

15 JULY 2020

COVID and Children and Families

How can the ACC help?

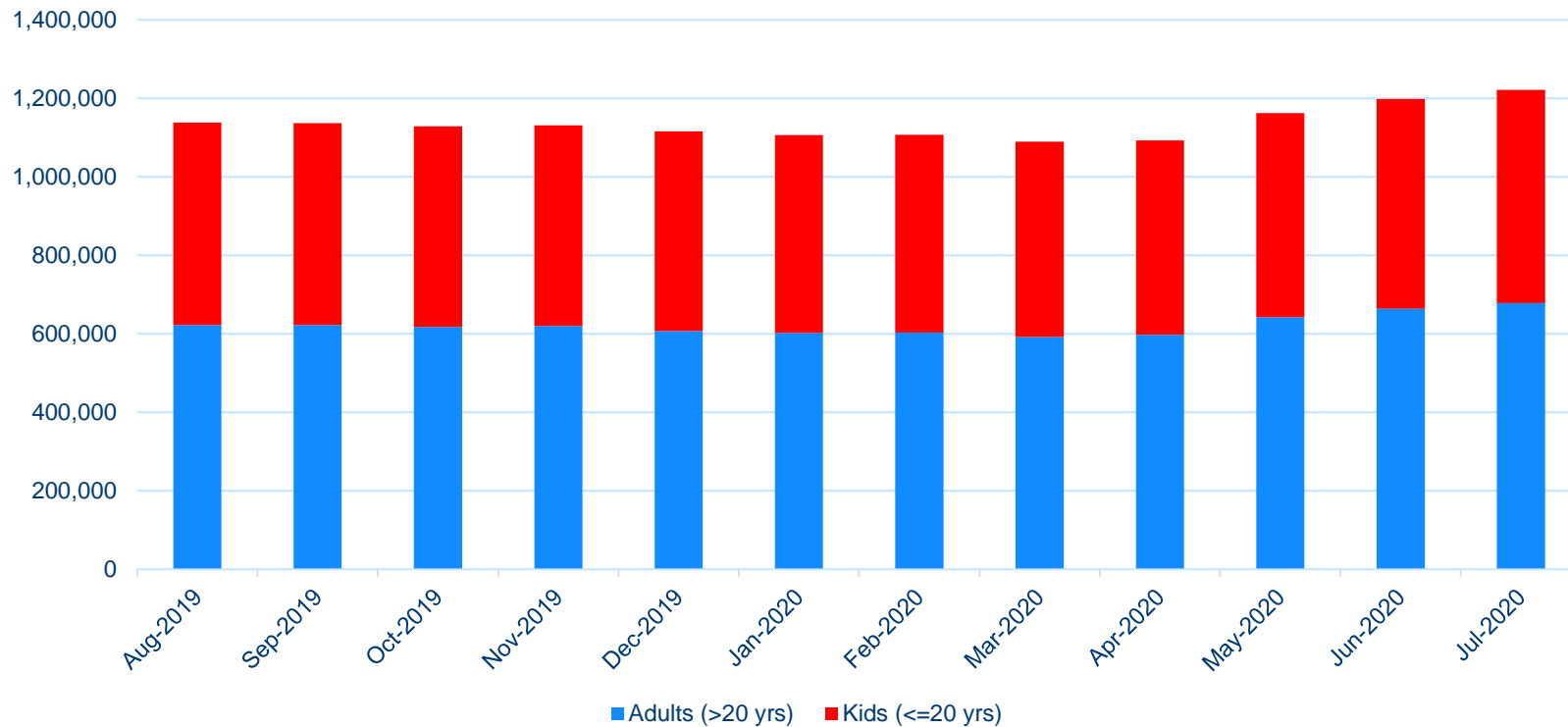
Facilitated by David Keller
and Anita Rich



Our charge

While children have not been as affected clinically as adults, the disruption of normal life rhythms such as school closures, cancellation of summer activities, minimal interaction with social circles, and the delay in routine care, have had a significant impact on children and their families. Moreover, economic disruptions have compromised parents and guardians' abilities to function and provide for their children, including but not limited to providing adequate food. How are communities supporting families given these challenges? How can providers, RAEs, the Department, and their partners develop systems of care that respond to these broader needs?

