

Community First Choice Council Meeting

April 5, 2023

Department of Health Care Policy and Financing



Welcome!



Our Mission

Improving health care equity, access, and outcomes for the people we serve while saving Coloradans money on health care and driving value for Colorado.



Agenda

- Housekeeping and Meeting Objectives
- CFC Council updates
 - CDASS Workgroup Update
 - Budget Request Update
- Case Management Redesign Background - Tiffani and Nicolette
- Wellness Education Benefit - Jordan
- Children's Home and Community-Based Services (CHCBS) Waiver and Children with Life Limiting Illness (CLLI) Waiver Merger 2025 - Lana
- Open Forum

Meeting Objectives

- Tying together other Department projects that impact waiver members including:
 - Community First Choice (CFC)
 - Case Management Redesign (CMRD)
 - Wellness Benefit (WEB)
 - CHCBS and CLLI waiver merger
- These projects impact all waivers and members, but specifically those on the CHCBS Waiver
- This meeting will cover how each project is connected, and the Department solutions to ensure seamless transition for waiver members while also expanding services

Attendance

- Please complete the [Google Form](#)
- Call in attendance to Jordan Larson at 303-866-3580
 - Available between 8:00 a.m. to 4:00 p.m.
- **Disclaimer:** The information provided through this form will only be viewed by the Department of Health Care Policy and Financing (the Department) for the purpose of ensuring stakeholder representation on CFC implementation. The Department and its parties will adhere to the strictest privacy rules and policies when handling and discussing this information.

Name *

Your answer _____

Email and/or phone number

Your answer _____

Population(s) represented *

Individual with a disability

Representative/parent of individual with disability

Person over the age of 65 or their representative

Service provider

State employee

Other: _____

Meeting Etiquette and Ground Rules

- Do not share Protected Health Information (PHI)
- Mind E-Manners
- Stay solution-focused
- Respect each other's time and the meeting time
- Reasonable accommodations such as translation services and/or closed captioning please contact John Barry.
 - john.r.barry@state.co.us or 303-866-3173
 - Department's 504/ADA Coordinator at hcpf504ada@state.co.us at least one week prior to the scheduled meeting to make arrangements.

Community First Choice

- Community First Choice (CFC) is a Medicaid program created by the Affordable Care Act (ACA) in 2011 with the goal of making home and community-based services (HCBS) accessible for more Medicaid members
- CFC will expand options and availability for self-directed care
- CFC benefits include assistance with Activities of Daily Living, Instrumental Activities of Daily Living, and health-related tasks
 - [More CFC information](#)

