Stakeholder Engagement on Adult Day Services - Dementia Training

March 22, 2023

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Our Mission

Improving health care equity, access and outcomes for the people we serve while saving Coloradans money on health care and driving value for Colorado.

Purpose of Meeting

- To engage stakeholders on the new dementia training requirements under Adult Day Services (ADS)
- To respond to questions about the draft regulation changes implementing the dementia training requirement under Adult Day Services (ADS)

Agenda

- 1. Review Senate Bill 22-079
- 2. Clarify services and waivers impacted
- 3. Highlight the main points of Senate Bill 22-079 impacting Adult Day Services
- 4. Review the timeline for implementation
- 5. Debrief on March 8, 2023 meeting
- 6. Respond to questions from last meeting
- 7. Receive stakeholder feedback
- 8. Determine next steps

Senate Bill 22-079

- In May 2022, Senate Bill 22-079 was signed into Colorado law requiring dementia training for direct-care staff of specified facilities that provide services to clients living with dementia
- By 2024 rules must be adopted requiring these covered facilities to provide dementia training for direct-care staff members
- Adult Day care Services were included in the list of specified facilities as it is estimated that 31% of individuals using Adult Day care Services have dementia
- CDPHE is required to implement similar regulations for assisted living residences and nursing care facilities

Dementia Training Requirements

Applies to Adult Day Services (ADS) which serves members on the following waivers:

- Elderly, Blind, and Disabled (EBD) Waiver
- Community Mental Health Supports (CMHS) Waiver
- Brain Injury (BI) Waiver
- Complementary and Integrative Health (CIH) Waiver

Does not apply to Day Habilitation services which includes Specialized Habilitation and Supported Community Connections services for members on the following waivers:

- Developmental Disabilities (DD) Waiver
- Supported Living Services (SLS) Waiver

Dementia Training Requirements

Senate Bill 22-079 repeatedly referenced "Adult Day Care Facility"- a term used interchangeably with "Adult Day Services" specifically.

(c) "DIRECT-CARE STAFF MEMBER" MEANS A STAFF MEMBER CARING FOR THE PHYSICAL, EMOTIONAL, OR MENTAL HEALTH NEEDS OF CLIENTS OF AN ADULT DAY CARE FACILITY AND WHOSE WORK INVOLVES REGULAR CONTACT WITH CLIENTS WHO ARE LIVING WITH DEMENTIA DISEASES AND RELATED DISABILITIES.

Similarly, the bill also applies to assisted living residences of which only members on the EBD, CMHS, CIH and BI waivers are served.

Finally, Supported Community Connections, within Day Habilitation services, does not necessarily have a physical location or "facility."

Dementia Training Requirements

- At this time, the Department is pursuing implementing these requirements for ADS providers only, as required under Senate Bill 22-079.
- However, in the future, the Department will look at implementing similar dementia training requirements for DD and SLS providers as well, which includes both Day Habilitation services and Residential Habilitation Services and Supports (RHSS).

Senate Bill 22-079 and ADS

At a minimum, the rules must specify:

- The date on which the new requirement is effective
- The length and frequency of the training, as specified in the bill
- The content of the initial dementia training, which must be culturally competent and include the following topics:
 - > Dementia diseases and related disabilities
 - Person-centered care
 - Care planning
 - Activities of daily living
 - > Dementia-related behaviors and communication
- Method for demonstrating completion of the required training and continuing education and of exempting a direct-care staff member from the training
- An exception to the initial training requirements
- Minimum requirements for individuals conducting the training
- A process for the state department to verify compliance
- Any other matters the state board deems necessary



Implementation Timeline

- Complete stakeholder feedback in March 2023
- Present to the Medical Services Board in May and June 2023
- Rules effective August or September 2023
- Regulations have a October 1, 2023 implementation date
- Senate Bill compliance deadline July 1, 2024 for Adult Day Services
 - > January 1, 2024 for ALRs and NFs

March 8, 2023 Meeting

- Reviewed similar background information
 - > Senate Bill 22-079
 - > Implementation timeline
 - Main points of 22-079 that impact ADS
- Reviewed draft regulations to implement dementia training for ADS providers
 - October 1, 2023 implementation date
 - No concerns or feedback received over the draft regulations themselves
 - Some questions were raised which will be responded to on the next few slides

Where Can Providers Look for Training?

Alzheimer's Association

- Has a list of <u>Recognized Dementia Care Training Programs</u>
- Includes training from AlzBetter, CareAcademy, EduCare, Healthcare Academy, etc.

Relias

HealthCare Interactive

Trainer Requirements

- Minimum requirements for individuals conducting dementia training
 - Specialized training from recognized experts, agencies, or academic institutions in dementia disease.
 - Successful completion of the training being offered or other similar initial training which meets the minimum standards described herein; and
 - Two or more years of experience in working with persons living with dementia diseases and related disabilities.

Therefore, as long as the trainer's experience meets these requirements, then continuing education units, needed for various other certifications, would count towards meeting one's initial training or continuing education requirements, if the training that is being taken is dementia specific

Minor Draft Regulation Changes

- 2 minor grammar changes were corrected
 - > Both had been pointed out on March 8, 2023
- One change suggested by CDPHE was under the documentation requirements
- Documentation of initial dementia training and continuing education for Direct-Care Staff Members:
 - a. The provider shall maintain documentation of the completion of initial dementia training and continuing education. Such records shall be available upon request. for inspection by representatives of the Colorado Department of Public Health and Environment.
 - Completion shall be demonstrated by a certificate, attendance roster, or other documentation.

Stakeholder Feedback

Are there any further questions or concerns about the draft regulations or the implementation of these regulations?

Next Steps

- Submit additional questions and feedback to <u>HCPF_HCBS_Questions@state.co.us</u>
 - New rules to be presented to the Medical Services Board (MSB) in the coming months
 - October 1, 2023 effective date



Questions?

Contact Info

HCPF_HCBS_Questions@state.co.us

Thank you!