

Community First Choice Council Meeting

January 4, 2023

Department of Health Care Policy and Financing



COLORADO

Department of Health Care
Policy & Financing

Welcome!

Meet the HCPF CFC Team

- **Adam Tucker**, Waiver Innovation Unit Supervisor
- **Eileen Saunders**, CFC Policy Advisor
- **Maddie Quartaro**, CFC Policy Advisor
- **Jordan Larson**, CFC Policy Advisor
- **Katie McGuire**, CFC Policy Advisor
- **Kristine Dos Santos**, Participant Directed CFC Policy Advisor
- **Betty Vanderkaay**, CFC Project Coordinator
- **Lana Eggers**, Waiver Innovation and Compliance Section Manager



Our Mission

Improving health care equity, access, and outcomes for the people we serve while saving Coloradans money on health care and driving value for Colorado.



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Agenda

- **Housekeeping**
- **2022 Recap of CFC**
 - Service Package and Service Delivery Models
 - Member Eligibility
 - Provider Qualifications
- **Consumer Directed Attendant Support Services (CDASS) Overview**
- **What's Next?**
- **Open Forum**

Attendance

- Please complete the [Google Form](#)
- Call in attendance to Jordan Larson at 303-866-3580
 - Available between 8:00 a.m. - 4:00 p.m.
- **Disclaimer:** The information provided through this form will only be viewed by the Department of Health Care Policy & Financing (the Department) for the purpose of ensuring stakeholder representation on CFC implementation. The Department and its parties will adhere to the strictest privacy rules and policies when handling and discussing this information.

The screenshot shows a Google Form with the following sections:

- Name:** A short answer text field.
- Today's Date *:** A date selection field with a calendar icon, labeled "Month, day, year".
- Population(s) represented *:** A list of checkboxes for selecting the respondent's role:
 - Individual with a disability
 - Representative/parent of individual with disability
 - Person over the age of 65 or their representative
 - Service provider
 - State employee
 - Other...

Meeting Etiquette and Ground Rules

- Do not share Protected Health Information (PHI)
- Mind E-Manners
- Stay solution-focused
- Respect each other's time and the meeting time
- Reasonable accommodations such as translation services and/or closed captioning please contact John Barry.
 - john.r.barry@state.co.us or 303-866-3173
 - Department's 504/ADA Coordinator at hcpf504ada@state.co.us at least one week prior to the scheduled meeting to make arrangements.



2022 Recap



Service Package Selection

Mandatory Services

- Homemaker
- Personal Care
- Acquisition, Maintenance, and Enhancement of Skills (AME)
- Electronic Monitoring (Personal Emergency Response System and Medication Reminders)
- *Health Maintenance Activities (HMA)

Optional Services

- Life Skills Training
- Home Delivered Meals
- Peer Mentorship
- Transition Setup Services
- Remote Supports
- Remote Supports Technology

Waiver Services Moving to CFC

PERSONS who are ELDERLY, BLIND, AND DISABLED WAIVER (HCBS- EBD)

- Adult Day Services
- Alternative Care Facilities
- Consumer Directed Attendant Support Services (CDASS)
- Home Delivered Meals
- Home Modifications
- Homemaker Services
- In-Home Support Services (IHSS)
- Life Skills Training
- Medication Reminder
- Non-Medical Transportation
- Peer Mentorship
- Personal Care
- Personal Emergency Response System (PERS)
- Remote Supports
- Respite Care
- Specialized Medical Equipment & Supplies
- Transition Set Up

Community First Choice (CFC) - State Plan

- Consumer Directed Attendant Support Services (CDASS)
- Health Maintenance Activities
- Home Delivered Meals
- Homemaker Services
- In-Home Support Services (IHSS)
- Life Skills Training
- Medication Reminder
- Peer Mentorship
- Personal Care
- Personalized Emergency Response System (PERS)
- Remote Supports
- Transition Set Up



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Services in CFC vs Waiver

PERSONS who are on the ELDERLY, BLIND, AND DISABLED WAIVER (HCBS-EBD)	Community First Choice (CFC) - State Plan
<ul style="list-style-type: none">• Adult Day Services• Alternative Care Facilities• Home Modifications• Non-Medical Transportation• Respite Care• Specialized Medical Equipment & Supplies• Wellness Benefit *Added as a new service*	<ul style="list-style-type: none">• Consumer Directed Attendant Support Services (CDASS)• Health Maintenance Activities• Home Delivered Meals• Homemaker Services• In-Home Support Services (IHSS)• Life Skills Training• Medication Reminder• Peer Mentorship• Personal Care• Personalized Emergency Response System (PERS)• Remote Supports• Transition Set Up



Service Delivery Models

Traditional Agency-Based Care	In-Home Support Services (IHSS)	Consumer Directed Attendant Support Services (CDASS)
<ul style="list-style-type: none">• Agency selects, employs, and trains attendants• Agency manages financial aspects of service delivery	<ul style="list-style-type: none">• Participant or AR selects and trains attendants• IHSS agency employs attendants and manages financial aspects of service delivery	<ul style="list-style-type: none">• Participant or AR selects, employs, and trains attendants• Participant or AR manages annual allocation

Member Eligibility



Eligibility Group Flow Chart

Medicaid Eligibility under the State Plan

EITHER
A category that covers Nursing Facility services

OR
A category that *does not* cover Nursing Facility services; with income at or below 150% FPL

