Title of Rule: Revision to the Medical Assistance Act Rule concerning the Children's

Habilitation Residential Program (CHRP) waiver service description and service

provider updates, Section 8.500

Rule Number: MSB 20-06-17-A

Division / Contact / Phone: Benefits and Services Management / Kathleen Homan / 5749

## STATEMENT OF BASIS AND PURPOSE

1. Summary of the basis and purpose for the rule or rule change. (State what the rule says or does and explain why the rule or rule change is necessary).

The basis of this rule change is to align the CHRP rules with the waiver amendment approved by the Centers for Medicare and Medicaid Services (CMS) effective July 1, 2020. The purpose is to amend the rule to update the service limitations of Supported Community Connections from an "hour per week" to "hours or units per year." Additionally, the names of two services: Supported Community Connections and In-Home Supports services are being changed. Lastly, Host Homes are being added as a provider for youth ages 18-20.

	changed. Lastly, Host Homes are being added as a provider for youth ages 18-20.
2.	An emergency rule-making is imperatively necessary
	to comply with state or federal law or federal regulation and/or for the preservation of public health, safety and welfare.
	Explain:
3.	Federal authority for the Rule, if any:
	The waiver was granted under Section 1915(c) of the Social Security Act, 42 U.S.C. § 1396r (2020).
4.	State Authority for the Rule:
	Sections 25.5-1-301 through 25.5-1-303, C.R.S. (2020); 25.5-5-306 and 25.5-6-903, C.R.S (2020).

Title of Rule: Revision to the Medical Assistance Act Rule concerning the Children's

Habilitation Residential Program (CHRP) waiver service description and

service provider updates, Section 8.500

Rule Number: MSB 20-06-17-A

Division / Contact / Phone: Benefits and Services Management / Kathleen Homan / 5749

## **REGULATORY ANALYSIS**

1. Describe the classes of persons who will be affected by the proposed rule, including classes that will bear the costs of the proposed rule and classes that will benefit from the proposed rule.

The proposed rule will affect children and youth with intellectual and developmental disabilities and complex behavior support needs, as well as the family of those children and youth. The benefit of the proposed rule is to expand provider capacity for Habilitation (residential) services by allowing Host Homes as a provider type for youth aged 18-20. The name changes for two of the services help to better describe and present the service. Lastly, changing the service limitations for Community Connector service adds flexibility in how the service can be used for families and youth.

2. To the extent practicable, describe the probable quantitative and qualitative impact of the proposed rule, economic or otherwise, upon affected classes of persons.

The proposed rule expands options for youth and families to access Habilitation services and supportive services. These changes will improve member outcomes and decrease the use of high-cost crisis services.

3. Discuss the probable costs to the Department and to any other agency of the implementation and enforcement of the proposed rule and any anticipated effect on state revenues.

It is not anticipated that the proposed rule will increase utilization of waiver services as the eligibility criteria for the waiver has not changed. The service limitations of Community Connector services are being changed to allow further flexibility in its use, but the limitations are not being increased. The proposed rule increases choice of provider for current and projected enrollees. It is anticipated that the changes to the CHRP waiver will reduce the financial impact on other systems such as Child Welfare, emergency crisis services, and the juvenile justice system.

4. Compare the probable costs and benefits of the proposed rule to the probable costs and benefits of inaction.

Improved system efficiency and investment in services to help mitigate crises will improve access and outcomes for members. Additionally, increasing the potential provider pool allows for more options for youth receiving Habilitation (residential)

Title of Rule: Revision to the Medical Assistance Act Rule concerning the Children's

Habilitation Residential Program (CHRP) waiver service description and

service provider updates, Section 8.500

Rule Number: MSB 20-06-17-A

Division / Contact / Phone: Benefits and Services Management / Kathleen Homan / 5749

services. It is anticipated that this will result in decreased utilization of high cost residential services, including out of state services, and supporting youth to remain in the community rather than residential facilities.

5. Determine whether there are less costly methods or less intrusive methods for achieving the purpose of the proposed rule.

Many changes have been made to the waiver to meet the needs of this population. However, there are still limited providers across the state. As a result, families may still have to engage the child-welfare system, emergency services, hospitalization, and out of state services which are must more costly and intrusive than the proposed rule. There are no less costly or less intrusive methods to achieve the purpose of the proposed rule.

6. Describe any alternative methods for achieving the purpose for the proposed rule that were seriously considered by the Department and the reasons why they were rejected in favor of the proposed rule.

There are not any alternative methods to achieve the purpose for the proposed rule. In order to ensure compliance with Federal and State requirements for reimbursement of waiver services, the authority for provider qualifications and reimbursement needs to be a regulatory requirement to align with the Federally approved waiver.

1 8.508 CHILDREN'S HABILITATION RESIDENTIAL PROGRAM 2 8.508.20.A **DEFINITIONS** 3 Abuse: As defined at §25.5-10-202 (1) (a)-(c), C.R.S. Adverse Action: A denial, reduction, termination, or suspension from a Long-Term Services and 5 Supports (LTSS) program or service. 6 Applicant: A child or youth who is seeking a Long-Term Care eligibility determination and who has 7 not affirmatively declined to apply for Medicaid or participate in an assessment. 8 Caretaker: As defined at § 25.5-10-202(1.6)(a)-(c), C.R.S. 9 Caretaker neglect: As defined at § 25.5-10-202(1.8)(a)-(c), C.R.S. 10 Case Management Agency (CMA): A public or private not-for-profit for-profit agency that meets all applicable state and federal requirements and is certified by the Department to provide case 11 management services for Home and Community Based Services waivers pursuant to sections 12 25.5-10-209.5 C.R.S. and pursuant to a provider participation agreement with the state 13 14 department. Child Placement Agency: As defined at 12 CCR 2509-8; § 7.701.2 (F). 15 Client: A child or youth who meets long-term services and supports eligibility requirements and 16 17 has been approved for and agreed to receive Home and Community Based Services (HCBS) Client Representative: A person who is designated to act on the Client's behalf. A Client 18 19 Representative may be: (a) a legal representative including, but not limited to a court-appointed 20 guardian, or a parent of a minor child; or (b) an individual, family member or friend selected by the 21 client to speak for an/or act on the client's behalf. 22 Community Centered Board: A private corporation, for-profit or not-for-profit that is designated 23 pursuant to Section 25.5-10-209, C.R.S., responsible for, but not limited to conducting Developmental Disability determinations, waiting list management Level of Care Evaluations for 24 25 Home and Community Based Service waivers specific to individuals with intellectual and 26 developmental disabilities, and management of state funded programs for individuals with 27 intellectual and developmental disabilities. 28 Complex Behavior: Behavior that occurs related to a diagnosis by a licensed physician, 29 psychiatrist, or psychologist that includes one or more substantial disorders of the cognitive, 30 volitional or emotional process that grossly impairs judgment or capacity to recognize reality or to 31 control behavior. 32 Complex Medical Needs: Needs that occur as a result of a chronic medical condition as 33 diagnosed by a licensed physician that has lasted or is expected to last at least twelve (12)

months, requires skilled care, and that without intervention may result in a severely life altering

