

# Community First Choice Council Meeting

October 4, 2023

Department of Health Care Policy and Financing



**COLORADO**

Department of Health Care  
Policy & Financing

# Welcome!

## Meet the HCPF CFC Team

- **Adam Tucker**, Waiver Innovation Unit Supervisor
- **Eileen Saunders**, CFC Policy Advisor
- **Maddie Quartaro**, CFC Policy Advisor
- **Kristine Dos Santos**, Participant Directed CFC Policy Advisor
- **Rachel MacLeish**, Federal Health Policy Advisor
- **Lana Eggers**, Waiver Innovation and Compliance Section Manager



# Our Mission

Improving health care equity, access, and outcomes for the people we serve while saving Coloradans money on health care and driving value for Colorado.



**COLORADO**

Department of Health Care  
Policy & Financing

# Agenda

- Housekeeping
- State Plan Amendment (SPA)
  - Overview
  - Outline and Example
  - CFC SPA Feedback Process
- Outstanding CFC Council Topics
- Open Forum

# Attendance

- Please complete the [Google Form](#)
- Call in attendance to Adam Tucker at 303-866-5472
  - Available between 8:00 a.m. to 4:00 p.m.
- **Disclaimer:** The information provided through this form will only be viewed by the Department of Health Care Policy & Financing (the Department) for the purpose of ensuring stakeholder representation on CFC implementation. The Department and its parties will adhere to the strictest privacy rules and policies when handling and discussing this information.

The screenshot shows a Google Form with the following fields and options:

- Name:** A short answer text field.
- Today's Date \*:** A date selection field with a calendar icon.
- Population(s) represented \*:** A list of checkboxes with the following options:
  - Individual with a disability
  - Representative/parent of individual with disability
  - Person over the age of 65 or their representative
  - Service provider
  - State employee
  - Other...

# Meeting Etiquette and Ground Rules

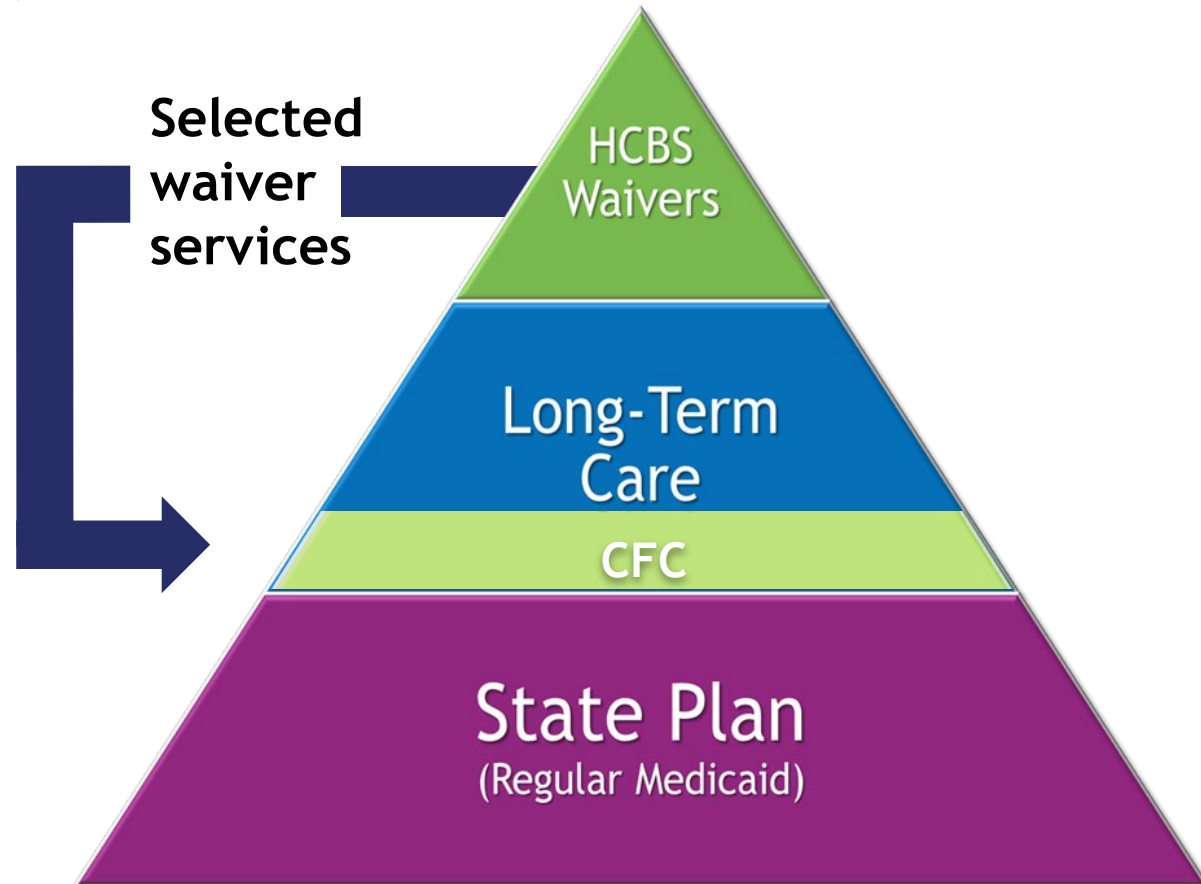
- Do not share Protected Health Information (PHI)
- Mind E-Manners
- Stay solution-focused
- Respect each other's time and the meeting time
- Reasonable accommodations such as translation services and/or closed captioning please contact John Barry.
  - [john.r.barry@state.co.us](mailto:john.r.barry@state.co.us) or 303-866-3173
  - Department's 504/ADA Coordinator at [hcpf504ada@state.co.us](mailto:hcpf504ada@state.co.us) at least one week prior to the scheduled meeting to make arrangements.

