



Weight Assessment and Counseling for Nutrition and Physical Activity for Children & Adolescents

November 2020

Measure Description

The percentage of patients 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year:

1. BMI percentile documentation*.
2. Counseling for nutrition.
3. Counseling for physical activity.

** Because BMI norms for youth vary by age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.*

Evaluation Period

Calendar Year

Numerator

Patients with an outpatient visit with a PCP or an OB/GYN practitioner during the measurement year who had evidence of BMI percentile documentation, counseling for nutrition or counseling for physical activity.

Condition Description	# Event	Detailed Criteria
BMI Percentile	1	ICD10CM Codes (Z68.51, Z68.52, Z68.53, Z68.54) ICD9CM Codes (V85.51, V85.52, V85.53, V85.54)
Nutrition Counseling	1	CPT Codes (97802, 97803,



		97804) HCPCS Codes (G0270, G0271, G0447, S9449, S9452, S9470) ICD10CM Code (Z71.3)
Physical Activity Counseling	1	HCPCS Codes (G0447, S9451) ICD10CM Codes (Z02.5, Z71.82)

Denominator

Patients ages 3–17 years as of December 31 of the measurement year.

Denominator Exclusions

Female patients who have a diagnosis of pregnancy during the measurement year

Notes

- Measure Steward is NCQA