Comprehensive Assessment: An initial assessment or periodic reassessment of individual needs

to determine the need for any medical, educational, social or other services and completed

annually or when the client experiences significant change in need or in level of support.

34

35

36

37

38

condition.

1 2 3 4 5	14.	_Cost Containment: Limiting the cost of providing care in the community to less than or equal to the cost of providing care in an institutional setting based on the average aggregate amount. The cost of providing care in the community shall include the cost of providing Home and Community Based Services, and Medicaid State Plan benefits including long- term home health services and targeted case management.
6 7 8	<u>15.</u>	_Criminal Activity: A criminal offense that is committed by a person; a violation of parole or probation; and any criminal offense that is committed by a person receiving services that results in immediate incarceration.
9 10 11 12	<u>16.</u>	_Crisis: An event, series of events, and/or state of being greater than normal severity for the Client and/or family that becomes outside the manageable range for the Client and/or their family and poses a danger to self, family, and/or the community. Crisis may be self-identified, family identified, and/or identified by an outside party.
13 14 15 16	<u>17.</u>	Critical Incident: Incidents of Mistreatment; Abuse; Neglect; Exploitation, Criminal Activity; Damage to Client's Property/Theft; Death unexpected or expected; Injury/Illness to Client; Medication Mismanagement; Missing Person; Unsafe Housing/Displacement; and/or Other Serious Issues.
17 18	18.	_Department: The Colorado Department of Health Care Policy and Financing the single state Medicaid agency.
19 20 21	19.	_Damage to Client's Property/Theft: Deliberate damage, destruction, theft or use a Client's belongings or money. If the incident involves Mistreatment by a Caretaker that results in damage tor Client's property or theft in the incident shall be listed as Mistreatment.
22	20.	_Developmental Delay: A child who is:
23 24		Birth up to age five (5) and has a developmental delay defined as the existence of at least one of the following measurements:
25 26		Equivalence of twenty-five percent (25%) or greater delay in one (1) or more of the five domains of development when compared with chronological age;
27 28		Equivalence of 1.5 standard deviations or more below the mean in one (1) or more of the five domains of development;
29 30 31		Has an established condition defined as a diagnosed physical or mental condition that, as determined by a qualified health professional utilizing appropriate diagnostic methods and procedures, has a high probability of resulting in significant delays in development, or
32 33		Birth up to age three (3) who lives with a parent who has been determined to have a developmental disability by a CCB.
34	21.	_Early and Periodic Screening Diagnosis and Treatment (EPSDT): As defined in Section 8.280.1.
35	<u>22.</u>	_Exploitation: As defined in §25.5-10-202(15.5)(a)-(d), C.R.S.
36 37 38 39	23.	Extraordinary Needs: A level of care due to Complex Behavior and/or Medical Support Needs that is provided in a residential child care facility or that is provided through community based programs, and without such care, would place a child at risk of unwarranted child welfare involvement or other system involvement.

1	<u>24.</u>	_Family: As defined at § 25.5-10-202 <del>)</del> (16)(a)(l)-(IV)(b), C.R.S.
2 3 4 5	<u>25.</u>	Foster Care Home: A family care home providing 24-hour care for a child or children and certified by either a County Department of Social/Human Services or a child placement agency. A Foster Care Home, for the purposes of this waiver, shall not include a family member as defined in § 25.5_10-202(16)(a)(I)-(IV)(b), C.R.S.
6 7 8 9	26.	_Guardian: An individual at least twenty-one years of age, resident or non-resident, who has qualified as a guardian of a minor or incapacitated person pursuant to appointment by a court. Guardianship may include a limited, emergency, and temporary substitute court appointed guardian but not guardian ad litem.
10 11 12	27.	_Guardian ad litem or GAL": A person appointed by a court to act in the best interests of a child involved in a proceeding under Title 19, C.R.S., or the "School Attendance Law of 1963", set forth in article 33 of Title 22, C.R.S.
13 14 15 16	28.	Home and Community Based Services (HCBS) Waivers: Services and supports authorized through a 1915 (c) waiver of the Social Security Act and provided in community settings to a Client who requires a level of institutional care that would otherwise be provided in a hospital, nursing facility or intermediate care facility for individuals with intellectual disabilities (ICF-IID).
17 18 19	<u>29.</u>	Host Home: means residential habilitation provided in group living environments through GRSS or IRSS as defined by 8.500.1.S and 8.500.1.W. A twenty-four (24) hour residential setting with no more than three (3) Clients receiving Habilitation.
20 21 22	<u>30.</u>	Host Home Provider: An individual(s) who provides residential supports in his/her home to persons receiving Habilitation services who are not family members as defined int § 25.5-10-202}(16)(a)(I)-(IV)(b), C.R.S.
23 24	31.	Increased Risk Factors: Situations or events that when occur at a certain frequency or pattern historically have led to Crisis.
25 26	<u>32.</u>	_Informed Consent: An assent that is expressed in writing, freely given, and preceded by the following:
27 28		A fair explanation of the procedures to be followed, including an identification of those which are experimental;
29		A description of the attendant discomforts and risks;
30		A description of the expected benefits;
31 32		A disclosure of appropriate alternative procedures together with an explanation of the respective benefits, discomforts and risks;
33		An offer to answer any inquiries regarding the procedure(s);
34 35		An instruction that the person giving consent is free to withdraw such consent and discontinue participation in the project or activity at any time; and,
36 37		A statement that withholding or withdrawal of consent shall not prejudice future availability of services and supports.