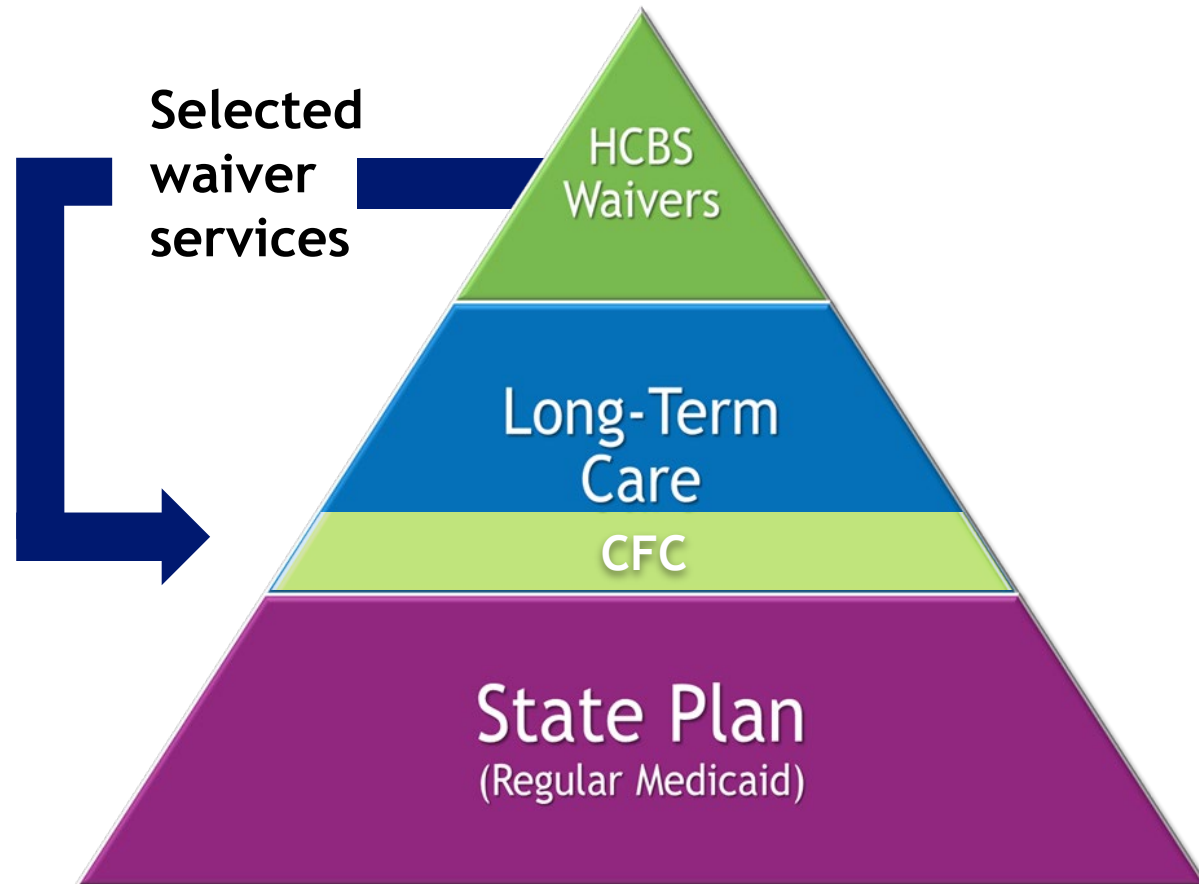


Community First Choice

Goal of CFC: Making HCBS accessible for more Medicaid members with expanded options and availability for self-directed care

Mandatory and Select Optional Services:

- Homemaker
- Personal Care
- Health Maintenance Activities
- Acquisition, Maintenance, and Enhancement of Skills (new federally required service)
- Remote Supports
- Remote Supports Technology
- Life Skills Training
- Transition Services
- Electronic Monitoring
- Personal Emergency Response System
- Medication Reminders



Community First Choice Services and Service Delivery

	Adults	Kids
Service Delivery Models	<ul style="list-style-type: none"> • In Home Support Services (IHSS) <ul style="list-style-type: none"> ➤ Health Maintenance Activities (HMA), Homemaker, Personal Care • Consumer Directed Attendant Support Services (CDASS) <ul style="list-style-type: none"> ➤ HMA, Homemaker, Personal Care 	<ul style="list-style-type: none"> • In Home Support Services (IHSS) <ul style="list-style-type: none"> ➤ HMA and Homemaker • Consumer Directed Attendant Support Services (CDASS) <ul style="list-style-type: none"> ➤ HMA and Homemaker
Services	<ul style="list-style-type: none"> • Homemaker • Home Delivered Meals • Life Skills Training • Medication Reminders • Peer Mentorship • Personal Care • Personal Emergency Response System (PERS) • Remote Supports • Transition Set Up • Acquisition, Maintenance, and Enhancement of Skills (AME) - New Service available under Homemaker and Personal Care 	<ul style="list-style-type: none"> • Homemaker • Home Delivered Meals • Life Skills Training • Medication Reminders • Peer Mentorship • Personal Emergency Response System (PERS) • Remote Supports • Transition Set Up • Acquisition, Maintenance, and Enhancement of Skills (AME) - New Service available under Homemaker

CDASS/CFC Workgroup Update

Kristine Dos Santos



Budget Request Update

- [BA-07: Community-based Access to Services Budget Request](#)
- Request was approved through figure setting by the Joint Budget Committee (JBC) on March 8, 2023:
 - Community First Choice (CFC) and included services
 - Wellness Education Benefit (WEB)
 - The Children's Life Limiting Illness (CLLI) and the Children's Home and Community-Based Services Waiver (CHCBS) Merger

Next Steps for the Budget Request

- Supplemental budget request moves into the Long Bill
- The Long Bill is considered by the full General Assembly
- Governor signs the Long Bill

Case Management Redesign (CMRD)

Tiffani Domokos and Nicolette Anderson

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HCBS Waivers and Case Management

Currently, the HCBS waiver a person chooses to pursue determines the type of case management agency they will go to

Single Entry Point (SEP) Agency	Community Centered Board (CCB)	Private Case Management Agency
<ul style="list-style-type: none"> • Serves waivers targeted to individuals without an IDD • Brain Injury Waiver (BI) • Children with Life Limiting Illness Waiver (CLLI) • Community Mental Health Supports Waiver (CMHS) • Complementary and Integrated Health Waiver (CIH formerly SCI) • Elderly, Blind and Disabled Waiver (EBD) • Children’s Home and Community Based Services Waiver (CHCBS) 	<ul style="list-style-type: none"> • Serves waivers targeted to individuals with an IDD • Children’s Extensive Support Waiver (CES) • Children’s Habilitation Residential Program Waiver (CHRP) • Developmental Disabilities Waiver (DD) • Supported Living Services Waiver (SLS) • Children’s Home and Community Based Services Waiver (CHCBS) 	<ul style="list-style-type: none"> • Serves children with significant medical needs • Children’s Home and Community Based Services Waiver (CHCBS)