ACC Enrollment by Age



Social Determinants of Health

- Social Determinants of Health: Conditions in the places where people live, learn, work, and play affect a wide range of health risks and outcomes (CDC)
- Treat the *whole* child, including the family and household level conditions



Education



Culture



Community Safety



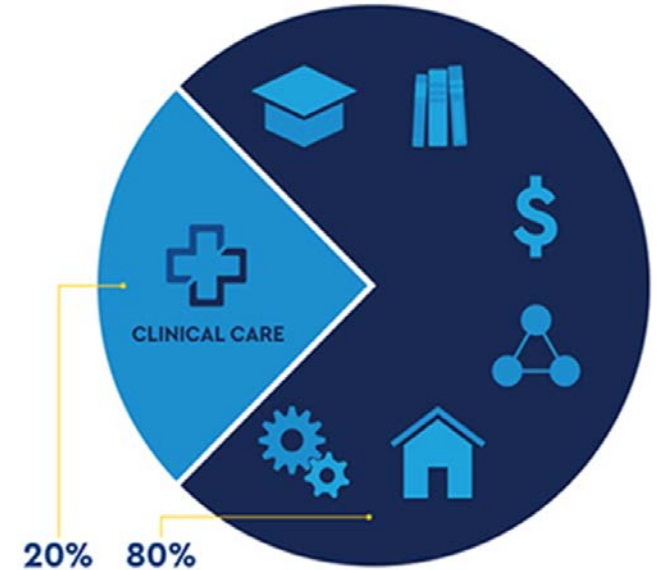
Home Dynamic



Income



Behavior

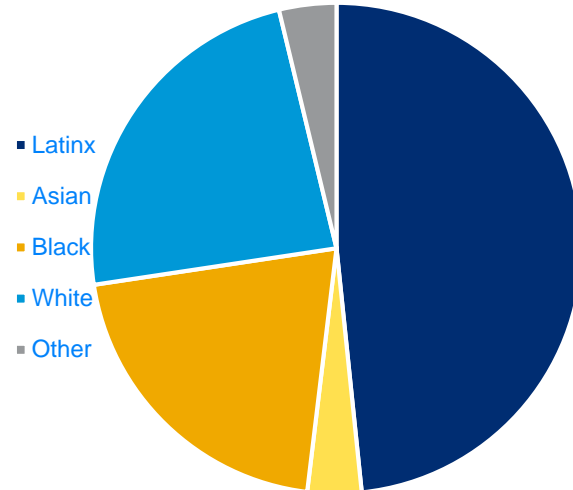


What we are hearing:

Impact of COVID on child health services

- Impact on mothers and maternity care
- Decrease in visits to child health providers
- Decreased immunizations
- Delayed access to mental health services (telehealth access)
- Concerns about domestic violence and child abuse/neglect
- Impact on services for CYSHCN

Pregnancy and COVID, Race/Ethnicity



Covid-19 and Employment

US unemployment rate:

