



# Welcome



**COLORADO**  
Department of Health Care  
Policy & Financing



# Service Delivery Models in Health First Colorado

August 2025



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# Community First Choice (CFC)

- CFC began July 1, 2025
  - Many services will move to CFC (State Plan) rather than through select Home and Community-Based Services Waivers.
  - Members will switch to CFC at their Continued Stay Review (CSR), with all members transitioned by July 1, 2026.
  - Members can keep their waiver enrollment if desired.



# Agency-Based Care



- Agencies are businesses that manage all aspects of service delivery
- They must follow state and federal guidelines, including licensure and certification
- Members choose their agency based on location, staffing, services offered
- Members may not have a lot of say in how services occur

# Agency-Based Care



For example:

- Homemaker
- Personal Care
- Certified Nurse Aide
- Skilled Nursing
- Private Duty Nursing

# In-Home Support Services (IHSS)



- Members may participate in interviewing, hiring, training, and supervising - with the help of an IHSS Agency.
- The IHSS Agency provides:
  - 24-hour back-up services for scheduled visits.
  - Access to a Registered Nurse.
  - Independent Living Core Services.





# Consumer Directed Attendant Support Services (CDASS)



CDASS empowers Members by giving them:

- **Employer Authority** to select, hire, and train Attendants
- **Budget Authority** to pay Attendants for services provided
- **Flexibility** to determine how services work best for them
- **Accountability** to ensure services effectively meet their needs
- **Responsibility** to follow regulatory guidelines an employer

# Service Comparison

	Agency-Based Care	In-Home Support Services (IHSS)	Consumer-Directed Attendant Support Services (CDASS)
Who is the employer?	Agency	Agency	Member/Authorized Representative (AR)
Interviews, selects, & hires Attendants	Agency	Agency & Member/AR	Member/AR
Provides training & skills validation	Agency	Agency & Member/AR	Member/AR
Develops schedule incl. back-up care	Agency	Agency & Member/AR	Member/AR
Pays Attendants	Agency	Agency	Financial Management Services (FMS) contractor



# Service Comparison

Requirements	Skilled Agency-Based Care	Unskilled Agency-Based Care	In-Home Support Services (IHSS)	Consumer-Directed Attendant Support Services (CDASS)
Authorized Rep for Children	No	No	Yes	Yes
EVV Required	Yes	Yes	Yes	Yes
Nurse Assessor - Skilled Assessment	Yes	No	HMA only	HMA only
Acentra Medical Necessity Review	Yes	No	No	No
Base Wage	No	Yes	Yes	Yes

# Duplication of Services Chart

- The chart outlines which services can and cannot be authorized together under Community First Choice (CFC).
- Asterisk (\*) marks Per Diem Residential Services. These services are bundled and paid at a daily Per Diem rate:
  - Individual Residential Services and Supports (IRSS), Group Residential Services and Supports (GRSS), Alternative Care Facilities (ACF), Children's Habilitation Residential Program (CHRP) waiver - Foster Home, CHRP waiver - Group Home, Residential Childcare Facility Program (RCCF), Transitional Living Program (TLP), Supported Living Program (SLP)



# Duplication of Services Chart

Member's Authorized Services	CFC Homemaker (HMK) (agency-based)	CFC Personal Care (PC) (agency-based)
CFC PC/HMK/ HMA	✓ Yes	✓ Yes
CFC CDASS	✗ No	✗ No
Per Diem Residential Services *	✗ No	✗ No
Pediatric Personal Care State Plan	✓ Yes	✗ No
CFC IHSS	✓ Yes	✓ Yes



# Duplication of Services Chart

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Per Diem Residential Services *	✗ No	✗ No
Pediatric Personal Care State Plan	✓ Yes	✗ No
CFC IHSS	✓ Yes	✓ Yes

# Duplication of Services Chart

Member's Authorized Services	LTHH	PDN
CFC PC/HMK/ HMA	✓ Yes	✓ Yes
CFC CDASS	✓ Yes	✓ Yes
Per Diem Residential Services *	CNA services not allowed RN/therapy allowed	✓ Yes
Pediatric Personal Care State Plan	✓ Yes	✓ Yes
CFC IHSS	✓ Yes	✓ Yes

# Duplication of Services Chart





# Frequently Asked Questions

Q: What services can parents or family members provide?

A: Parents or family members can provide any of the services we are speaking about today, if they meet the service requirements and can demonstrate competency.

- Parents who are licensed nurses can provide RN/LPN services
- Parents who are certified nurse aides can provide CNA services
- There are no licensure requirements for homemaker, personal care, health maintenance activities, IHSS, or CDASS

# Frequently Asked Questions

Q: What are the service limitations?

A: Services are authorized based on the member's assessed needs. However, there are some limits to keep in mind:

- Each attendant / caregiver is limited to providing 16 hours of services, across benefits, per day
- There is a 10-hour per week limit on homemaker services provided by legally responsible persons (parents of a minor child or spouse of an adult)

# What questions do you have?





# Skilled Care Options

## Agency-Based:

- Long Term Home Health (LTHH)
  - Certified Nurse Aide (CNA)
  - Brief Nursing Visits by an RN/LPN
  - Standard Nursing Visits by an RN/LPN
- Private Duty Nursing (PDN)

## Self-Direction

- Health Maintenance Activities (HMA) in IHSS or CDASS



# Unskilled Care Options

## Agency-Based:

- Homemaker
- Personal Care

## Self-Direction

- Homemaker in IHSS or CDASS
- Personal Care in IHSS or CDASS



# Self-Directed Options

- Members may receive unskilled Homemaker, Personal Care, and/or skilled Health Maintenance Activities (HMA) services.
  - HMA services are determined by the Nurse Assessor
- Family members can be paid Attendants (caregivers) and are not required to be certified or licensed to provide care.
- Authorized Representatives (ARs) support some adults and all children.
- Services are authorized by the Case Manager using the Direct Care Services Calculator (DCSC).
- Members play an active role in their service delivery.

# Authorized Representatives

- The Authorized Representative (AR) is a **volunteer** who helps with the administrative work required in IHSS & CDASS.
- The AR **cannot** be a paid Attendant.
- In CDASS, the AR is the legal Employer of Record - Attendants are employees of the AR.
- The AR supports the Member's involvement in CDASS and is responsible for recruiting, hiring, training, scheduling, managing, and paying Attendants.
- In IHSS, ARs help communicate between agencies and families

# What questions do you have?





# Resources



Information & Assistance for IHSS & CDASS  
Member & Case Manager Training  
Forms & Resources  
CDASS Orientation



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# Any Questions?



# Thank you



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