CMRD Origins

- Executive Order and Community Living Advisory Group (CLAG)
 - One place to go for all waivers
 - Conflict-Free Case Management
 - New Assessment and Person-Centered Support Plan Process
- = Case Management Redesign

CMRD Direction

- How did we come to this CMRD Structure?
 - Did HCPF consider other options?
 - Uniquely Colorado
 - Stakeholder Engagement
 - Learning from other states
 - Vision
- **Conflict Free Case Management is required for further improvements (CFC, new benefits, etc.)**



Key Outcomes of Case Management Redesign

Intake, Eligibility, & Case Management Agency

PERSON CENTEREDNESS

Intake & Eligibility

- Initial & Continued Stay Review (CSR) Assessment
- Financial / Eligibility Assistance
- Determination = Developmental Disability (DD)/Delay
- Children's Extensive Support (CES) Application
- Resource Navigation

Ongoing Case Management Functions

- Service Planning
- Monitoring
- Revisions

Admin Functions

- Waiting List Management
- Operational Guide
- Human Rights Committee (HRC)
- Complaint Trends
- Appeals
- State Funded Programs
- Critical Incident Reporting (CIR)
- Supports Intensity Scale (SIS)
- Organized Healthcare Delivery System (OHCDS)

Outreach

- Regional Accountable Entity (RAE) Coordination & Engagement
- Community Advocates

Standardized Training

Social Security Administration (SSA) Determines Disability

County Determines Financial Eligibility

Individual Selects their Service Providers

CMRD Timeline

- July 2023: New CMAs announced and begin CMA transitions
- July 2023: CMRD Waiver actions, State plan amendments effective
- November 2023: First group of CMAs transitioned
- January 2024: CMRD rules effective
- March 2024: Second group of CMAs transitioned
- July 2024: Third group of CMAs transitioned and Conflict Free Case Management implemented!

CMRD Impact on CHCBS Waiver

- Case management is currently offered as a **service** in the Children's Home and Community-Based Services (CHCBS) waiver **rather than an administrative or state plan payment**
- Under CMRD, case management will become an administrative payment for all CMAs to help achieve a goal of streamlining CMA functions
 - Currently, 3 different agencies provide the case management service for members in CHCBS
- As a result, case management as a service will be removed from CHCBS waiver and a new benefit will replace it (Wellness Education Benefit - more info on upcoming slides)
- Members will continue to receive case management!





Questions?



Proposed New Wellness Education Benefit (WEB) Overview

Jordan Larson
hcpf_cfc@state.co.us



Wellness Education Benefit (WEB) Definition

- Wellness Education Benefit: Service designed to support HCBS waiver member's access to individualized educational materials that assist with
 - Increasing health literacy
 - Managing health-related issues
 - Preventing hospitalizations
 - Promoting community living
 - Achieving goals identified in person-centered service plans

What is the WEB?

- Articles are individualized educational materials that are physically mailed to HCBS waiver members
 - Practical health and wellness information
 - ~200 words or less per article
 - Simplified language and messaging
 - Based on individual interests and needs
 - Translated into preferred written language

Article Development

- **Utilizing 5 Dimensions of Wellness**
 - Mental
 - Physical
 - Environmental
 - Community
 - Interpersonal

Article Development

- Want to hear from stakeholders about topics they think would be most helpful to members
 - [Complete short survey](#)
- Topics recommended to focus on:
 - Increasing health literacy
 - Improving member's ability to navigate Department resources
 - Promoting community living

Article Distribution

- Working with vendor, Smart Source, to primarily assist with
 - Translation of articles
 - Automate distribution of WEB
 - Assessment of WEB through surveys
- Smart Source and Department systems will use member data to determine articles
 - Child with epilepsy → Physical activity and epilepsy
 - Live in particular county experiencing wildfire → Air quality awareness

Proposed WEB Implementation Timeline

- Spring 2023: Stakeholder engagement begins
- Summer 2023: Medical Services Board process and Waiver Action begins
- Spring 2024: Available for Children's HCBS (CHCBS) waiver members only
- Spring 2025: Available to all HCBS waivers

Key Member Benefits

- Critical service for supporting waiver eligibility
- Improve member's health literacy and ability to navigate Medicaid resources
- Health education strategy intended to promote health and community living among HCBS members
- Dynamic communication tool for Department and members
 - COVID-19
- Indirect benefits such as combating isolation by developing support networks





Questions?