Feb: 3.5%

April: 14.7%

May: 13.3%

June: 11.1%

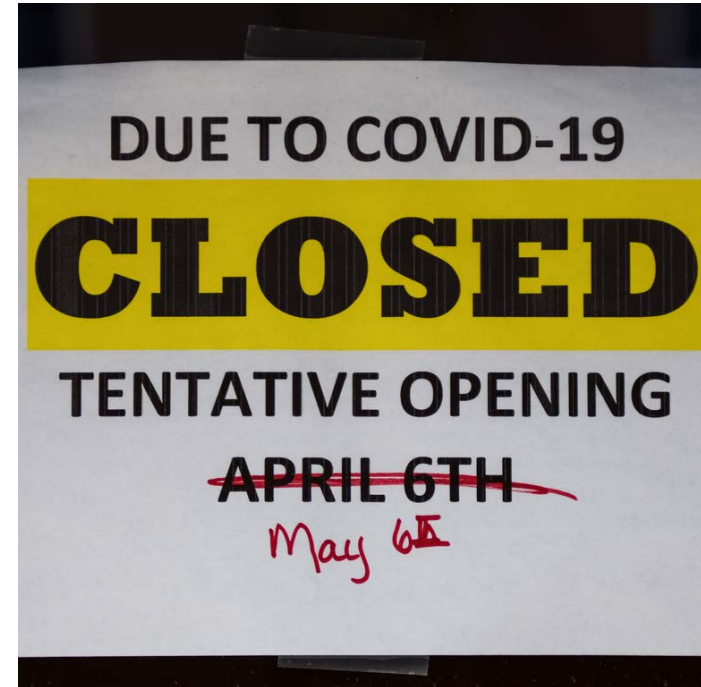
Colorado unemployment rate:

Feb: 2.5% (historically low)

April: 11.3% (historically high)

May: 10.2%

June: ???



Sources: Bureau of Labor Statistics, US Dept. of Labor; CO Dept. of Labor and Employment

Adapted from C Suh, Grand Rounds, 6/5/20

How does this translate into daily life?

- Households with children compared to households without children are more likely to:
 - Have at least one adult lose employment income
 - US: 55% vs. 44%
 - CO: 48% vs. 42%
 - Have less confidence in their ability to pay their rent or mortgage in June
 - US: 31% vs. 18%
 - CO: 31% vs. 18%
 - More likely to report sometimes not having enough to eat
 - US: 12% vs. 8%
 - CO: 5% vs. 5%

Source: US Census Bureau Household Pulse Survey, JUNE 18-23, 2020

Child Health Clinic

Psychosocial Screener Data

- Feb-May 2020
- 3,471 screeners completed
- Percent of positive screens increased from 13%→19%
- Reported need on positive screens
 - 39% Help with benefits
 - 35% Unmet financial needs
 - 26% Food
 - 15% Housing
- But at the end of the visit, most families gratefully accept a bag of groceries.



School Closures & Re-openings

- Schools closed in March 2020; virtual schooling from March-May
- Currently planning for 2021 School districts fully in-person: Academy District 20, Boulder Valley*, Cherry Creek*, Denver, Douglas County, Mapleton, Poudre*, Westminster
- School districts partially in-person: Jefferson County, St. Vrain

*Tentative

"How Colorado schools plan to reopen this fall during the coronavirus pandemic."
Denver Post. July 1, 2020.

Guest commentary: Schools must reopen for the health of children



Student Jeily Cortes-Flores picks up cards from a puzzle carpet in the classroom of early-childhood education teacher Kathy Mendez at Pascual LeDoux Academy in Denver.

By MEGHAN TREITZ and RUSHA LEV | Guest Commentary
June 24, 2020 at 5:47 a.m.

Questions for Discussion

OVERARCHING QUESTION: What can the ACC do to:

- Support COVID-appropriate maternity and post-partum care?
- Augment activities to help address overwhelming social needs of children and families (effective linkages!)?
- Prepare the system to support day care and school reopenings?
- Assure needs access to therapies and home care for CYSHCN?



Having the Conversation about Resource Needs

- This is an opportunity to connect with families in a different way
- Make the conversation as non-stigmatizing and dignified as possible
- Equity
- Your non-verbal cues are important
- Empathy and compassion—think about the vulnerability that is present on the family side to have these conversations
- Don't make any promises
- Bring in social work and family navigator team members

Having the Conversation about Resource Needs

- Normalize the conversation—It's all about how you frame it

"How is the rest of the family doing? Are you doing okay at home? I'm just checking in with all my families since it's pretty rough times right now."

"I know it's really tough times right now. I just want to make sure your family is doing okay."

"I care about how your family is doing."

"It's important to me/us that we're doing our best to support your family."

If would like resources → *"Thanks for sharing that with me. I've got a great member of my team who can talk to you about some resources available"*

If declines resources → *"If things change, please let us know and we can see what we can do to support you"*