# Community First Choice

*Goal of CFC: Making HCBS accessible for more Medicaid members with expanded options and availability for self-directed care*

## Mandatory and Select Optional Services:

- Homemaker
- Personal Care
- Health Maintenance Activities
- Acquisition, Maintenance, and Enhancement of Skills (new federally required service)
- Remote Supports
- Remote Supports Technology
- Life Skills Training
- Transition Services
- Electronic Monitoring
- Personal Emergency Response System
- Medication Reminders
- In-Home Support Services
- Consumer Directed Attendant Support Services



# Community First Choice State Plan Amendment (SPA)





# What is a State Plan?

- Definition: A Medicaid state plan is an agreement between a state and the Federal government describing how that state administers its Medicaid program.
- It gives an assurance that a state will abide by Federal rules and may claim Federal matching funds for its program activities.
- The state plan sets out groups of individuals to be covered, services to be provided, methodologies for providers to be reimbursed and the administrative activities that are underway in the state.



# What is a State Plan Amendment (SPA)?

- When a state is planning to make a change to its program policies or operational approach, states send state plan amendments (SPAs) to the Centers for Medicare & Medicaid Services (CMS) for review and approval
- States also submit SPAs to request permissible program changes, make corrections, or update their Medicaid state plan with new information
- The addition of Community First Choice (CFC) to the Colorado State Plan requires a SPA. CMS provides a SPA template for state to complete specific to adding CFC



# SPA Approval Process

- When a state proposes an amendment to its state plan, they send their documentation to the Center for Medicaid and Medicare Services (CMS)
- CMS has 90 days to make a decision on the SPA
  - CMS has the ability to "stop the clock" and take more than 90 days by requesting additional information
- Unlike waivers, once a SPA is approved it does not expire



# CFC SPA Outline - What's Included?

- Language in the SPA:
  - Broad, simple overview of the program and its' intention
  - Universal words that CMS uses to describe Home and Community-Based services, rather than what we use in Colorado

# Community First Choice (CFC) SPA Review and Feedback

- In the coming weeks, we will provide a draft of the SPA for CFC
  - Draft will have numbered lines
- Submit feedback by using the numbered lines through the CFC inbox at [hcpf\\_cfc@state.co.us](mailto:hcpf_cfc@state.co.us) or by phone at 303-866-5472
  - Feedback will be input into our Listening Log
- We will review feedback at the November Council Meeting



# CFC SPA Outline

- CFC Development and Implementation Council
- Service Delivery Models
- CFC Eligibility
- Mandatory Services and Supports
- Optional Services and Supports
- Settings
- CFC Support System, Assessment of Need, and Person-Centered Service Plan
- Quality Assurance System

# SPA Outline and Example

- [Blank outline of the SPA for CFC](#)
- For an understanding of the information CMS is looking for in a SPA, see [Alaska's approved SPA](#) as an example



# Questions?





# Outstanding Council Topics

- PCBA follow up
- Case Management and CFC
- Member Transition from Waiver's to CFC
- Follow up on CFC Services
- Anything else?

# Open Forum



# Communications

- How to submit questions, feedback, or comments:
  - CFC Email: [hcpf\\_cfc@state.co.us](mailto:hcpf_cfc@state.co.us)
  - Via phone: Adam Tucker at 303-866-5472
- John Barry for Accommodations:
  - [john.r.barry@state.co.us](mailto:john.r.barry@state.co.us)

# What's Next?

- Next Meeting: Review Stakeholder Feedback on the CFC State Plan Amendment (SPA)
  - Wednesday, November 1, 2023  
10:00 to 11:30 a.m.
  - [CFC Stakeholder Website](#)

# Thank you!



# Resources

[Slide deck from the National Resource Center for Participant Directed Services](#)

[CMS Technical Guide for CFC](#)

[CFC Final Regulation](#)

[HCPF CFC Resources webpage](#)

[Final STP](#)