CHCBS and CLLI Waiver Merger

Lana Eggers

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Overview

- Due to changes necessary for CFC and CMRD, the Department recommends merging the Children with Life Limiting Illness (CLLI) and the Children's Home and Community-Based Services (CHCBS) Waivers
- Under CMRD, the Case Management Service will be moved out of the CHCBS waiver and CMAs will be paid administratively for providing case management for members enrolled in CHCBS
- With CFC implementation, IHSS-HMA will be moved from the CHCBS Waiver into CFC
- **These changes will streamline and increase access to services for members**

New Waiver

- The new waiver will include all current CLLI services, plus the new Wellness Education Benefit
- The new waiver will have expanded eligibility criteria
- Services available to CHCBS members will *increase*
- Services available to CLLI members will remain the same (plus the WEB benefit)
- [Draft CFC vs. Children's Waiver Comparison Chart](#)
 - [Draft CFC vs. Children's Waiver Comparison Chart - 14 point font](#)

New Waiver Services

- **Proposed Service Package for Merged Waiver**
 - Counseling/Bereavement Services
 - Expressive Therapy
 - Massage Therapy
 - Palliative/Supportive Care
 - Respite Care Services
 - Therapeutic Life Limiting Illness Support
 - Wellness Education Benefit
- **Targeting Criteria and Level of Care Requirements**
 - Will be expanded so all current CLLI and CHCBS members meet eligibility requirements

New Waiver Timeline

- Stakeholder engagement throughout the next year
- The Wellness Education Benefit will move into CHCBS in Spring 2024 to help maintain eligibility for members only accessing the Case Management Service
- Spring 2025, the Department will submit a waiver action to CMS to merge and rename the merged waiver
- July 1, 2025 members will transition to the merged waiver at time of Continued Stay Review. During this time, members will also begin to access CFC services

New Waiver Timeline

Spring 2023-2024:
Stakeholder
Engagement

Spring 2024:
The Wellness
Benefit will move
into CHCBS, helping
children maintain
eligibility.

Spring 2025:
The Department
will submit a waiver
action to CMS to
merge and rename
the merged Waiver

July 1, 2025:
Members will
transition to the
merged Waiver at
time of Continued
Stay Review.
Members will also
begin to access CFC

Benefit Transitions CHCBS/CLLI Waivers

2023-2024

2024-2025

2025-2026

2026

Current Status

CHCBS

- Case Management
- In Home Support Services (HMA only)

