



**COLORADO**  
Department of Health Care  
Policy & Financing

## CHRP Youth Mentorship - CES/CHRP Therapeutic Respite Provider Enrollment

The 12 topics below must be covered in the 40 hours of crisis prevention, de-escalation, and intervention training. Please attach the training certificates to the enrollment application.

1. Trauma informed care
2. Youth mental health first aid
3. Positive Behavior Supports, behavior intervention, and de-escalation techniques
4. Cultural competency
5. Family systems and family engagement
6. Child and adolescent development
7. Mental health topics and services
8. Substance abuse topics and services
9. Psychotropic medications
10. Prevention, detection, and reporting of mistreatment, abuse, neglect, and exploitation
11. Intellectual and developmental disabilities
12. Child/youth specific training