- Injury/Illness to Client: An injury or illness that requires treatment beyond first aid which includes lacerations requiring stitches or staples, fractures, dislocations, loss of limb, serious burns, and skin wounds; an injury or illness requiring immediate emergency medical treatment to preserve life or limb; an emergency medical treatment that results in admission to the hospital; and a psychiatric crisis resulting in unplanned hospitalization.
  - <u>34.</u> Institution: A hospital, nursing facility, or ICF-IID for which the Department makes Medicaid payments under the State Plan.
  - 35. Intellectual and Developmental Disability: A disability that manifests before the person reaches twenty-two (22) years of age, that constitutes a substantial disability to the affected person, and that is attributable to an intellectual and developmental disability or related conditions, including Prader-Willi syndrome, cerebral palsy, epilepsy, autism, or other neurological conditions when the condition or conditions result in impairment of general intellectual functioning or adaptive behavior similar to that of a person with an intellectual and developmental disability. Unless otherwise specifically stated, the federal definition of "developmental disability" found in 42 U.S.C. sec. 15001 et seq., does not apply.

"Impairment of general intellectual functioning" The person has been determined to have an intellectual quotient equivalent which is two or more standard deviations below the mean (70 or less assuming a scale with a mean of 100 and a standard deviation of 15), as measured by an instrument which is standardized, appropriate to the nature of the person's disability, and administered by a qualified professional, the standard error of measurement of the instrument should be considered when determining the intellectual quotient equivalent, when an individual's general intellectual functioning cannot be measured by a standardized instrument, then the assessment of a qualified professional shall be used.

"Adaptive behavior similar to that of a person with intellectual and developmental disabilities" The person has overall adaptive behavior which is two or more standard deviations below the mean in two or more skill areas (communication, self-care, home living, social skills, community use, self-direction, health and safety, functional academics, leisure, and work), as measured by an instrument which is standardized, appropriate to the person's living environment, and administered and clinically determined by a qualified professional. These adaptive behavior limitations are a direct result of, or are significantly influenced by, the person's substantial intellectual deficits and may not be attributable to only a physical or sensory impairment or mental illness.

"Substantial intellectual deficits" An intellectual quotient that is between 71 and 75 assuming a scale with a mean of 100 and a standard deviation of 15, as measured by an instrument which is standardized, appropriate to the nature of the person's disability, and administered by a qualified professional, the standard error of measurement of the instrument should be considered when determining the intellectual quotient equivalent.

- 36. Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID): A publicly or privately operated facility that provides health and habilitation services to a client with developmental disabilities or related conditions.
- 41 <u>37.</u> Kin: As defined in 12 CCR 2509-1, Section 7.000.2.A.

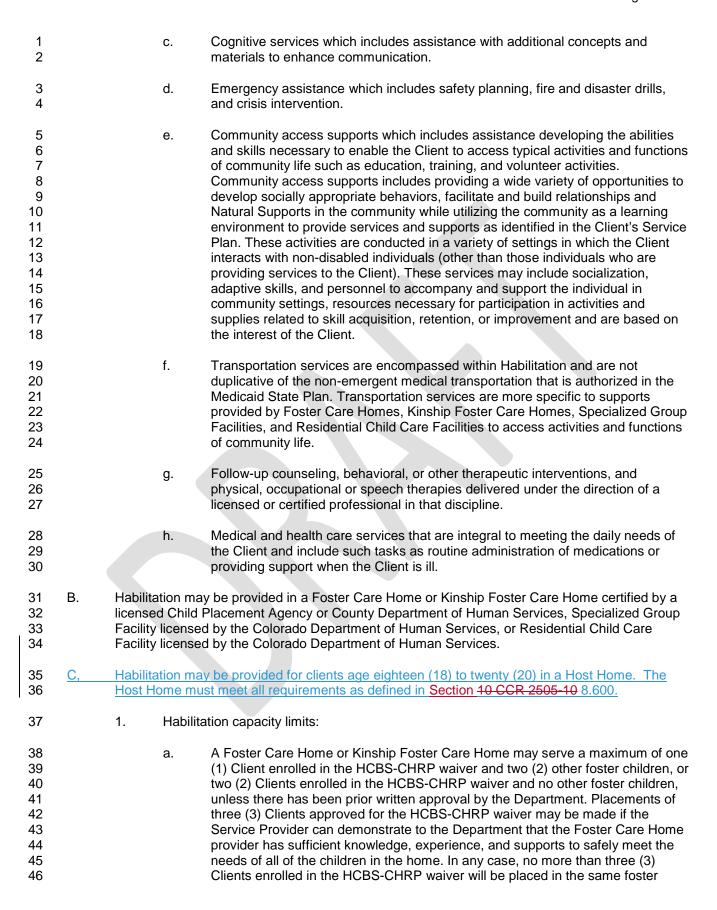
- 42 38. Kinship Foster Care Home: As defined in 12 CCR 2509-1, Section 7.000.2.A.
- Level of Care (LOC): The specified minimum amount of assistance a Client must require in order to receive services in an institutional setting under the Medicaid State Plan.

1 Level of Care Determination: An eligibility determination by a CCB of an Individual for a Long-40. 2 Term Services and Supports (LTSS) program. 3 Level of Care Evaluation: A comprehensive evaluation with the Individual seeking services and 4 others chosen by the Individual to participate, conducted by the case manager utilizing the 5 Department's prescribed tool, with supporting diagnostic information from the Individual's medical 6 providers, for the purpose of determining the Individual's level of functioning for admission or 7 continued stay in Long-Term Services and Supports (LTSS) programs. 8 Licensed Child Care Center (less than 24 hours): As defined in § 26-6-102 (5), C.R.S. and as 9 described in 12 CCR 2509-8; §7.701. 10 Licensed Medical Professional: A physician, physician assistant, registered nurse, and advanced 11 practice nurse. Long-Term Services and Supports (LTSS): The services and supports used by 12 Clients of all ages with functional limitations and chronic illnesses who need assistance to 13 perform routine daily activities such as bathing, dressing, preparing meals, and administering 14 medications. Medicaid Eligible: The Applicant or Client meets the criteria for Medicaid benefits based on the 15 16 financial determination and disability determination. 17 Medicaid State Plan: The federally approved document that specifies the eligibility groups that a 18 state serves through its Medicaid program, the benefits that the state covers, and how the state 19 addresses additional federal Medicaid statutory requirements concerning the operation of its 20 Medicaid program. 21 Medication Mis-Management: Issues with medication dosage, scheduling, timing, set-up, 22 compliance and administration or monitoring which results in harm or an adverse effect which 23 necessitates medical care. 24 Missing Person: A waiver participant is not immediately found, their safety is at serious risk, or there is a risk to public safety. 25 26 "Mistreated" or "Mistreatment": As defined at § 25.5-10-202(29.5)(a)-(e), C.R.S. 27 Natural Supports: Unpaid informal relationships that provide assistance and occur in the Client's everyday life such as, but not limited to, community supports and relationships with family 28 members, friends, co-workers, neighbors and acquaintances. 29 30 50. Other Serious Issues: Incidents that do not fall into one of the Critical Incident categories. 31 Predictive Risk Factors: Known situations, events, and characteristics that indicate a greater or 32 lesser likelihood of success of Crisis interventions. 33 Prior Authorization: Approval for an item or service that is obtained in advance either from the Department, a state fiscal agent or the CMA. 34 Professional: Any person, not including family, performing an occupation that is regulated by the 35 36 State of Colorado and requires state licensure and/or certification. 37 Professional Medical Information Page (PMIP): The medical information form signed by a 38 Licensed Medical Professional used to verify that a Client needs institutional Level of Care. 39 Relative: A person related to the Client by blood, marriage, adoption or common law marriage.

