Adult IDD Waiver Redesign

Improving Home and Community-Based Services for Adults with Intellectual & Developmental Disabilities

January 16, 2019
Facilitated by Sharon Steadman

Welcome

Introductions

Housekeeping Items:

- Please feel free to step out if you need to. *Bathroom is down the hallway to the left.*
- Please keep cell phones on silent or vibrate.
- Please sign in and add your contact information to the sign in sheet.

Our Mission

Improving health care access and outcomes for the **people** we serve while demonstrating sound stewardship of financial **resources**.

Office of Community Living Vision

ACCESS

Streamline Access to Services

COORDINATE

Improve Service Coordination

RECEIVE

Increase Service Options and Quality

Working Agreements

- Treat each other with respect and honor one another as whole individuals.

- Value diversity in experiences and perspectives.
  - Robust examination and discourse improves our work

- Engage with each other as partners.
  - Direct communication
  - Solution-oriented collaboration

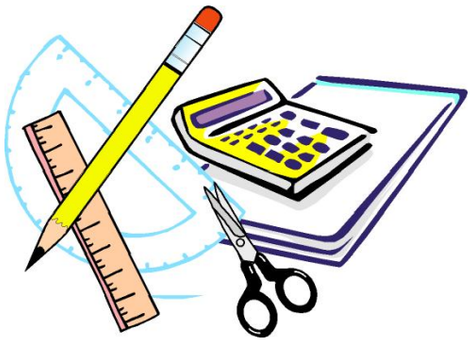
- Respect accommodations needed by others to participate.

Agenda

11:00 am	Overview of Today's Meeting
11:10 am	Review November 28th Meeting Summary
11:15 pm	Self-Direction Continuum
11:45 am	Nurse Practice Act
12:15 pm	Individualized Budgets
12:45 pm	Wrap-Up and Adjourn

Meeting Materials

- November 28th Meeting Summary
- January 16th Agenda
- January 16th PowerPoint Presentation
- Service Crosswalk
- Statute Crosswalk
- CDASS/IHSS "What Fits" Handout



Review Meeting Summary

November 28, 2018

Adult IDD Waiver Redesign Stakeholder Meeting

Directions to Access Previous Meeting Materials on our website:

Step 1: Navigate to the **HCPF homepage** at https://www.colorado.gov/hcpf

Step 2: Click **For Our Stakeholders**

Step 3: Click **Committees, boards & collaboration**

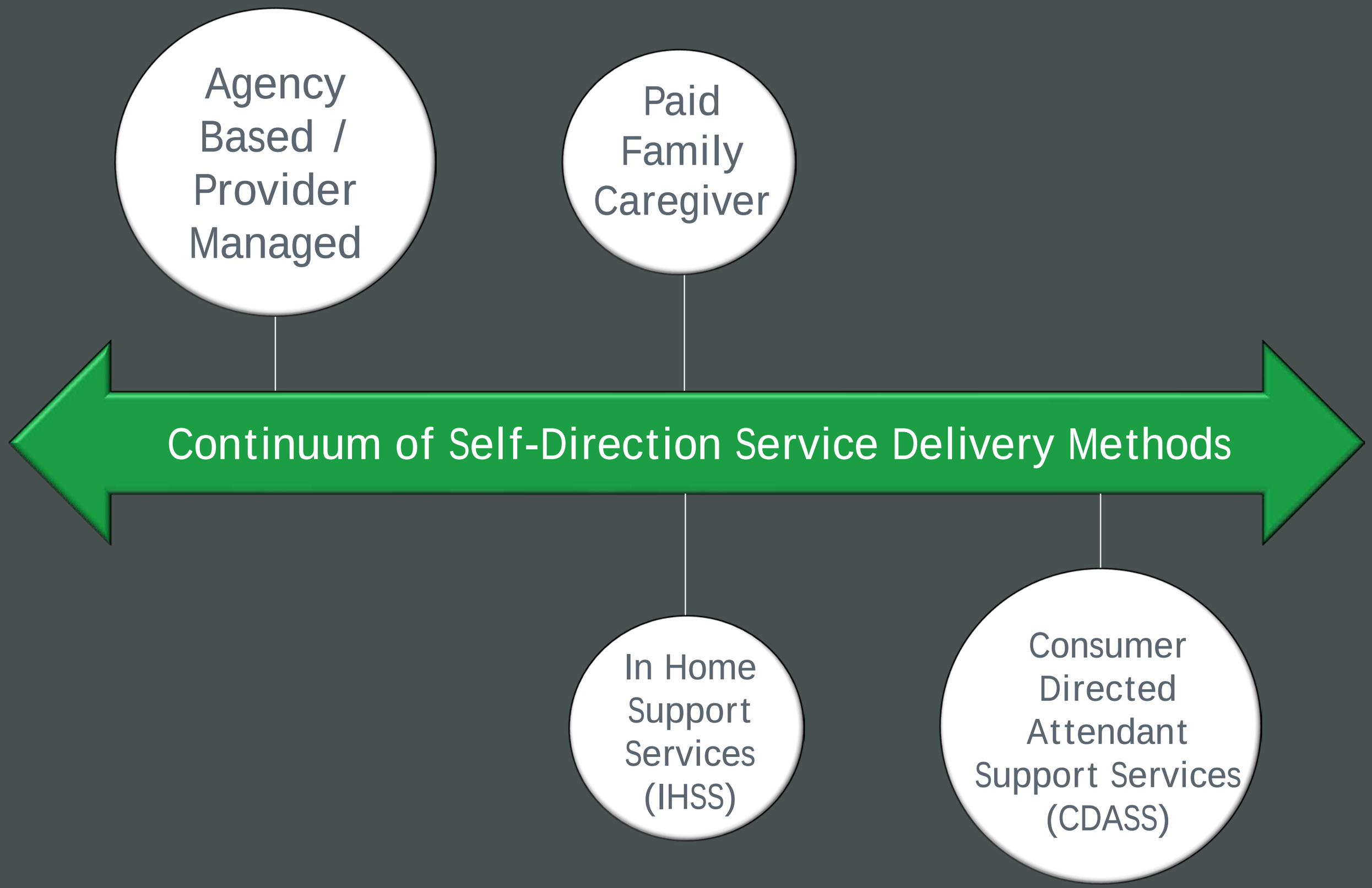
Step 4: Click **Adult IDD Waiver Redesign Stakeholder Group**

