

Health First Colorado can help you **improve your quality of life** if you are **18 or older** with an **illness or disability** that makes it **difficult to live independently**.



Contact Us

If you have questions about this program, contact your local Case Management Agency (CMA).

To find your local CMA, go to:

hcpf.colorado.gov/CMA



Or, your County Human Services Office

hcpf.colorado.gov/counties

Or, email:

HCPF_HCBS_Questions@state.co.us



Are you **18 or older**
and **living with a disability**
or illness that makes it
difficult to live independently?

Health First Colorado can help
improve your quality of life
through a program called the
Elderly, Blind, and Disabled
(EBD) Waiver



COLORADO
Department of Health Care
Policy & Financing



What is a Waiver?

Home and Community Based Services (HCBS) Waivers are programs offering services and benefits to help people with specific health conditions live more independently in the community. Waiver programs give you

choice, control, and access to an array of supportive services.



Elderly, Blind, and Disabled Waiver

The EBD Waiver helps people 18 and older receive long-term services and supports in their homes and communities, rather than a nursing facility.

Services Available

- Adult Day Services
- Alternative Care Facilities
- Consumer Directed Attendant Support Services (CDASS)
- Electronic Monitoring
- Home Delivered Meals
- Home Modifications
- Homemaker Services
- In-Home Support Services (IHSS)
- Life Skills Training
- Medication Reminder
- Non-Medical Transportation
- Peer Mentorship
- Personal Care
- Personal Emergency Response System (PERS)
- Respite Care
- Transition Set Up



Learn More

hcpf.colorado.gov/ebd



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How can I get these services?

You may qualify if you:

- Are 18 or older and need long-term care
- Have an illness, disability or HIV/AIDS diagnosis making it difficult to live independently
- Need significant help with daily activities like bathing, dressing or mobility

If you are a Health First Colorado member:

Contact your local Case Management Agency to see if you qualify for the Elderly, Blind and Disabled Waiver.

A Case Management Agency (CMA) helps you see if this program is right for you and helps you find services.

If you are NOT a Health First Colorado member:

Contact your local CMA,

or apply online at: co.gov/PEAK