Residential Child Care Facility: As defined in 12 CCR 2509-8;- §7.705.1. 1 56. 2 Retrospective Review: The Department's review after services and supports are provided to 57. 3 ensure the Client received services according to the service plan and standards of economy, 4 efficiency and quality of service. 5 Separation: The restriction of a Client for a period of time to a designated area from which the is 6 not physically prevented from leaving, for the purpose of providing the Client an opportunity to 7 regain self-control. 8 Service Provider: A Specialized Group Facility, Residential Child Care Facility, Foster Care 9 Home, Kinship Foster Care Home, Child Placement Agency, Licensed Child Care Facility (non-24 10 hours), and/or Medicaid enrolled provider. 11 Service Plan: The written document that specifies identified and needed services, to include 12 Medicaid and non-Medicaid covered services regardless of funding source, to assist a Client to 13 remain safely in the community and developed in accordance with Department regulations. 14 Service Planning: The process of working with the Client receiving services and people chosen 15 by the Individual, to identify goals, needed services, and appropriate service providers based on the Comprehensive Assessment and knowledge of the available community resources. Service 16 17 planning informs the Individual seeking or receiving services of his or her rights and 18 responsibilities. 19 62. Specialized Group Facility: As defined in 12 CCR 2509-8; § 7.701.2(B). Support: Any task performed for the Client where learning is secondary or incidental to the task 20 21 itself or an adaptation is provided. 22 Support Level: A numeric value determined by the Support Need Level Assessment that places 23 Clients into groups with other Clients who have similar overall support needs. 24 Support Need Level Assessment: The standardized assessment tool used to identify and 25 measure the support requirements for HCBS-CHRP waiver participants. 26 66. Targeted Case Management (TCM): Has the same meaning as in Section 8.761. 27 Third Party Resources: Services and supports that a Client may receive from a variety of programs and funding sources beyond Natural Supports or Medicaid. This may include, but is not 28 29 limited to community resources, services provided through private insurance, non-profit services 30 and other government programs. 31 Unsafe Housing/Displacement: An individual residing in an unsafe living condition due to a 32 natural event (such as fire or flood) or environmental hazard (such as infestation) and is at risk of eviction or homelessness. 33 Waiver Service: Optional services defined in the current federally approved waivers and do not 34 include Medicaid State Plan benefits. 35 36 Wraparound Facilitator: A person who has a Bachelor's degree in a human behavioral science or 37 related field of study and is certified in a wraparound training program. Experience working with 38 LTSS populations in a private or public social services agency may substitute for the Bachelor's 39 degree on a year for year basis. When using a combination of experience and education to

1 2		qualify, the education must have a strong emphasis in a human behavioral science field. The wraparound certification must include training in the following:
3		Trauma informed care.
4		Youth mental health first aid.
5		Crisis supports and planning.
6		Positive Behavior Supports, behavior intervention, and de-escalation techniques.
7		Cultural and linguistic competency.
8		Family and youth serving systems.
9		Family engagement.
10		Child and adolescent development.
11		Accessing community resources and services.
12		Conflict resolution.
13		Intellectual and developmental disabilities.
14		Mental health topics and services.
15		Substance abuse topics and services.
16		Psychotropic medications.
17		Motivational interviewing.
18		Prevention, detection, and reporting of Mistreatment, Abuse, Neglect, and Exploitation.
19 20 21	<u>71.</u>	Wraparound Transition Plan: A single plan that incorporates all relevant supports, services, strategies, and goals from other service/treatment plans in place and supports a Client and his other family, including a transition to the family home after out of home placement.
22 23 24 25	<u>72.</u>	_Wraparound Plan: A single plan that incorporates all relevant supports, services, strategies, and goals from other service/treatment plans in place and supports a Client and his or her family, including a plan to maintain stabilization, prevent Crisis, and/or for de-escalation of Crisis situations.
26 27 28	<u>73.</u>	_Wraparound Support Team: Case managers, Licensed Medical Professionals, behavioral health professionals, therapeutic support professionals, representatives from education, and other relevant people involved in the support/treating the Client and his or her family.
29 30 31	74.	_Wraparound Transition Team: Case managers, Licensed Medical Professionals, behavioral health professionals, therapeutic support professionals, representatives from education, and other relevant people involved in the support/treating the Client and his or her family.
22	0 E00	

