# Who is a Direct Care Worker?

Direct Care Work (DCW) is one of the most in-demand and essential jobs in the U.S., but few people know what DCW is or who DCWs are.

DCWs provide a range of care to members, or people who need assistance with daily living tasks due to physical, mental, medical, or other conditions.



**Nursing Aide**Provides skilled care

with activities of
daily living.
Examples: Monitor
member's health
status, assistance with
transfers, hygiene, and
meal preparation.

## Personal Care Worker/ Home Health Aide

Provides non-medical support with daily tasks in member's homes.

Examples: cooking meals, assisting with hygiene needs, cleaning, and running errands.



Provides support,
mentorship, and
companionship to members.
Examples: administer
medication, support
daily living needs,
and provide
transportation.



#### Job Coach

Provides on-the-job training and support for members.

Examples: Helping members learn and perform job tasks and build positive relationships.

#### **Caregiver**

Provides supervision, behavior supports, and assistance with activities of daily living.

Examples: medication reminders, and food preparation.



DCWs work in people's homes, the community, and medical settings.

People may voluntarily provide direct care support to their family and loved ones.

Taking care of an older parent, running errands for a neighbor in need, or helping a friend organize their medication are all examples of commonly unpaid DCW.

### DCWs, providing support that improves lives.

Learn more about DCW, its impacts, and how to become one. Visit HCPF.Colorado.gov/Direct-Care-Spotlight

#### Source

 Colorado Department of Labor and Employment. Division of Labor Standards and Statistics. Healthcare. Direct Care. Accessed September 2023. <a href="https://cdle.colorado.gov/dlss-home-page/healthcare/direct-care">https://cdle.colorado.gov/dlss-home-page/healthcare/direct-care</a>