Medical Assistance Eligibility under Section 1915(c) Waiver, AND

Receipt of At Least One HCBS Waiver Service per Month

Institutional Level of Care (Case Management Assessment)

Eligibility for Community First Choice



Level of Care Eligibility

- **Level of Care Requirement (42 CFR 441.510)**
- **Individuals receiving CFC benefits must meet one of the following institutional levels of care:**
 - Long-term hospital,
 - Nursing facility,
 - Intermediate care facility for individuals with intellectual disabilities,
 - Institution providing psychiatric services for individuals under age 21,
 - Institution for mental diseases for individuals aged 65 or over



Earl Example

- Earl is on the Elderly, Blind, and Disabled (EBD) waiver and receives one service per month which is personal care
- Earl meets Nursing Facility level of care requirement
- Because Earl is on a waiver, he meets functional and financial eligibility for CFC
- With Personal Care moving under CFC, Earl will now receive Personal Care under CFC rather than the EBD waiver
 - Earl can maintain EBD waiver eligibility by receiving another waiver service every month
 - This monthly service can be the new Wellness Education Benefit.



Provider Qualifications



Provider Qualifications for Personal Care

- Under CFC, all Personal Care providers will obtain a Class B license

Licensure Options

Options	Considerations	Benefits
<p>Unlicensed direct care provider obtains a Class B license</p>	<ul style="list-style-type: none"> • Licensing cost • Possible increase to administrative burden 	<ul style="list-style-type: none"> • Direct care provider can continue to provide personal care to current members • Direct care provider has ability to provide personal care to all CFC members
<p>Direct Care Provider becomes a participant directed attendant (IHSS/CDASS)</p>	<ul style="list-style-type: none"> • Current members may not want to receive services under IHSS/CDASS • Direct Care Provider is no longer the employer, they are the attendant bound to what member/AR chooses for wage, scheduling, training etc. 	<ul style="list-style-type: none"> • Direct Care Provider no longer needs to be a PASA or HCA, limits overhead • Skilled care may be provided through Health Maintenance Activities
<p>Agency chooses to forgo getting a license and stops providing personal care</p>	<ul style="list-style-type: none"> • Members lose access to service with agency • Loss of service revenue for providers 	<ul style="list-style-type: none"> • Avoids cost of obtaining a Class B license

Questions?



Consumer Directed Attendant Support Services (CDASS)



Consumer Directed Attendant Support Services (CDASS)

- **Colorado Consumer Directed Attendant Support Services (CDASS) was established in 2002**
 - CDASS is intended to empower individuals by:
 - Increasing independence and self-sufficiency
 - Offering greater control over Attendant care
 - Improving the quality of services and supports
 - Enabling Members to have a healthier and more productive life
 - Providing opportunity for greater flexibility and control in managing support needs
- **Available throughout Colorado**



Member/Authorized Representative (AR) Responsibilities

- Works closely with Case Manager to determine the amount of services needed to support assessed needs
- Hiring, training, and managing Attendants of their choice to best fit their unique needs
- Manage budgets to stay within their monthly allocations
- Member/AR is the legal employer of record and managing employer

CDASS Attendant Requirements

- Member/AR must follow all state and federal laws and regulations regarding hiring an attendant
- All CDASS attendants must meet the following:
 - Must be at least 16 years old
 - Must pass both a criminal background check and Board of Nursing background check to be employable

CDASS Services

- **CDASS is a voluntary service delivery option which allows an individual to direct and manage attendants who provide:**
 - Personal Care Services
 - Homemaker (Basic) Services
 - Health Maintenance Activities

Questions?



CDASS Stakeholder Engagement

- **CDASS Workgroup to begin February 9 from 1:00-2:30 PM**
 - Two meetings every month from February through April
 - Reports to CFC Council
- **CFC Council Meetings**
 - Same day and time, but meetings will last 90 minutes
 - Listening sessions postponed until May 2023

Topics for CDASS Stakeholder Engagement

- **Information and Assistance (I&A)**
 - Discuss support options available to CFC members utilizing participant-directed service delivery options
- **Training**
 - Restructuring of vendor responsibilities to best support members within CMS training guidance

Topics for CDASS Stakeholder Engagement, Cont.

- **Children Utilizing CDASS**
 - Development of policy specific to children utilizing CDASS under CFC
- **Unstable Health**
 - Development of policy to support members in unstable health accessing CDASS in CFC
- **Statute Changes**
 - Review of statute changes needed as a result of CFC implementation

CDASS Workgroup Interest Form

- Commitment to CDASS workgroup is 3 hours of meetings per month
- <https://forms.gle/Euwxd4yEYXKeXDVdA>



Open Forum



Communications

- How to submit questions, feedback, or comments:
 - CFC Email: hcpf_cfc@state.co.us
 - Via phone: Jordan Larson at 303-866-3580
- John Barry for Accommodations:
 - john.r.barry@state.co.us

What's Next?

- Next Meeting: CFC Council Meeting
 - Wednesday, February 1, 2023
10:00 - 11:30 a.m.
 - [CFC Stakeholder Website](#)
- Volunteer Opportunities:
 - Contact Jordan Larson at jordan.larson@state.co.us or 303-866-3580

Thank you!



Resources

[Slide deck from the National Resource Center for Participant Directed Services](#)

[CMS Technical Guide for CFC](#)

[CFC Final Regulation](#)

[HCPF CFC Resources webpage](#)

[Final STP](#)