2 3 4 5 6	A.	Intelled §25.5-6 placem and the	ctual and 6-903, C nent for c e Level c	Developmental Disability, and who are at risk of institutionalization pursuant to .R.S. The services provided through this waiver serve as an alternative to ICF/IID children from birth to twenty-one years (21) of age who meet the eligibility criteria of Care as determined by a Level of Care Evaluation and Determination. The ed through the HCBS-CHRP waiver are limited to:					
7		1.	Habilita	ation					
8		2.	Hippotl	nerapy					
9		3.	Intensi	ve Support					
10		4.	Massa	ge Therapy					
11		5.	Movem	nent Therapy					
12		6.	Respite						
13		7.	Suppor	rted Community Connection Community Connector					
14		8.	Transit	ion Support					
15	В.	HCBS-	-CHRP v	CHRP waiver services shall be provided in accordance with these rules and regulations.					
16	8.508.	100	SERVI	CE DESCRIPTIONS					
17	A.	Habilita	ation						
18 19 20		1.	safely i	es may be provided to Clients who require additional care for the Client to remain n home and community based settings. The Client must demonstrate the need for ervices above and beyond those of a typical child of the same age.					
21 22 23		2.	improv	ation services include those that assist Clients in acquiring, retaining, and ing the self-help, socialization, and adaptive skills necessary to reside successfully e and community based settings.					
24 25 26		3.	and/or	ation services under the HCBS-CHRP waiver differ in scope, nature, supervision, provider type (including provider training requirements and qualifications) from any ervices in the Medicaid State Plan.					
27		4.	Habilita	ation is a twenty-four (24) hour service and includes the following activities:					
28 29 30			a.	Independent living training, which may include personal care, household services, infant and childcare when the Client has a child, and communication skills.					
31 32 33 34			b.	Self-advocacy training and support which may include assistance and teaching of appropriate and effective ways to make individual choices, accessing needed services, asking for help, recognizing Abuse, Neglect, Mistreatment, and/or Exploitation of self, responsibility for one's own actions, and participation in					



1 home. Emergency placements will not exceed the maximum established limits. 2 Foster Care Homes that exceed established capacity at the time the rule takes 3 effect will be grandfathered in: however, with attrition, capacity must comply with the rule. 4 5 Foster Care Home Maximum Capacity **HCBS-CHRP** waiver Non HCBS-CHRP Total Children 2 3 2 0 2 3 3 0 6 b. Placement of a Client in a Specialized Group Facility is prohibited if the 7 placement will result in more than eight (8) children including one (1) Client enrolled in the HCBS-CHRP waiver, or five (5) foster children including two (2) 8 Clients enrolled in the HCBS-CHRP waiver, unless there has been prior written 9 approval by the Department. If placement of a child in a specialized group Facility 10 will result in more than three (3) Clients enrolled in the HCBS-CHRP waiver, then 11 12 the total number of children placed in that specialized group Facility must not exceed a maximum of six (6) total children. Placements of more than three (3) 13 Clients enrolled in the HCBS-CHRP waiver may be made if the Service Provider 14 15 can demonstrate to the he Department hat the facility staff have sufficient knowledge, experience, and supports to safely meet the needs of all of the 16 17 children in the facility. 18 Specialized Group Facility Maximum Capacity **HCBS-CHRP** waiver Non HCBS-CHRP waiver Total Children 1 8 9 2 5 Only one (1) HCBS-CHRP Client and two (2) HCBS- Persons with 19 C. 20 Developmental Disabilities (DD) or HCBS- Supported Living Services (SLS) 21 waiver participants; or two (2) HCBS-CHRP participants and one HCBS-DD or 22 HCBS-SLS waiver participant may live in the same foster care home. 23 CD. The Service Provider or child placement agency shall ensure choice is provided to all Clients in 24 their living arrangement. 25 E.D. The Foster Care Home or Kinship Foster Care Home provider must ensure a safe environment 26 and safely meet the needs of all Clients living in the home. 27 FE. The Service Provider shall provide the CMA a copy of the Foster Care Home or Kinship Foster Care Home certification before any child or youth can be placed in that home. If emergency 28 placement is needed outside of business hours, the Service Provider or child placement agency 29 shall provide the CMA a copy of the Foster Care Home or Kinship Foster Care Home certification 30 31 the next business day. 32 GF. Hippotherapy

33

34

35

36

37

1.

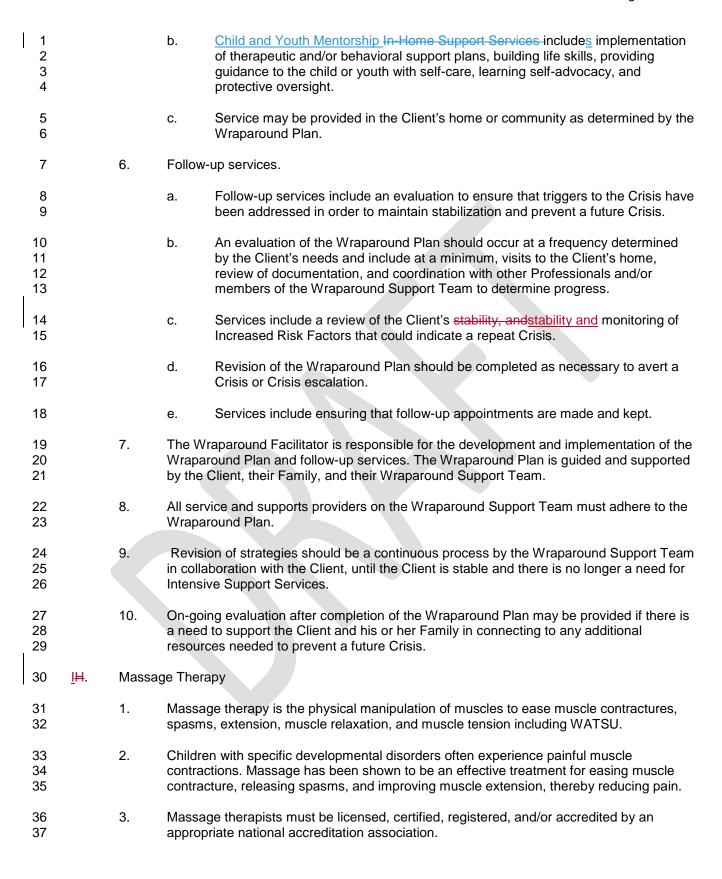
2. Hippotherapy may be provided only when the provider is licensed, certified, registered, and/or accredited by an appropriate national accreditation association.

integration, attention, cognitive, social, behavioral, and communication skills.