Step 5: Click Learn more about the **Adult IDD Waiver Redesign Stakeholder Group**

Step 6: Click **Meeting Materials**

Step 7: Click **November 28, 2018**

Self-Direction Continuum


Agency Based / Provider Managed
Paid Family Caregiver
Continuum of Self-Direction Service Delivery Methods
In Home Support Services (IHSS)
Consumer Directed Attendant Support Services (CDASS)

Participant Directed Service Options - Colorado

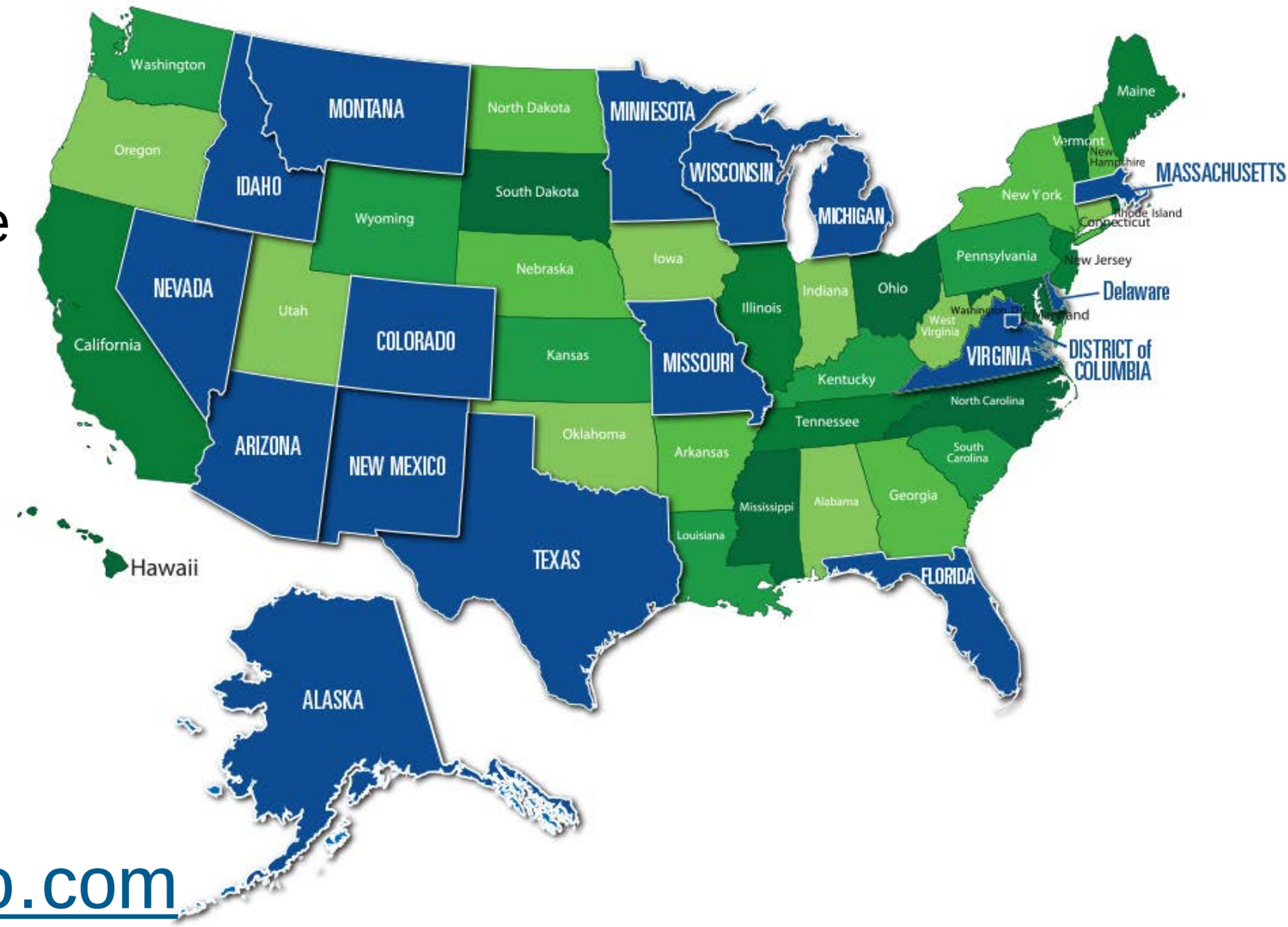
January 2019

Presented by: Kady Predota, Consumer Direct Colorado

COLORADO
Department of Health Care Policy & Financing

Consumer Direct Colorado (CDCO)

- **Our Role**
  - CDASS- Client and Authorized Representative Training
  - CDASS & IHSS Case Manager Training
  - IHSS Provider Training *NEW*
  - Resources & Customer Service Support



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- All CDASS & IHSS- Resources & Forms
- Program Updates (News)

Service Delivery Options

Agency	IHSS	CDASS
Agency hires staff	Client selects and supervises attendants	Client selects and supervises attendants
Agency manages money	Agency manages money	Client manages money

In-Home Support Services (IHSS)

Services Available in IHSS

- IHSS is currently available through three Home and Community Based Services (HCBS) waivers:
  - Elderly, Blind and Disabled (EBD)
  - Spinal Cord Injury (SCI)
  - Children's Home and Community Based Services Waiver (CHCBS)
- Currently not an option on BI or CMHS waiver
- Service Categories- Homemaker, Personal Care, Health Maintenance
  - CHCBS- Health Maintenance Only

Features of IHSS

- IHSS is a participant directed service delivery option that can be provided in the home and community. Clients are involved in the hiring, scheduling and training of their attendants (caregivers).

- Clients and Authorized Representatives work with the IHSS agency to determine supervision needs, select and train attendants, and directly manage their care.

- IHSS Agencies provides 24-hour back-up service for scheduled visits and access to a licensed health care professional. Agencies may also offer additional employee benefits like health insurance, vacation time, etc.

Features of IHSS cont.

- IHSS Agencies may have additional employee benefits to offer attendants, such as health insurance, retirement plans, vacation and sick time, etc.

- IHSS Agencies offer Independent Living Core Services
  - Information and referral services
  - Independent living skills training
  - Peer and cross-disability peer counseling
  - Individual and systems advocacy
  - Transition services from nursing homes and institutions to home and community-based living, or upon leaving secondary education

Limitations with IHSS

- The participant is limited to receiving a **total** of 40 hours per week for Relative Personal Care. This includes splitting hours between multiple family members, the limit is still 40 hours total.

- A relative can only be paid to provide IHSS Health Maintenance and/or Relative Personal Care.

- The participant cannot hire a relative as their IHSS-Homemaker and relatives cannot be paid for homemaking tasks.

