

Community First Choice Council Meeting

March 1, 2023

Department of Health Care Policy and Financing



COLORADO

Department of Health Care
Policy & Financing

Welcome!

Meet the HCPF CFC Team

- **Adam Tucker**, Waiver Innovation Unit Supervisor
- **Eileen Saunders**, CFC Policy Advisor
- **Maddie Quartaro**, CFC Policy Advisor
- **Jordan Larson**, CFC Policy Advisor
- **Kristine Dos Santos**, Participant Directed CFC Policy Advisor
- **Betty Vanderkaay**, CFC Project Coordinator
- **Lana Eggers**, Waiver Innovation and Compliance Section Manager



Our Mission

Improving health care equity, access, and outcomes for the people we serve while saving Coloradans money on health care and driving value for Colorado.



Agenda

- **Housekeeping**
- **CDASS Workgroup Updates**
- **CFC Eligibility for Children**
 - Age appropriateness
- **CFC Services for Children**
 - Examples
- **Open Forum**

Attendance

- Please complete the [Google Form](#)
- Call in attendance to Jordan Larson at 303-866-3580
 - Available between 8:00 a.m. to 4:00 p.m.
- **Disclaimer:** The information provided through this form will only be viewed by the Department of Health Care Policy & Financing (the Department) for the purpose of ensuring stakeholder representation on CFC implementation. The Department and its parties will adhere to the strictest privacy rules and policies when handling and discussing this information.

Name *

Your answer _____

Email and/or phone number

Your answer _____

Population(s) represented *

Individual with a disability

Representative/parent of individual with disability

Person over the age of 65 or their representative

Service provider

State employee

Other: _____

Meeting Etiquette and Ground Rules

- Do not share Protected Health Information (PHI)
- Mind E-Manners
- Stay solution-focused
- Respect each other's time and the meeting time
- Reasonable accommodations such as translation services and/or closed captioning please contact John Barry.
 - john.r.barry@state.co.us or 303-866-3173
 - Department's 504/ADA Coordinator at hcpf504ada@state.co.us at least one week prior to the scheduled meeting to make arrangements.



CDASS Workgroup Updates



CFC Eligibility for Children



Eligibility Flow Chart

Medicaid Eligibility under the State Plan

EITHER
A category that covers Nursing Facility services

OR
A category that *does not* cover Nursing Facility services; with income at or below 150% FPL

Medical Assistance Eligibility under Section 1915(c) Waiver, AND

Receipt of At Least One HCBS Waiver Service per Month

Institutional Level of Care (Case Management Assessment)

Eligibility for Community First Choice



Member Eligibility for Children

- CFC benefits are available to all Medicaid beneficiaries who require an institutional level of care:
 - Hospital Level of Care
 - Nursing Facility Level of Care
 - Intermediate Care Facility for Intellectual and Developmental Disabilities
 - Institution providing Psych services under 21

Age-Appropriate Guidelines

- Guidelines

- Provide instructions for using the long-term care assessment for children
- The guidelines help assessors distinguish between a child being unable to perform an Activity of Daily Living (ADL) due to his or her age versus a child requiring assistance to perform an ADL that is above and beyond the assistance typically provided to a peer

- Ages and Stages

- Additional research guidelines for determining child development milestones

CFC and Assessed Needs

- CFC services must be provided on a statewide basis regardless of the individual's age, type or nature of disability, or severity of disability
- CFC services are provided based on having an assessed need for that service

Consumer Direction for Children Under CFC



Consumer Direction

- Under both consumer directed models offered under CFC, In-Home Support Services (IHSS) and Consumer Directed Attendant Support Services (CDASS), children will be able to access Health Maintenance Activities and Basic Homemaker

Consumer Direction - In Home Support Services

- In-Home Support Services (IHSS) will be expanded under CFC to all children that meet the Level of Care requirements
- IHSS is a service delivery option that allows the member or authorized representative to direct and manage the attendants who provide care with the added support of an agency
- Allows us to waive the Nurse Practice Act
- Through IHSS, the member or AR can select, train, and manage attendants of their choice to best fit their unique needs



Consumer Direction - In Home Support Services

- Children may be eligible to receive IHSS Health Maintenance Activities (HMA) services
 - These activities include:
 - Skilled tasks typically performed by a Certified Nursing Assistant (CNA) or licensed nurse that do not require the clinical assessment and judgment of a licensed nurse
 - HMA tasks can include g-tube feeding and maintenance, trach or vent care, and medical management needs such as blood pressure and blood sugar checks among many other needs
- Children may receive HMA through an IHSS Agency and Personal Care services through the State Plan benefit
- Children may still access medically necessary Nursing/Therapy/CNA and Personal Care services as long as there is no duplication with IHSS HMA