CLLI

All current services

Case Management moves 7/1/2024

CHCBS

- In Home Support Services (HMA only)
- Wellness Education Benefit

CLLI

All current services

Members transition from CHCBS to new waiver. CFC launches

CHCBS

- In Home Support Services (HMA only)
- Wellness Education Benefit

New Waiver

- All current CLLI services
- Wellness Education Benefit

CFC

In Home Support Services

All members transitioned to new Waiver. CHCBS concludes

New Waiver

- All current CLLI services
- Wellness Education Benefit

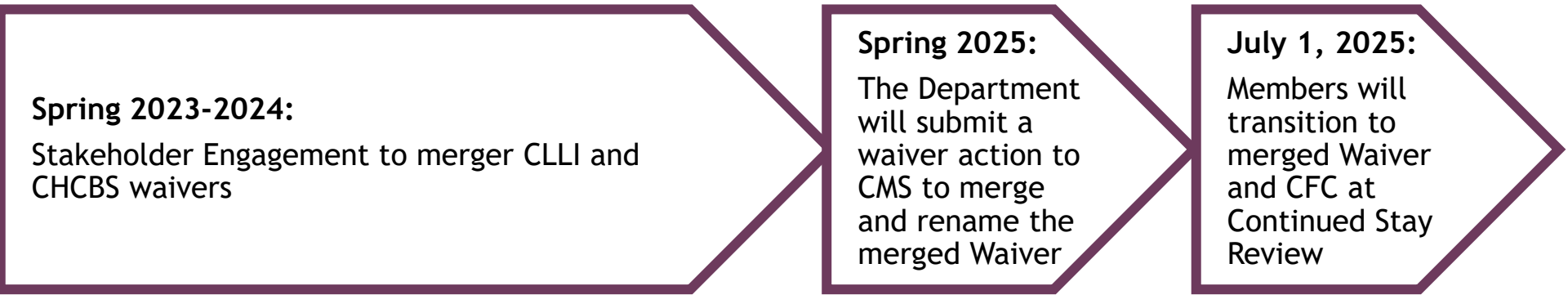
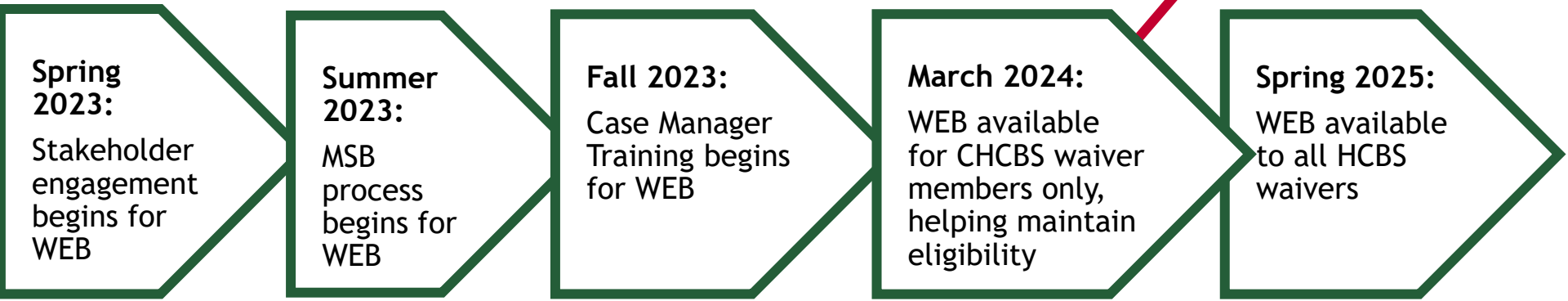
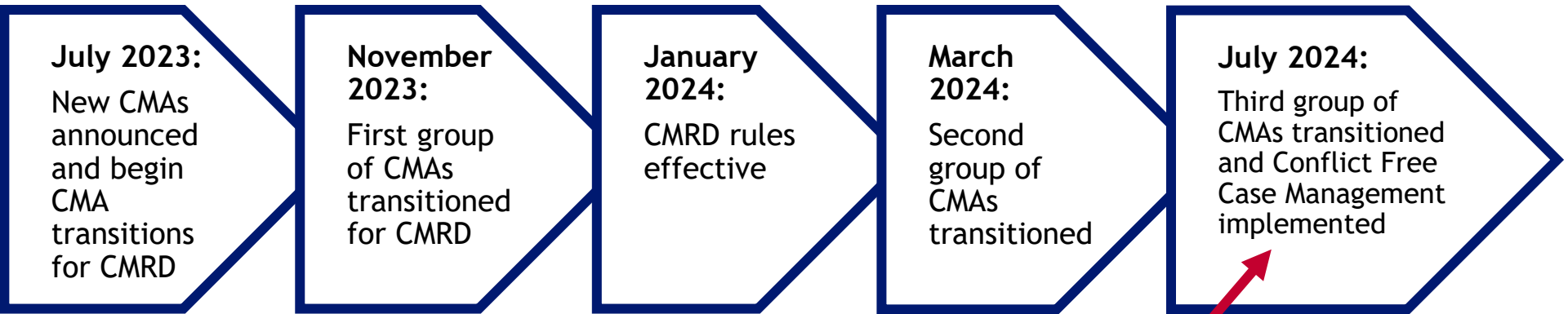
CFC

In Home Support Services



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Upcoming Stakeholder Engagement

- April 12, 2023 - Children's Disability Advisory Committee from 10 a.m. to 12 p.m.
- August 2023 - Case Manager Annual Listening Session
- Summer/Fall 2023 - Evening Meeting Opportunities





Questions?





Open Forum

Communications

- How to submit questions, feedback, or comments:
 - CFC Email: hcpf_cfc@state.co.us
 - Via phone: Jordan Larson at 303-866-3580
- John Barry for Accommodations:
 - john.r.barry@state.co.us or 303-866-3173

What's Next?

- Next [CFC Stakeholder Meeting](#):
May 3, 2023 from 10 to 11:30 a.m.
- Next [CFC/CDASS Workgroup Meeting](#):
April 19, 2023 from 1 to 2:30 p.m.
- [Children's Disability Advisory Committee \(CDAC\)](#):
April 12, 2023 from 10 a.m. to 12 p.m.

Resources

[Slide deck from the National Resource Center for Participant Directed Services](#)

[Case Management Redesign](#)

[CMS Technical Guide for CFC](#)

[CFC Final Regulation](#)

[HCPF CFC Resources webpage](#)

[Final STP](#)



Thank You!