CDASS

Services Available in CDASS

- CDASS is currently available through five Home and Community Based Services (HCBS) waivers:
  - Elderly, Blind and Disabled (EBD)
  - Community Mental Health Supports (CMHS)
  - Brain Injury (BI)
  - Spinal Cord Injury (SCI)
  - Supported Living Services (SLS) – NEW 8/1/2018

- Service Categories- Homemaker, Personal Care, Health Maintenance and Homemaker Enhanced (SLS Only)

CDASS Eligibility Requirements

- Medicaid members who qualify for one of the HCBS waivers in which CDASS is an approved service delivery option.
- Demonstrate a need for Personal Care, Homemaker, or Health Maintenance services.
- The Client must obtain a Physician Attestation of Consumer Capacity indicating that the person has sound judgement and ability to direct own services
  - Must be completed by primary care physician
  - Client **must** be in stable health
  - An Authorized Representative (AR) is **required** if determined unable to self-direct own services (An AR is optional if the Client is determined able to self-direct)

Key Players in CDASS

- There are a number of key players who contribute to the success of CDASS. These key players include:
  - Client / Authorized Representative
  - Attendants (Caregivers)
  - Case Manager
  - Consumer Direct Care Network Colorado
    - Training Coordinators
    - Peer Trainers
  - Financial Management Service (FMS) Provider
  - The Department of Health Care Policy and Financing

Client/AR Responsibilities

- Work with their Case Manager to determine the amount of services they need and what is available within their waiver.
- Participate in CDASS training.
- Hire, train, and manage Attendants of their choice to best fit their unique needs.
- Manage budgets to stay within their monthly allocations.

In CDASS, the Client/AR is the legal employer of record

Authorized Representative Requirements

- The Authorized Representative must meet the following criteria on the screening questionnaire, which includes, but is not limited to:
  - Must be at least 18 years old
  - Must have known the person for **at least two** years
  - Must not have been convicted of any crime involving exploitation, abuse or assault on another person
  - Must not have a mental, emotional, or physical condition that could result in harm to the eligible person

- An Authorized Representative (AR) **cannot** receive reimbursement for Authorized Representative services and **cannot** be reimbursed for CDASS as an attendant for a participant they represent.

CDASS Attendant Requirements

- Client/AR must follow all state and federal laws and regulations regarding hiring an attendant.
- All CDASS attendants must meet the following:
  - Must be at least 18 years old
  - Must pass both a criminal background check and Board of Nursing background check to be employable
- Family Members
  - Limited to 40 hours in a 7 day period (Sunday-Saturday) per family member
- Non-family Members
  - Any amount of time over 40 hours in a 7 day period (Sunday-Saturday) or 12 hours in a day must be paid overtime wages

Case Manager Responsibilities

- Determine eligibility and facilitate enrollment in CDASS.
- Work with the Client/AR to develop a Task Worksheet and allocation based on the Client's needs and waiver availability.
- Assist with updating the allocation if there is a change in condition or upon the Client/AR request.
- Send referrals to Consumer Direct for training and FMS provider for initiating services.
- Monitors the delivery of services and supports to help ensure the Client is receiving quality care.
- Works with the client/AR to ensure allocation expenditures are properly managed and utilized.
- Facilitates changes to and from CDASS and termination if necessary.

Training and Operations Vendor

- Consumer Direct Colorado (CDCO) will:
  - Contact client/AR to schedule and provide training following receipt of referral from case manager.
  - Produce training materials for the CDASS Program.
  - Send completed Attendant Support Management Plan (ASMP) to the case manager for final approval.
  - Provide first point of contact support for general questions regarding CDASS.
  - Conduct case management training on CDASS and IHSS.
  - Maintain the CDASS Attendant Registry online.

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FMS Provider Role

- Produce and process required attendant paperwork.
- Process payroll.
- File taxes and issue W-2's to attendants.
- Ensure Worker's Compensation & Unemployment Insurance policies.
- Assist in establishing Clients or Authorized Representatives as the legal employer of record.
  - Federal Employer Identification Number (FEIN)
- Track monthly allocation utilization.
  - Issues monthly expenditure statement to the Client/AR and case manager

IHSS or CDASS… Which Fits?

Factor	IHSS	CDASS
Waivers	Children's HCBS Elderly, Blind and Disabled Spinal Cord Injury	Brain Injury Community Mental Health Supports Elderly, Blind and Disabled Spinal Cord Injury Supported Living Services
Interest	Client or Authorized Representative expresses interest	Client or Authorized Representative expresses interest
Need	Case Manager determines need in at least one of the 3 service categories	Case Manager determines need in at least one of the 4 service categories
Health Status	Stable or Unstable Health	Stable Health
Employer Authority	Joint Employer (Additional agency support)	Individual Employer (Fiscal Employer Agent - F/EA)
Budget Authority	No	Yes
Service Flexibility	Joint	Yes

IHSS or CDASS… Which Fits?