Hippotherapy is a therapeutic treatment strategy that uses the movement of a horse to assist in the development/enhancement of skills including gross motor, sensory

1 2	3.	Hippotherapy in behavioral nee	must be used as a treatment strategy for an identified medical or ed.				
3	4.	Hippotherapy must be an identified need in the Service Plan.					
4 5 6	5.	who is enrolled	Hippotherapy must be recommended or prescribed by a licensed physician or therapist who is enrolled as a Medicaid provider. The recommendation must clearly identify the need for hippotherapy, recommended treatment, and expected outcome.				
7 8	6.	The recomment treatment at le	nding therapist or physician must monitor the progress of the hippotherapy ast quarterly.				
9 10	7.		s not available under CHRP benefits if it is available under the Medicaid SDT, or from a Third Party Resource.				
11	8.	Equine therapy	y and therapeutic riding are excluded.				
12	HG. Intensi	ve Support					
13 14	1.		igns strategies, interventions, and supports for the Client, and family, to ed for out of home placement.				
15 16	2.		This service may be utilized in maintaining stabilization, preventing Crisis situations, and/or de-escalation of a Crisis.				
17	3.	Intensive supp	Intensive support services include:				
18 19			ication of the unique strengths, abilities, preferences, desires, needs, tations, and goals of the child or youth and family.				
20 21		b. Identif	ication of needs for Crisis prevention and intervention including, but not to:				
22		i.	Cause(s) and triggers that could lead to a Crisis.				
23		ii.	Physical and behavioral health factors.				
24		iii.	Education services.				
25		iv.	Family dynamics.				
26		v.	Schedules and routines.				
27		vi.	Current or history of police involvement.				
28		vii.	Current or history of medical and behavioral health hospitalizations.				
29		viii.	Current services.				
30		ix.	Adaptive equipment needs.				
31		х.	Past interventions and outcomes.				
32		xi.	Immediate need for resources.				

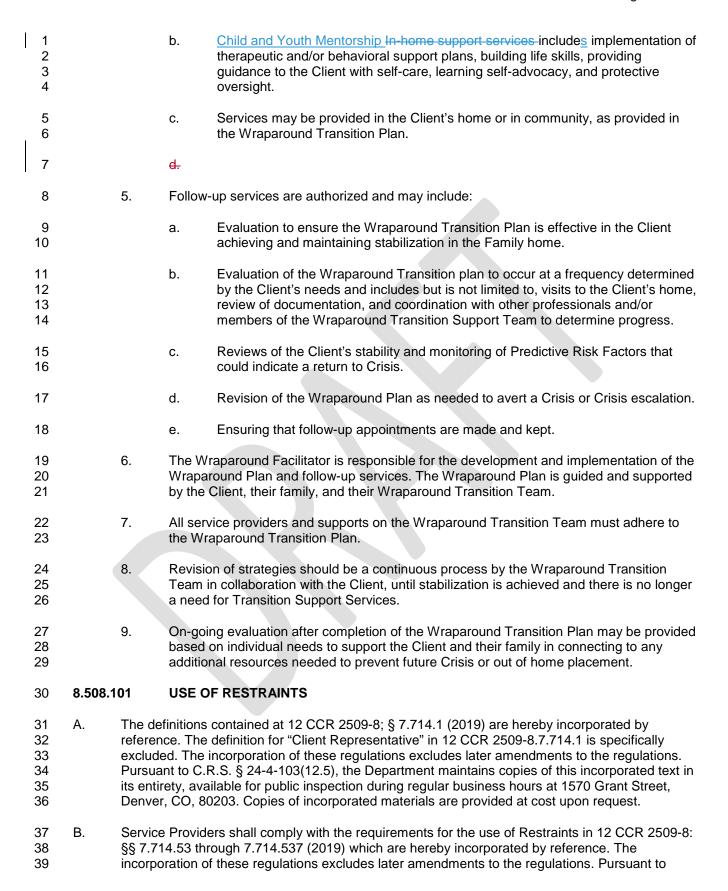
1			xii.	Respite services.
2			xiii.	Predictive Risk Factors.
3			xiv.	Increased Risk Factors.
4 5	4.			f a Wraparound Plan with action steps to implement support strategies, manage a future Crisis to include, but not limited to:
6 7		a.		ique strengths, abilities, preferences, desires, needs, expectations, and f the Client and family.
8		b.	Enviror	nmental modifications.
9		C.	Suppor	t needs in the family home.
10		d.	Respite	e services.
11		e.	Strateg	ies to prevent Crisis triggers.
12		f.	Strateg	ies for Predictive and/or Increased Risk Factors.
13		g.	Learnin	ng new adaptive or life skills.
14 15 16		h.	emotion	oral or other therapeutic interventions to further stabilize the Client nally and behaviorally and to decrease the frequency and duration of any behavioral Crises.
17		i.	Medica	tion management and stabilization.
18		j.	Physica	al health.
19 20		k.		cation of training needs and connection to training for family members, Supports, and paid staff.
21		I.	Determ	ination of criteria to achieve stabilization in the family home.
22		m.	Identific	cation of how the plan will be phased out once the Client has stabilized.
23		n.	Conting	gency plan for out of home placement.
24 25 26		0.	provide	nation among Family caregivers, other Family members, service ers, Natural Supports, Professionals, and case managers required to ent the Wraparound Plan.
27 28		p.		nination of the Wraparound Plan to all individuals involved in plan entation.
29	5.	In-Hom	<del>ie Supp</del> c	ortChild and Youth Mentorship.
30 31		a.		pe, frequency, and duration of in-home support services must be included aparound Plan.



1 4. The service must be used as a treatment strategy for an identified medical or behavioral 2 need and included in the Service Plan. 3 Massage therapy services must be recommended or prescribed by a therapist or 5. 4 physician who is an enrolled Medicaid Provider. The recommendation must include the 5 medical or behavioral need to be addressed and expected outcome. The recommending 6 therapist or physician must monitor the progress and effectiveness of the massage 7 therapy treatment at least quarterly. 8 Massage therapy is not available under CHRP benefits if it is available under the 6. 9 Medicaid State Plan, EPSDT or from a Third-Party Resource. 10 J<del>I</del>. **Movement Therapy** Movement therapy is the use of music therapy and/or dance therapy as a therapeutic tool 11 1. for the habilitation, rehabilitation, and maintenance of behavioral, developmental, 12 13 physical, social, communication, pain management, cognition and gross motor skills. 14 2. Movement therapy providers must be meet the educational requirements and is certified. 15 registered and/or accredited by an appropriate national accreditation association. 16 3. Movement therapy is only authorized as a treatment strategy for a specific medical or behavioral need and identified in the Client's Service Plan. 17 4. Movement therapy must be recommended or prescribed by a therapist or physician who 18 is enrolled Medicaid provider. The recommendation must include the medical need to be 19 addressed and expected outcome. The recommending therapist or physician must 20 21 monitor the progress and effectiveness of the movement therapy at least quarterly. 22 5. Movement Therapy is not available under CHRP benefits if it is available under the 23 Medicaid State Plan, EPSDT or from a Third-Party Resource. 24 KJ. Respite Respite services are provided to children or youth living in the Family home on a short-25 1. 26 term basis because of the absence or need for relief of the primary Caretaker(s) 2. Respite services may be provided in a certified Foster Care Home. Kinship Foster Care 27 Home, Licensed Residential Child Care Facility, Licensed Specialized Group Facility, 28 29 Licensed Child Care Center (less than 24 hours), in the Family home, or in the 30 community. 31 3. Federal financial participation is not available for the cost of room and board, except when provided as part of respite care furnished in a facility approved by the State that is 32 not a private residence. 33 34 4. Respite care is authorized for short-term temporary relief of the Caretaker for not more 35 than seven (7) consecutive days per month, not to exceed twenty-eight (28) days in a 36 calendar year. 37 5. During the time when Respite care is occurring, the Foster Care Home or Kinship Care 38 Home may not exceed six (6) foster children or a maximum of eight (8) total children, with 39 no more than two (2) children under the age of (two) 2. The respite home must be in 40 compliance with all applicable rules and requirements for Family Foster Care Homes.

