Based Treatment
 - Training and Certification of CO-SOC providers
 - Quality and Fidelity Monitoring of CO-SOC



Population

- Medicaid members between the ages of 11 and 17 years of age who are eligible for Enhanced High Fidelity Wraparound (EHFW) in accordance with the fidelity model maintained by the National Wraparound Implementation Center (NWIC), and
- Residing in or will be discharged to reside in a family-like setting." Family-like setting
 includes, but is not limited to: Foster care, kinship care, and legal family/guardian in a home
 environment, and
- Is either:
 - Discharging from QRTP or PRTF
 - In out of state residential treatment facility upon discharge back home to Colorado, or
 - In an Extended Stay as defined by C.R.S. 27-50-101(13.5)

Services

- Intensive Care Coordination with the NWIC model for Enhanced High Fidelity Wraparound (EHFW)
- Intensive Home Based Treatment (IHBT) which includes:
 - Enhanced Multisystemic Therapy (EMST)
 - Enhanced Functional Family Therapy (EFFT)

EHFW remains the core of CO-SOC

Flexibility in Year One as the network for EMST and EFFT grows

Definitions

- Enhanced Standardized Assessment (ESA) is a comprehensive, clinical assessment completed by a
 behavioral health provider to assist in determining appropriate treatment/service recommendations for
 children, youth, and families. The ESA also includes the use of the CANS and CANS Decision Support
 Matrix.
- Child and Adolescent Needs and Strengths tool (CANS) is a multi-purpose tool developed to support decision making, including level of care and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes of services. The CANS was developed from a communication perspective so as to facilitate the linkage between the assessment process and the design of individualized service plans including the application of evidence-based practices. The CANS is a multipurpose information integration tool that is designed to be the output of an assessment process.
- CANS Decision Support Matrix is the development of specific algorithms for levels of care including residential treatment (QRTP and PRTF), intensive community services, and Intensive Care Coordination. Algorithms can be localized for sensitivity to varying service delivery systems and cultures. Rollout is dependent on the financial and technology resources being available

Enhanced Standardized Assessment

Enhanced Standardized Assessments (ESA) for FFPSA, CYMHTA, and under the RAEs all include:

- The ESA is conducted by a licensed or licensure candidate behavioral health professional.
- The ESA is a comprehensive, clinical assessment completed by a behavioral health provider to assist in determining appropriate treatment/service recommendations for children, youth, and families.
- The ESA includes a collection of biopsychosocial information, the use of the CANS tool and CANS Decision Support Matrix (future state).
- All assessors must be trained in the ESA and certified in the CANS

Enhanced High Fidelity Wraparound

- An Intensive Care Coordination (ICC) intervention
- HCPF, in partnership with the BHA, adopted the National Wraparound Implementation Center (NWIC) model
- Average duration of EHFW intervention is 12 months
- Member and family engagement with CO-SOC
- Creating the Individualized Care Plan using the CANS
- NWIC timelines for crisis follow up



Enhanced High Fidelity Wraparound

- Ongoing utilization of the CANS tool
- NWIC EHFW fidelity metrics such as Wraparound Fidelity Index (WFI-EZ) and the Document Assessment and Review Tool (DART)
- EHFW Facilitator will serve as point of contact across all agencies on the Individualized Care Plan delivery
- Overlap between QRTP and PRTF of up to 30 days to support transition home
- Liaisons with the QRTP/PRTF providers and the youth's home community. EHFW facilitators access to come into QRTP/PRTF Facilities



Enhanced High Fidelity Wraparound

Coaches:

- Provided by the WCC and in partnership with NWIC.
- NWIC trained EFHW Coaches
- 9-12 Teams/sites per Coach

Supervisors:

- Clinical Supervisor per site/team
- Supervises 6-8 facilitators

Facilitator:

- Caseload of 8-10 Families
- Bachelor's Degree or higher



In-home Crisis Stabilization Services

- Crisis Continuum and Services through the BHA and their Behavioral Health Administrative Service Organizations
- Leverage existing Crisis Services

What is IHBT

Intensive Home-Based Treatment (IHBT) is a framework and set of practice standards for delivering intensive, mental health services for children and youth with serious emotional disabilities and their families with an emphasis on family systems/supports. IHBT is provided in the home, school and community where the youth live, with the goal of stabilizing mental health concerns, identifying educational needs and supports, and safely maintaining the youth in the least restrictive, most normative environment.