Factor	IHSS	CDASS
Family Member Attendants	Yes, including spouses *Family Member Attendants cannot provide homemaking tasks	Yes, including spouses
Family Member Attendant Hours	40 hour/week maximum per Client for Relative Personal Care only. Health maintenance allowed based On Client need	40 hour/week maximum per family member
Attendant	Agency assists Client with hiring and training attendants	Must have 2 attendants enrolled with FMS
Back-up staffing	Agency must have 24-hour back-up staff for scheduled visits	Client is required to have back-up plan
Location	Statewide; Agencies available on the official IHSS Provider List	Statewide
Home Health	Acute and Long-Term Home Health, Private Duty Nursing	Acute home health only
Additional Support	IHSS Agency & Agency back-up staff Access to Health Professional Training Support Independent Living Core Services	Training & Operations Vendor FMS Provider

Questions or Concerns?

CDASS & IHSS Support

- CDASS/IHSS questions can be directed to Consumer Direct for assistance.
- The most up-to-date Case Manager and Client/AR forms can be accessed on CDCO website.

Consumer Direct Care Network Colorado (CDCO)

Toll Free: 844-381-4433

Website: www.consumerdirectco.com

Email: InfoCDCO@consumerdirectcare.com

Questions

- Which services would you most like to be self-directed and what priority?
- What services are the most difficult to find providers for?
- What should the standards of oversight from HCPF and CDPHE be?
    - IHSS
    - CDSASS
    - Family Caregiver model

Nurse Practice Act

Nurse Practice Act *Quick Facts*

Developmental Disabilities Statute	QMAP Regulations	CDASS	IHSS
Exemptions for G-Tube Services by lay staff	Allow for administration of medications by direct support staff	Waived portions of the Nurse Practice Act to allow for self direction where the person or their Authorized Representative can instruct the attendant on Health Maintenance Activities (HMA) (routine, repetitive skilled tasks) without Nurse Delegation	Requires HMA tasks to have delegated tasks and oversight from Agency Nurse

How to ensure adequate oversight with self direction ?

Questions

- If you were to waive portions of the Nurse Practice Act, what tasks would you delegate?
- What are potential risks or considerations around waiving additional tasks?
- What other recommendations do you have regarding the Nurse Practice Act?