Consumer Direction - CDASS

- The Department is moving forward with the goal of implementing CDASS and IHSS into CFC at the same time
- CFC/CDASS specific discussions are forthcoming
- The CFC/CDASS Workgroup discussion on children and CDASS is currently planned for April 2023
 - If you are interested in attending, please fill out the [CFC/CDASS Workgroup Interest Form](#)



CFC Services for Children



Homemaker

- Homemaker will move from Child Extensive Support Waiver (CES) into CFC
- We will continue to use the same requirements to assess for Homemaker basic for children in CFC as we did for CES - tasks that are above and beyond for parents to do for their child but do not meet Homemaker Enhanced level
- Homemaker Enhanced - Extraordinary Cleaning will remain in the CES Waiver
 - The habilitative portion of Homemaker Enhanced will be removed and placed under Homemaker Acquisition, Maintenance, and Enhancement of Skills (AME)



Acquisition, Maintenance, and Enhancement of Skills (AME)

- Acquisition, Maintenance, and Enhancement of Skills (AME) definition: services and supports related to functional skills training necessary for the member to accomplish ADL/IADLs and health related tasks to increase their independence and reduce supports needed in the home and community
- AME will be an available task under Homemaker
- While children may have access to AME through the Homemaker service, they will likely be able to receive this skills training through therapies provided under Early and Periodic Screening, Diagnostic, and Treatment (EPSDT)



Homemaker Example

- A child is receiving Homemaker Basic for excessive laundry as well as Homemaker Enhanced for extraordinary cleaning under the CES waiver
- The child can continue to receive Homemaker Basic for excessive laundry under CFC and will receive Homemaker Enhanced for extraordinary cleaning under the CES waiver
 - The habilitative tasks under Homemaker Enhanced will be removed and placed under AME
 - Children may access AME under Homemaker, if needed

Electronic Monitoring

- Services under Electronic Monitoring
 - Personal Emergency Response System (PERS)
 - Medication Reminders
 - Remote Supports Technology

Electronic Monitoring For Kids

- Children may have an assessed need for these services
 - For example, an older child in their teenage years who may be left alone for short periods of time (i.e. so the parent can go to the grocery store or a doctor's appointment)
 - Children must be able to use the technology
 - Age-appropriate guidelines need to be considered when issuing this service
- What are times that you could see a child needing electronic monitoring (EM)?