What is an IHBT framework

IHBT is a framework by which the service is delivered with defined Clinical Programing and Clinical Practice Standards. These include such components as:

- Quality supervision
- Commitment to flexibility and accessibility
- Safety planning
- Intensity of intervention
- Outcome and quality monitoring
- Cultural Competence
- Identification of strengths and needs

What is IHBT

IHBT is a comprehensive service that offers a range of individual treatment elements integrated into a single coordinated service. These elements typically include:

- crisis response, stabilization, and safety planning;
- psychoeducational skill building with youth;
- skill building with caretakers (parenting and behavior management);
- cognitive and emotional coping with a focus on traumainformed care;
- family systems therapy; and
- resilience and support-building interventions



IHBT

HCPF will expand definition of IHBT services in Year One beyond Enhanced Multisystemic Therapy (EMST) and Enhanced Functional Family Therapy (EFFT). HCPF will work with stakeholders to identity an IHBT Framework and Structure specific to Colorado (CO-IHBT)

HCPF will be working with stakeholders to identify other interventions that will be promoted as part of CO-SOC IHBT. Interventions and practice elements to be applied to the IHBT framework will initially include:

- Trauma Systems Therapy (TST)
- Brief Strategic Family Therapy (BSFT)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Dialectic Behavioral Therapy (DBT)

Anticipated Stakeholder work in late 2025/early 2026



IHBT

- MST and FFT are models of treatment within the IHBT framework
- "Enhanced" recognizes the work under CO-SOC and with the WCC regarding the commitment and fidelity needed to serve children and youth with the highest acuity needs
- Building off of existing provider network for Intensive Home-Based Treatment



RAE Roles

- Ongoing Care Coordination for their members
- Authorization of services/treatment
- EHFW Treatment Team member
- CO-SOC Data Collection
- CO-SOC Readiness Activities
- Identifying potential CO-SOC Providers
- Collaboration with QRTPs and PRTFs

Workforce Capacity Center SB25-292

- Certification/Credentialing of EHFW sites
- NWIC EHFW Coaches for CO-SOC EHFW Sites
- NWIC EHFW fidelity metrics such as Wraparound Fidelity Index (WFI-EZ) and the Document Assessment and Review Tool (DART)
- CO-SOC fidelity monitoring for CO-SOC Providers
- CO-SOC "system flag" for CO-SOC providers to bill CO-SOC rate
- CANS Certification and Technical Assistance for EHFW
- Funding for Certification Costs of new or team expansion for CO-SOC services
- Working with MST Services/Affiliates and FFT, LLC.
 - Those organizations monitor to model fidelity and certify sites
 - Collaboration on Colorado Landscape to help ensure the market isn't over or undersaturated



What does it mean to be a CO-SOC provider?

- Workforce Capacity Center (WCC)
- NWIC Model for EHFW
- EHFW Supervisors partnering with WCC, HCPF, RAEs and QRTPs/PRTFs on CO-SOC policy and procedure development, referrals to CO-SOC, census tracking, and other initiatives under CO-SOC as this is built under the Implementation Plan
- CO-SOC Handbook
- WCC CO-SOC Fidelity Monitoring
- System of Care Philosophy



Next Steps:

- Contact the Regional Accountable Entity(ies)
 - If you are unsure the RAE in your geographic catchment area, you can email hcpf co soc@state.co.us
 - RAE1: Annie Stiasny annemarie_stiasny@uhc.com
 - RAE 2: Hannah Wurster hannah.wurster@nhpllc.org
 - RAE 3: Sarah Winfrey sarah.winfrey@cchacares.com
 - RAE 4: Amanda Berger amanda.berger@coaccess.com
- RAEs will be working with HCPF and the WCC to bring providers into the CO-SOC network
- WCC will oversee the CO-SOC statewide Provider Network
- There will be ongoing partnerships and contracts between the WCC, RAEs and HCPF



Stay Connected

- Colorado System of Care (CO-SOC) Website
 3 Advisory Committees which are open to the public
 NWIC EHFW Potential Provider Forums
- <u>Settlement Agreement Announced in Lawsuit Involving Intensive Behavioral Health</u>
 Services
- Colorado System of Care Implementation Plan v.1 May 2025
- <u>Subscribe</u> to the Colorado System of Care (CO-SOC) for Children and Youth Behavioral Health Newsletter
- If you have questions, <u>hcpf co soc@state.co.us</u>



Discussion & Questions



Thank you!

