



# Understanding PASRR Specialized Services Recommendations

These definitions below are meant to help de-mystify and explain the various specialized services that can be recommended through the PASRR Level 2 Evaluation process.

If you have any questions, please reach out to either:

- CO PASRR Administrator, Margaret Anderson at [margaret.anderson@state.co.us](mailto:margaret.anderson@state.co.us) for general questions about PASRR
- State Mental Health Authority for PASRR, Chellie Voss at the Colorado Department of Human Services, Office of Behavioral Health at [Michelle.Voss@state.co.us](mailto:Michelle.Voss@state.co.us) for questions about MI related specialized services
- Telligen Support for technical PASRR questions [coloradosupport@telligen.com](mailto:coloradosupport@telligen.com).

## Mental Illness Services and Definitions

Specialized Service	Definition
Medication Review	One time review of medication regarding a specific area of concern raised during eval – <i>does not require a psychiatrist.</i>
Case Management	Community-based Case Management as a wrap-around support – usually due to either continuity of care for continuing with known providers or transitioning to new providers as warm handoff.
Psychiatry Case Consult	Ongoing psychiatric case consultation – typically quarterly when stable, monthly when not stable.
Psychosocial Case Consultation	Used to recommend psychologist case consultation for additional testing.
Other Mental Health Professional Case Consultation	Used to recommend specialized treatment/testing/evaluation (addiction, eating disorder, psychosexual, trauma specialist, etc.) and recommended degree or license of the professional would be included.
Psychosocial Rehabilitation Services	Life skills focused rehabilitation services to promote social skills – no specific licensure or job title required.
Individual Therapy	Any frequency of 1:1 therapy – will typically recommend frequency and focus on therapy as either coping skill development, MI, CBT, or narrative.
Group/Family Therapy	Any frequency of group/family therapy – will typically recommend frequency and focus on therapy.
Behavior Management/Therapy	Creation of a behavior plan – will typically recommend level of involvement in plan generation for the individual and any specific behaviors to track or plan around.
Psychoeducation	Education for individual regarding med/psychiatric care – typically recommended as way to build engagement in independent self-care of chronic condition.
Outpatient Mental Health Services	Community based mental health care to either provide continuity of care for continuing with known providers or support in transitioning to new providers as warm handoff during transition to community.



Day Treatment/Partial Hospitalization	Used to indicate opportunity to participate in off-site day treatment – typically either day habilitation for life skills support or psychiatric support.
Crisis Intervention	Typically through the creation of a crisis plan – will typically recommend level of involvement in plan generation for the individual and any specific symptoms/behaviors to define thresholds and/or tracking specific warning signs.
Transportation	Transportation services are provided in conjunction with day treatment or outpatient mental health when there is a need for member to have transportation assistance in order to participate in community-based services.
Supported Employment	Supported Employment services are available when member would benefit from being given work/employment/volunteer opportunities to increase sense of purpose and productivity.
Other Services Recommended	Examples of other services recommended include, proactive social opportunities (when individual would need intentional above-and-beyond prompting and encouragement to attend vs just offered); animal-assisted therapy; neurocognitive testing/imaging; SUD/Chemical dependence focused support; support groups; etc.

### Intellectual/Developmental Disabilities (I/DD) Services and Definitions

Specialized Service	Definition
Assistive Technology	Assistive technology services include services, supports or devices that help to increase, maintain or improve your ability to perform daily tasks. Services do not include ongoing subscription services. Services may include: Evaluating needs; Choosing, buying and using a device; Designing, fitting, customizing, adapting, applying, maintaining, repairing, and replacing devices; Training and technical assistance.
Behavioral Management and Education	Behavioral Management and Education are services necessary for the treatment of a client's severe maladaptive behaviors when these services are not available under Medicaid State Plan benefits, other third party liability coverage or other federal or state funded programs, services or supports. These services include comprehensive assessment of behaviors, development of a structured behavioral intervention plan with specific treatment goals, working one-on-one with the client to implement the intervention plan and determine its feasibility, training family and caregivers to reinforce behavioral programming methods and goals. Periodic reassessment of the individual plan is used to revise the plan, goals and outcomes according to client need.
Behavioral Therapies	This includes intensive developmental behavioral therapies developed specific to the member's needs including conditioning, biofeedback or reinforcement techniques; Treatment goals that are consistent with building elementary verbal skills, teaching imitation, establishing appropriate toy play or interactive play with other children, teaching appropriate expression of emotions and behaviors, and where necessary, reducing self-stimulation and aggressive behaviors; One on one behavior therapy conducted with the



	<p>member and Line Staff, following a specific protocol established by the Lead Therapist.</p> <p><i>This also includes training or modeling for parents or a guardian so that the behavioral therapies can continue in the home. Training or modeling shall be: Directed towards instruction on therapies and use of equipment specified in the Care Plan; Carried out in the presence of and for the direct benefit of the member; Conducted by the Line Staff.</i></p>
Case Management	<p>Case management is assistance provided by a case management agency on behalf of an eligible member, which includes referral of needed Health First Colorado (Colorado's Medicaid Program) services and supports that enable you to remain in your community-based setting. A case manager is responsible for: Assessing your long-term care needs; Developing and implementing your care plan; Coordinating and monitoring the delivery services and providers; Evaluating the effectiveness of the services; and Periodically re-assessing your needs.</p>
Day Habilitation – Specialized Habilitation	<p>Day Habilitation Services help you get, keep and improve self-help, socialization and adaptive skills. These services take place away from your home unless there is a medical or safety need. Activities and environments are to help you gain skills, appropriate behavior, greater independence and personal choice.</p> <p>Specialized Habilitation Services help you reach your highest skill level so you can be more self-sufficient. Services include help with self-feeding, toileting, self-care, sensory stimulation and integration, self-sufficiency, maintenance skills and supervision.</p>
Day Habilitation – Supported Community Connections	<p>Day Habilitation Services help you get, keep and improve self-help, socialization and adaptive skills. These services take place away from your home unless there is a medical or safety need. Activities and environments are to help you gain skills, appropriate behavior, greater independence and personal choice.</p> <p>Supported Community Connections Services support the abilities and skills needed for you to access typical activities of community life. These include community education or training, and retirement and volunteer activities.</p>
Dental Services	<p>These services are provided only when the services are not available through the Health First Colorado (Colorado's Medicaid Program) State Plan due to not meeting the need for medical necessity as defined in Health Care Policy and Financing rules at 8.011.11 or available through a third-party resource.</p>
Other Public Conveyance (aka Non-Medical Transportation)	<p>Non-medical transportation services are rides to community services and resources in your care plan. This may include rides for shopping, community activities, program services, and volunteer and employment settings. Each waiver has slightly different transportation benefits. If you need a free ride to your medical appointment, see "Non-Emergent Medical Transportation" in your Health First Colorado Member Handbook.</p>



Supported Employment Services	Supported Employment offers work support services if you need intensive ongoing support in the work setting. Services include assessing and identifying interests and abilities, job placement and development, and job coaching. If you get Supported Employment services, you must first use the services through the Division of Vocational Rehabilitation or speak with a CCB Case Manager.
Vision	These services are provided only when the services are not available through the Health First Colorado (Colorado's Medicaid Program) vision benefits. Eye exams, diagnosis, glasses, contacts and other services must be medically necessary. Lasik and similar procedures must be medically appropriate and pre-approved by your CCB.