Individualized Budgets

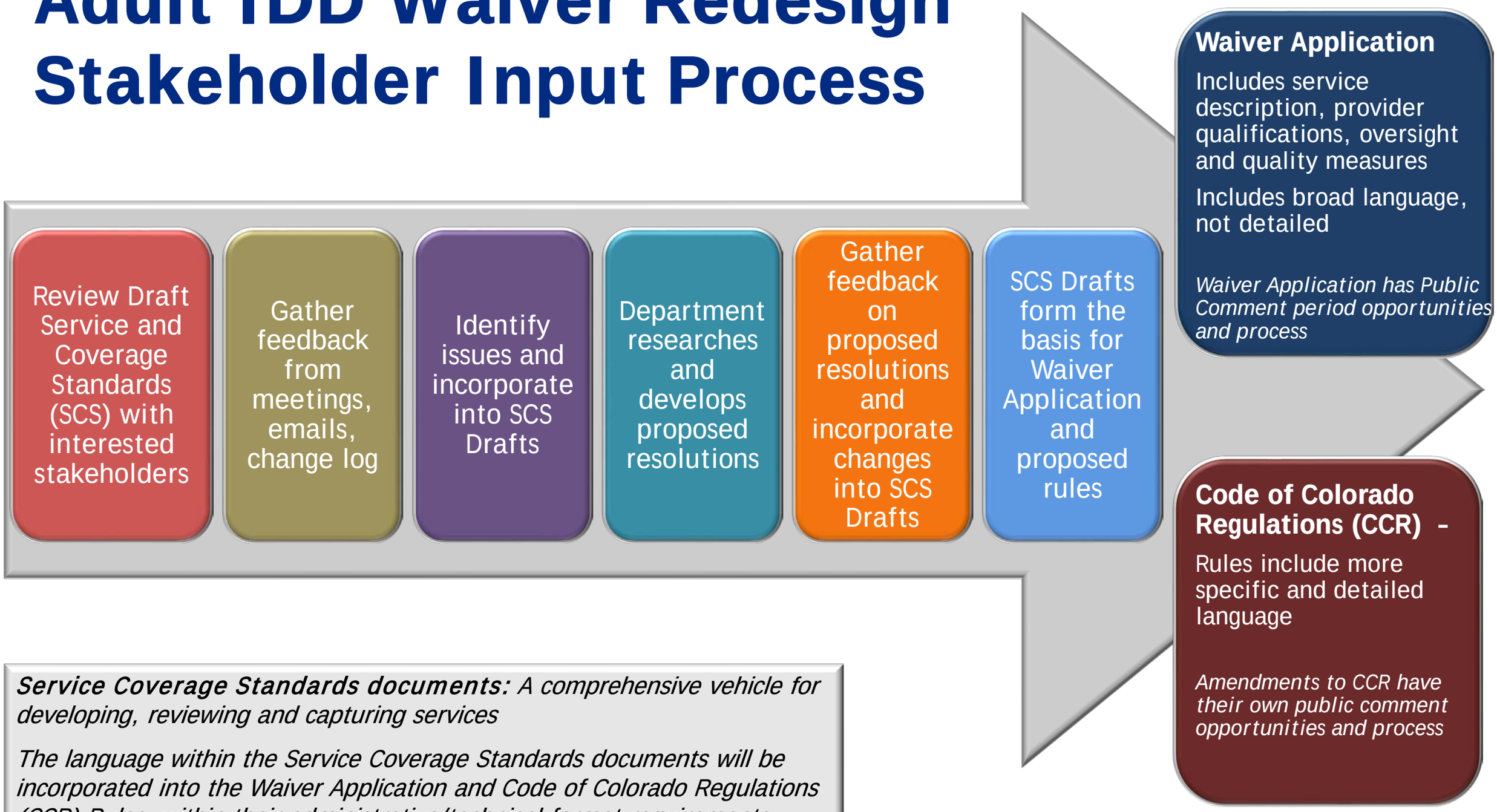
Individualized Budgets *Quick Facts*

- Existing Supports Intensity Scale (SIS)/Support Level determination via Support Level Algorithm
- Service Plan Authorization Limit (SPAL) and Residential & Day Habilitation rates based on Support Level
- SPAL - Upper Spending Limit per Service Plan year
- Within SPAL and Outside of SPAL
- Supported Living Services Waiver Cap, No Waiver Cap with DD Waiver
- Cost Neutrality factor requirement of CMS
- Core vs Ancillary Services
- Unit Limitations per Service

Questions

- How do you define individualized budgets?
- What ideas do you have for individualized budgets?
- How can individualized budgets help us ensure we have enough resources while still meeting individuals' needs.

Adult IDD Waiver Redesign Stakeholder Input Process



Service Coverage Standards documents: *A comprehensive vehicle for developing, reviewing and capturing services*

The language within the Service Coverage Standards documents will be incorporated into the Waiver Application and Code of Colorado Regulations (CCR) Rules, within their administrative/technical format requirements

Calendar

Meeting	Topic	When
#1	Process and Next Steps	October 15th, 2018
#2	Behavioral Services, and an introduction to Residential Habilitation	November 28th, 2018
12/31/18 – Last opportunity for comments via the change log *Comments can still be emailed to SharonIDDWaiver@steadmangroup.com		
January 2019 - February 2019 – task group meets *Task group focus will be addressing outstanding service coverage standard and common policy questions		
#3	Self-Direction, Nurse Practice Act, & Individualized Budgets	January 16th, 2019
#4	Combined Stakeholder Task Group Report Out Meeting *For additional information, email SharonIDDWaiver@steadmangroup.com	February 27th, 2019
#5	Actuarial Work on Regression Analysis, Residential Habilitation Benefits Collaborative Part 1	Early April
#6	Residential Habilitation Benefits Collaborative Part 2	Late April
#7	Waiver Redesign Summary Report	Late April or Early May
#8	Addendum to Waiver Redesign Summary Report	Late May

Contact Information

For any stakeholder questions around this engagement please contact:

Sharon Steadman

STEADMAN GROUP, LLC

SharonIDDWaiver@steadmangroup.com

Wrap Up

рахмат
danke
謝謝
ngiyabonga
teşekkür ederim
Баярлалаа
спасибо
thank you
gracias
tapadh leat
dank je
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