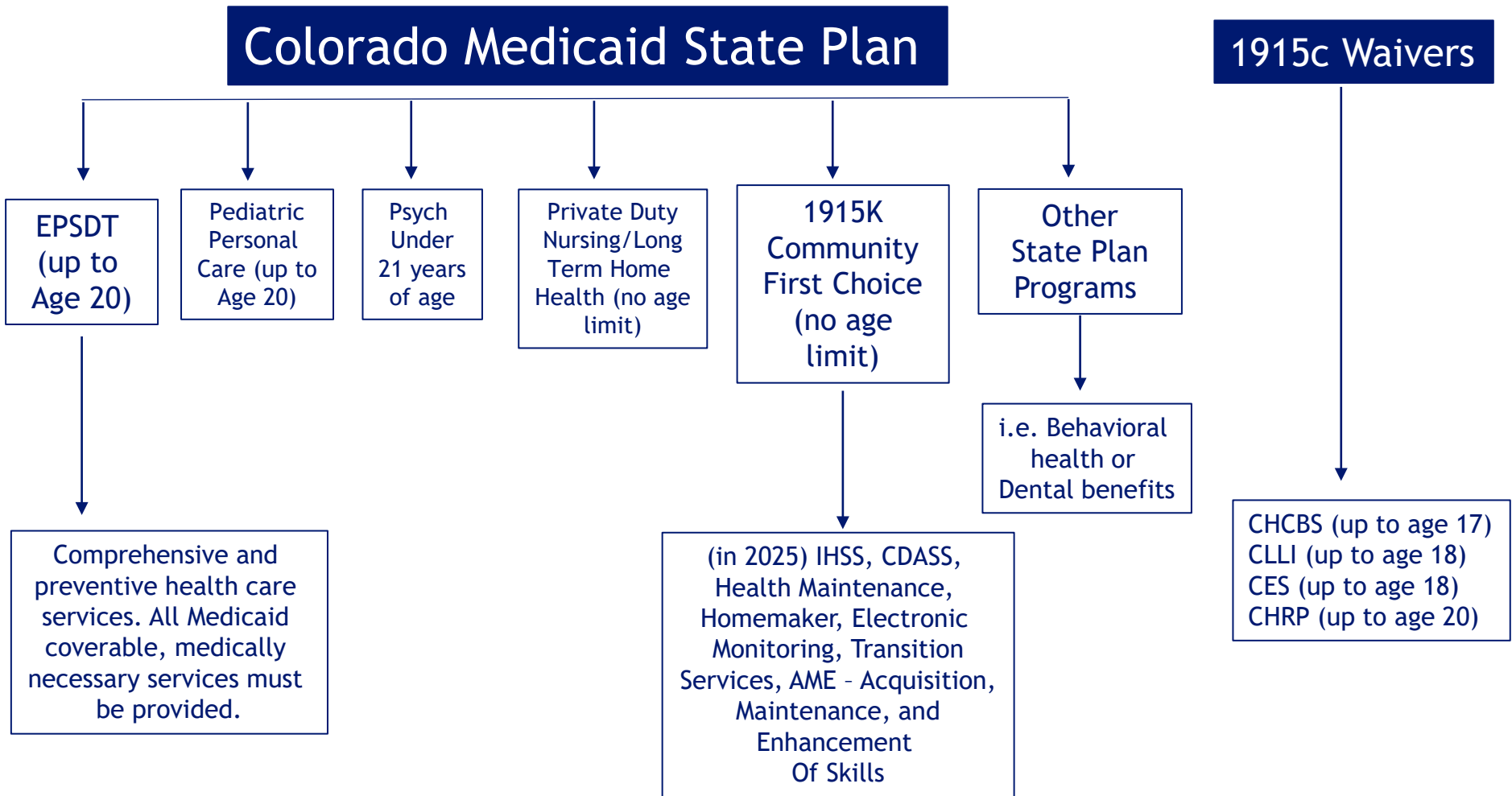
Transition Services

- Services included:
 - Life Skills Training
 - Peer Mentorship
 - Transition Setup
 - Home Delivered Meals *
- Children may have an assessed need if they are transitioning
- Covered needs for this service must be for the benefit of the member receiving the service
- Age-appropriate guidelines need to be considered when issuing any of these services

No Change to Pediatric Personal Care

- **Pediatric Personal Care will not move to CFC and remain as-is under the State Plan**
 - CMS guidance
 - Putting Pediatric Personal Care in CFC will make eligibility for the benefit more restrictive due to the level of care requirement

Children's Services Breakdown



What's Next?



Next CFC Council Meeting

- **Wednesday, April 5, 2023 from 10 a.m. - 12:00 p.m.**
- **Topics**
 - Case Management Redesign and CFC
 - CHCBS and CLLI Waivers
 - Wellness Benefit

CDASS Stakeholder Engagement

- CDASS Workgroup March 9, 2023 from 1:00 to 2:30 p.m.
- [CDASS CFC Stakeholder Workgroup Interest Form](#)

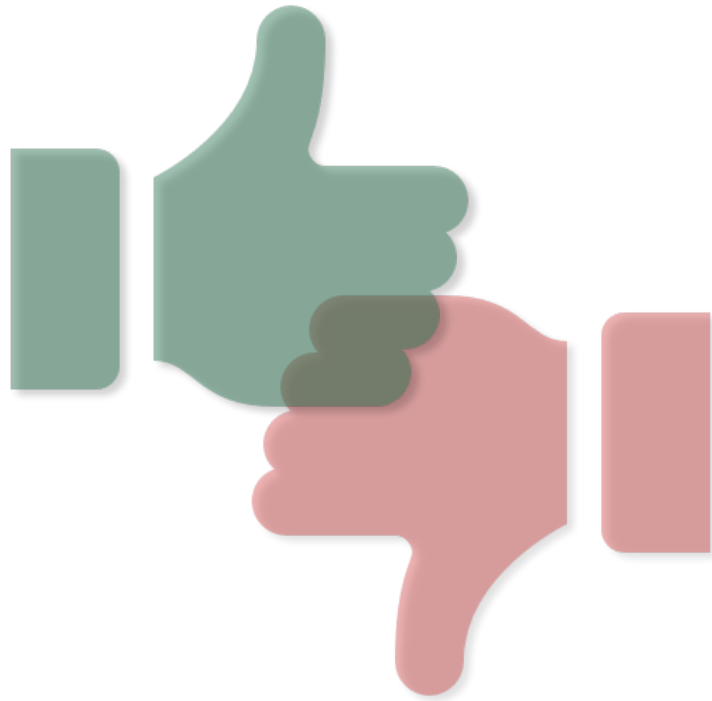


Open Forum



Communications

- How to submit questions, feedback, or comments:
 - CFC Email: hcpf_cfc@state.co.us
 - Via phone: Jordan Larson at 303-866-3580
- John Barry for Accommodations:
 - john.r.barry@state.co.us



60 Second Satisfaction Survey

www.surveymonkey.com/r/CommunityFirstChoice

Thank you!



Resources

[Slide deck from the National Resource Center for Participant Directed Services](#)

[CMS Technical Guide for CFC](#)

[CFC Final Regulation](#)

[HCPF CFC Resources webpage](#)

[Final STP](#)