1 2		6.			ilable for children or youth living in the Family home and may not be utilized at is receiving Habilitation services.		
3	<u>L</u> K.	Suppo	orted Co	ted Community Connection Connector			
4 5 6 7		1.	one to Client	deliver while in	mmunity connection Community Connector services are provided one-on- instruction for documented Complex Behavior that are exhibited by the the community, such as physically or sexually aggressive behavior and/or exposing themselves.		
8 9 10		2.	with in		be provided in a setting within the community where the Client interacts s without disabilities (other than the individual who is providing the service		
11 12		3.			behavior, measurable goal(s), and plan to address must be clearly he Service Plan.		
13		4.	This s	ervice is	limited to five (5) hours per week 260 hours or 1040 units per year.		
14 15		5.	A requ		acrease service hours can be made to the Department on a case-by-case		
16	<u>M</u> Ŀ.	Transi	tion Sup	port			
17 18		1.			port services align strategies, interventions, and Supports for the Client, hen a Client transitions to the Family home from out-of-home placement.		
19		2.	Servic	es inclu	de:		
20 21			a.		ication of the unique strengths, abilities, preferences, desires, needs, tations, and goals of the Client and Family.		
22			b.	Identif	ication of transition needs including, but not limited to:		
23				i.	Cause(s) of a Crisis and triggers that could lead to a Crisis.		
24				ii.	Physical and behavioral health factors.		
25				iii.	Education services.		
26				iv.	Family dynamics.		
27				V.	Schedules and routines.		
28				vi.	Current or history of police involvement.		
29				vii.	Current or history of medical and behavioral health hospitalizations.		
30				viii.	Current services.		
31				ix.	Adaptive equipment needs.		
32				х.	Past interventions and outcomes.		

1			xi.	Immediate need for resources.
2			xii.	Respite services.
3			xiii.	Predictive Risk Factors.
4			xiv.	Increased Risk Factors.
5 6	3.		•	f a Wraparound Transition Plan is required, with action steps to implement dress identified transition risk factors including, but not limited to:
7 8		a.		cation of the unique strengths, abilities, preferences, desires, needs, ations, and goals of the Client and Family.
9		b.	Enviror	nmental modifications.
10		c.	Strateg	ies for transition risk factors.
11		d.	Strateg	ies for avoiding Crisis triggers.
12		e.	Suppor	t needs in the Family home.
13		f.	Respite	e services.
14		g.	Learnin	g new adaptive or life skills.
15 16 17		h.		eling/behavioral or other therapeutic interventions to further stabilize the emotionally and behaviorally to decrease the frequency and duration of Crises.
18		i.	Medica	tion management and stabilization.
19		j.	Physica	al health.
20 21		k.		cation of training needs and connection to training for Family members, Supports, and paid staff.
22 23		I.	Identific	cation of strategies to achieve and maintain stabilization in the Family
24 25		m.	Identific has sta	cation of how the Wraparound Plan will terminate once the child or youth bilized.
26 27		n.		nation among Family, service providers, natural supports, professionals, se managers required to implement the Wraparound Transition Plan.
28 29		0.		ination of a Wraparound Transition Plan to all involved in plan entation.
30	4.	In-Hom	e Suppo	ort Child and Youth Mentorship
31 32		a.		e, frequency, and duration of authorized services must be included in the bound Plan.



- C.R.S. § 24-4-103(12.5), the Department maintains copies of this incorporated text in its entirety, available for public inspection during regular business hours at 1570 Grant Street, Denver, CO, 80203. Copies of incorporated materials are provided at cost upon request.

  All records of restraints shall be reviewed by a supervisor of the Service Provider within 24 hours
- 4 C. All records of restraints shall be reviewed by a supervisor of the Service Provider within 24 hours of the incident. If it appears that the Client has been restrained excessively, frequently in a short period of time, or frequently by the same staff member, the Client's Service Plan must be reviewed.
  - D. Host Homes and Service Providers contracting with Host Home Providers must comply with the requirements for the use of restraints in Sections 8.608.2, 3, & 4 for Clients receiving Habilitation services age eighteen (18)- twenty (20).

### 8.508.102 RIGHTS MODIFICATIONS

8

9

10

11

- 12 A. Cruel and aversive therapy, or cruel and unusual discipline is prohibited.
- B. Service Providers shall comply with the requirements for Client Rights in 12 CCR 2509-8; §7.714.52 (2019) which are hereby incorporated by reference. The incorporation of these regulations excludes later amendments to the regulations. Pursuant to C.R.S. § 24-4-103(12.5), the Department maintains copies of this incorporated text in its entirety, available for public inspection during regular business hours at 1570 Grant Street, Denver, CO, 80203. Copies of incorporated materials are provided at cost upon request.
- 19 C. Rights modifications are based on the specific assessed needs of the child or youth, not the convenience of the provider.
- D. Rights modifications may only be imposed if the Client poses a danger to self, Family, and/or the community.
- 23 E. The case manager is responsible for obtaining Informed Consent and other documentation supporting any rights modifications/limitations and must maintain these materials in their file as a part of the Service Plan.
- F. Any rights modification must be supported by a specific assessed need and justified in the Service Plan. The following must be documented in the Service Plan:
- Identification of a specific and individualized need.
- 29 2. Documentation of the positive interventions and supports used prior to any modifications 30 Service Plan.
- 3. Documentation of less intrusive methods of meeting the Client's needs that have been tried, and the outcome.
- A description of the rights modification to be used that is directly proportionate to respond to the specific assessed need.
- The collection and review of data used to measure the ongoing effectiveness of the modification.
- Established time limits for periodic reviews, no less than every six (6) months, to determine if the modification is still necessary or if it can be terminated.

- 1 7. The Informed Consent of the Individual.
- 2 8. An assurance that interventions and Support will cause no harm to the Individual.
- G. Specialized Group Facilities, Foster Care Homes, Kinship Foster Care Home, Residential Child
   Care Facilities, Licensed Child Care Facilities (less than 24 hours), and Child Placement
   Agencies must also ensure compliance with the Colorado Department Human Services rules
   regarding the use of restrictive interventions at 12 CCR 2509-8.
  - H. Host Homes and Service Providers contracting with Host Home Providers must comply with the requirements for the use of rights modifications at § 8.604.3 and for Clients receiving Habilitation services age eighteen (18)- twenty (20).

# 8.508.103 MEDICATION ADMINISTRATION

- 12 A. If medications are administered during the course of HCBS-CHRP service delivery by the waiver service provider, the following shall apply:
- Medications must by prescribed by a Licensed Medical Professional. Prescriptions and/or orders must be kept in the Client's record.
  - 2. HCBS-CHRP waiver service providers must complete on-site monitoring of the administration of medications to waiver participants including inspecting medications for labeling, safe storage, completing pill counts, reviewing and reconciling the medication administration records, and interviews with staff and participants.
  - 3. Specialized Group Facilities, Residential Child Care Facilities, Licensed Child Care Facilities (less than 24 hours) must ensure compliance with the Colorado Department of Human Services rules regarding medication administration practices at 12 CCR 2509-8; § 7.702.52 (C).
  - 4. Foster Care Homes and Kinship Foster Care Homes must ensure compliance with the Colorado Department of Human Services rules regarding medication administration practices at 12 CCR 2509-8; §708.41.J.
  - 5. Persons administering medications shall complete a course in medication administration through an approved training entity approved by the Colorado Department of Public Health and Environment.
  - 6. Host Homes and Service Providers contracting with Host Home Providers must comply with the requirements for the use of medication administration at § 8.609.6.D.1-8 for Clients receiving Habilitation services age eighteen (18)- twenty (20).

#### 8.508.160 SERVICE PROVIDERS

A. Service providers for habilitation services and services provided outside the Family home shall meet all of the certification, licensing and quality assurance regulations related to their provider type (Respite Service providers that provide supported community connectioncommunity connector, movement therapy, massage therapy, hippotherapy, intensive support, and transition support in the family home must:

1 2		1.	Meet the required qualifications as defined in the federally approved HCBS-CHRP waiver.
3 4		2.	Maintain and abide by all the terms of their Medicaid Provider Agreement and section 8.130.
5		3.	Comply with all the provisions of this section 8.508; and
6		4.	Have and maintain any required state licensure.
7 8	B.		e providers shall maintain liability insurance in at least such minimum amounts as set by by the Department.
9 10	C.		ly member may not be a Service Agency for another Family member. A Family member reimbursed for certain services as approved in the waiver.
11 12 13	D.		e Providers shall not discontinue or refuse services to a Client unless documented efforts een made to resolve the situation that triggers such discontinuation or refusal to provide s.
14	E.	Service	e Providers must have written policies that address the following:
15 16		1.	Access to duplication and dissemination of information from the child's or youth's records in compliance with all applicable state and federal privacy laws.
17 18 19 20		2.	How to response to alleged or suspected abuse, mistreatment, neglect, or exploitation. The policy must require immediate reporting when observed by employees and contractors to the agency administrator or designee and include mandatory reporting requirements pursuant to sections 19-3-304, C.R.S. and 18-6.5-108, C.R.S.
21 22		3.	The use of restraints, the rights of Client's, and rights modifications pursuant to sections 8.508.101 and 8.508.102.
23		4.	Medication administration pursuant to Section 8.508.103.
24 25 26 27		5.	Training employees and contractors to enable them to carry out their duties and responsibilities efficiently, effectively and competently. The policy must include staffing ratios that are sufficient to meet the individualized support needs of each Client receiving services.
28 29		6.	Emergency procedures including response to fire, evacuation, severe weather, natural disasters, relocation, and staffing shortages.
30 31	F.		e Provides must maintain records to substantiate claims for reimbursement in accordance epartment regulations and guidance.
32 33	G.		e Providers must comply with all federal and state program reviews and financial audits of CHRP waiver services.
34 35	H.		e Providers must comply with requests by the Department to collect, review, and maintain all or agency information on the HCBS-CHRP waiver.
36 37	I.		Providers must comply with requests by the CMA to monitor service delivery through ed Case Management.

### 8.508.180 CLIENT'S RIGHTS

1

2	A.	Service Providers shall comply with the requirements for Client's Rights in 12 CCR 2509-8; §
3		7.714.31 (2019) which is hereby incorporated by reference. The incorporation of these
4		regulations excludes later amendments to the regulations. Pursuant to C.R.S. § 24-4-103(12.5),
5		the Department maintains copies of this incorporated text in its entirety, available for public
6		inspection during regular business hours at 1570 Grant Street, Denver, CO, 80203. Copies of
7		incorporated materials are provided at cost upon request.

- B. Every Client has the right to the same consideration and treatment as anyone else regardless of race, color, national origin, religion, age, sex, gender identity, political affiliation, sexual orientation, financial status or disability.
- 11 C. Every Client has the right to access age appropriate forms of communication including text, email, and social media.
- D. No Client, his/her Family members, Guardian or Client Representative may be retaliated against in their receipt of services or supports as a result of attempts to advocate on their own behalf.
- E. Each Client receiving services has the right to read or have explained in each Client's and Family's native language, any policies and/or procedures adopted by the Service Agency.
- F. Host Homes and Service Providers contracting with Host Home Providers must comply with the procedural requirements regarding rights at +§ 8.604.2 for Clients receiving Habilitation services age eighteen (18)- twenty (20).